

Crosstalk



The Anglican Diocese of Ottawa

A Section of the *Anglican Journal* / September 2017

Diocese Shows Commitment to Healing and Reconciliation

BY DEBBIE GRISDALE

Six creative ideas, received from parishes and groups across the diocese, showed the commitment of Ottawa area Anglicans to learning about the legacy of residential schools and to promoting healing and reconciliation with Indigenous Peoples.

This strong interest in the first round of funding from the newly created "Healing and Reconciliation Fund of the Anglican Diocese of Ottawa" shows that people in the Diocese want to do more than just talk about reconciliation.

The Fund's guidelines ask applicants to work with In-



igenous partners and build respectful relationships; a key aspect of reconciliation.

The Fund is guided by the Truth and Reconciliation Commission's (TRC) Calls

to Action and by the United Nations Declaration on the Rights of Indigenous Peoples (UNDRIP).

The First Projects took place in May and June

St. Thomas the Apostle, along with other community partners, put on a memorable evening called "Mamwi Together", with special guests Senator Murray Sinclair and Carolyn Bennett MP, Minister of Indigenous and Northern Affairs Canada. In addition to great entertainment by young Indigenous artists, high school students posed thoughtful and challenging questions about Indigenous

relations and reconciliation to both Senator Sinclair and Minister Bennett. The two Parliamentarians also enthusiastically tried throat singing.

Eighty people from the Parish of Huntley and surrounding community gathered for "Aboriginal Day in Carp" where the KAIROS Blanket Exercise, led by mother and son team Elaine and Theland Kicknosway, was the main event. The morning started off with drumming and song while we were nourished by bannock and strawberry juice.

See STORY, p. 6

Anglican Foundation Celebrates 60th Anniversary

BY MICHELLE HAUSER

It has been a year to rejoice in six decades of "wonderful deeds." These are words embedded in *I Will Give Thanks to the Lord*, the choral anthem composed in honour of the Anglican Foundation of Canada's 60th anniversary.

The anthem is one of many commemorative projects developed in honour of this milestone in the Foundation's history. Established in 1957 to ensure a generous flow of funding for infrastructure and ministry projects, the Foundation's growing legacy of grants and bursaries have proved transformational in the lives of thousands of individuals, parishes, and faith commu-

nities.

Some of these stories have been brought together in a book: *Imagine That: Dreams, Hopes, and Realities—Celebrating 60 Years of the Anglican Foundation of Canada*. "If you want to know how Canadian Anglicans have overcome challenges in pursuit of their dreams," says Canon Judy Rois, Executive Director of the Foundation since 2011, "this book is filled with true stories of hope, imagination, and innovation."

Indeed innovation, particularly the need for artistic exploration and the sharing of new perspectives, was the driving force behind *(in)finite: spiritual conversations in cloth*, the free exhibition at

See STORY, p. 3

Parish Ministry Reaches Broad Impact

BY DONNA ROURKE, Youth Internship Program Coordinator

The Youth Internship Program (YIP) pilot project wrapped up June 30 and is an example of innovative parish ministry with a Diocesan-wide reach.

YIP is a program for youth from grade 11 through to 1st year college/university. While YIP is a St. James Manotick initiative and continues to be managed by St. James, true to the original intent of reflecting a diocesan reach, the YIP steering committee is a partnership between the Anglican Diocese of Ottawa; Trinity, Bank Street; and St. James, Manotick. YIP receives in-kind support from a number of parishes through the Anglican Diocese of Ottawa.



A partnership between the Anglican Diocese of Ottawa; Trinity, Bank Street; and St. James, Manotick

YIP provides a unique and meaningful way for youth to be engaged in the work of a parish, the Anglican Diocese of Ottawa, or one of our community partners. This engagement occurs while they learn, grow, and experience a real work environment and receive a stipend for their

work.

The success of this program is the building of personal relationships between the YIP coordinator, our clergy team, the mentors, the leadership facilitators, and the interns. Everything we do in this program; the gifts we each bring is to empower youth to be the leaders of tomorrow; both in our churches and our communities.

The privilege has been mine to coordinate this amazing program, working with and coaching a great group of young people, and working with an incredible clergy team, leadership facilitators, mentors and community partners. I would like to introduce the interns to you and let them tell you a little bit about their experience

See STORY, p. 4

FROM THE BISHOP

Celebrating Change, a Lively Holy Spirit, and the Comfort of a Holy Hope

*Praise the Lord!
Praise, O servants of the Lord;
praise the name of the Lord.
He raises the poor from the dust,
and lifts the needy from the ash heap,
to make them sit with princes,
with the princes of his people.
He gives the barren woman a home,
making her the joyous mother of children.
Praise the Lord!*

— Psalm 113:1, 7-9

By The Rt. Rev. John Chapman

Walter Brueggemann, a great and talented contemporary Old Testament theologian, says to us that, “through this series of active verbs God is said to be at work turning the world upside down, revamping the economy, reordering the values of domestic life... the text is an invitation for us to think again about the depth and power and seriousness of the news of the Gospel.

“The Psalm undoubtedly reflects the joy and astonishment of people in that ancient world who were helpless and powerless and in despair. And then, in ways they do not explain, they found the world revised. And they credited that revision to God. This Psalm is a celebration voiced by the *poor* who are invited back into the economy. It is the voice of the *needy* on the ash heap who sound like ancient street people. It is the song of barren women who were

shamed in the ancient world for not producing children... People like us may find such a song a jolt, because we have settled for a more timid God; but this is not the one shown to us in the text!”

Is this Psalm not our song, our verse, our hallelujah!

We are experiencing changing times in our Diocese of Ottawa. The Holy Spirit is not letting go of us this time. Perhaps, our times are more urgent than before. Our days seem no different from the ancient days, where people of God are called to address, without option, the poor in the midst of us, the needy, and the barren. We are called to address, as Brueggemann likes to remind us, the economy, our politics and power, and our outreach.

The nature of our parish communities, like in the Psalm, are being turned upside down. Our physical structures, our governance systems, and

the foci of our ministries are undergoing a revolution. The plight of our poor and marginalized are foremost on our minds. Refugees are made to feel welcome in nothing less than what I would call, biblical proportions.

We are critically examining our wealth to ensure that our limited resources support the ministry of Jesus and not human sentiment and nostalgia. We are wrestling with the challenge of what it really means to welcome new people into our midst; that is, to accommodate their journey to Jesus and not expect them to be assimilated into “the way we always do it.”

If these words are a little unsettling for you, take comfort in knowing that they are for me as well. My natural inclination is to leave things as they are. I was raised in a comfortable church. I was raised in a church where I knew everyone and everyone knew me. Actually, everyone was a little like me. We



didn't talk about money or assets, we didn't talk about evangelism, we didn't seek out the kind of theological discourse that would challenge our hearts and minds in such an extent that we would be called to change who we are, who we must become, and how we must pray.

Yet, I have never felt more stimulated, more affirmed in faith, and more enthusiastic about the ministry the Holy Spirit is leading us into. I am so proud of our Diocese! Communities all over our Diocese are asking questions, coming up with new plans, new

hopes and dreams, and a new vision; sometimes producing a successful result and sometimes not. But whatever the result, we are struggling to be faithful disciples, living in Holy Hope that Jesus remains with us in our lively experience of the Holy Spirit!

May God continue to bless us on the journey and bring us joy.

+ John: Ottawa

NEWS

Clergy News and Updates

Bishop Chapman is pleased to announce, God willing, that Mr. Tim Kehoe will be ordained a transitional deacon, and the Rev. Simone Hurkmans and the Rev. Rosemary Parker will be ordained to the priesthood at Christ Church Cathedral on Holy Cross Day, Thursday, September 14, 2017 at 7pm. Clergy are invited to robe; the liturgical colour will be red. The Master of Ceremonies will be The Reverend Canon Catherine Ascah, assisted by The Reverend Gregor Sneddon. The Very Reverend Shane Parker will preach.

Rev. Catherine Ascah

has been appointed Incumbent of the Parish of St. John the Evangelist, Smiths Falls; effective September 25, 2017.

Ven. Mavis Brownlee

has been appointed Incumbent of the new Parish of Renfrew-Pontiac; effective September 01, 2017.

Rev. Deacon Carolyn Ducros

has been appointed as a Deacon, under the supervision of the Bishop's Office, for the Parish of St. John the Evangelist, Ottawa; effective September 17, 2017.

Rev. Karen Galt

was released from non-stipendiary ministry; effective February 05, 2017.

Rev. Carol Hotte

has been appointed Associate Incumbent of the new Parish of Renfrew-Pontiac; effective September 01, 2017.

Rev. Naomi Kabugi

has accepted the position of Incumbent of the Parish of St. Alban the Martyr in Acton, Ontario, in the Diocese of Niagara; effective June 15, 2017.

Rev. Cathy McCaig

has been appointed Regional Dean of the Deanery of Arnprior; effective July 01, 2017.

Rev. Jan Staniforth

has received the Bishop's permission to retire from full-time ministry and as Incumbent of the Parish of North Gower; effective July 31, 2017.

Rev. David Vavasour

has received the Bishop's permission to retire from part-time ministry and as Incumbent of the Parish of Franktown-Innisville; effective July 31, 2017.

Bishop Chapman is pleased to announce, that St. Paul's, Renfrew; Holy Trinity, Danford Lake; Holy Trinity, Radford; St. James, Otter Lake; and St. Paul's, Shawville will form a new are parish to be known as The Parish of Renfrew-Pontiac; effective September 01, 2017.

Christ Church, Maniwaki; St. George's, Thorne Centre; St. James, Wright; St. Stephen's, Kazabazua; St. George's, Campbell's Bay; St. John's, Moorehead; St. Matthew's, Charteris; St. Stephen's, Greermount; St. George's, Portage-du-Fort; and St. Thomas, Bristol will either continue as chapels or be newly named as chapels, each sponsored by the Parish of Renfrew-Pontiac.

In October, a part-time Assistant Curate will be named and also assigned to ministry in the Parish of Renfrew-Pontiac.

Bishop Chapman is deeply grateful for the years of ministry that the Rev. Canon Jim Stevenson, the Rev. Bruce Ferguson and Lay Leaders Mr. Peter Reid and Ms. Dorothy Lampman have provided in this important part of our Diocese, and fully expects that they will happily continue to provide assistance to the clergy and lay leaders of the Parish of Renfrew-Pontiac as needed.

Anglican Foundation...

- Continued from page 1

Christ Church Cathedral in Vancouver, featuring a number of Indigenous and other textile artists and their explorations into the realm of the sacred.

The special exhibition coincided with the Foundation's official 60th anniversary launch on May 25 and drew more than 3,000 visitors. It also reinforced the present-day reality that the Foundation is about much more than "steeple and roofs" and is "branching out in support of really interesting things."

Also part of this 60th anniversary year, has been the publication of *Children's Prayers with Hope Bear*, an illustrated book featuring prayers for seminal moments in a child's life, everything from starting school to dealing with grief and loss. Canon Rois says "helping children find words for their prayers" is an important next step in the Hope Bear ministry, which has gained in popularity as part of the Foundation's Kids Helping Kids initiative. And there's more! Click on Anniversary on the website and you'll find a short video that highlights the diversity of ministries the Foundation supports across the country. There's also now a beautiful neck tie and silk scarf available through the AFC store.

Canon Rois wants parishes and individuals to see the Foundation as a "powerful resource pool" that grows and deepens alongside a



PHOTO: MICHELLE HAUSER

(in)finite: Spiritual conversations in cloth at Christ Church Cathedral, Vancouver.

sense of collective responsibility for ministry. "The best way to make a big difference from coast to coast to coast is for every parish to give something to the Foundation every year."

What's next for the Foundation? To continue inspiring generosity and creativity within healthy, vibrant faith communities from coast to coast to coast—generation after generation with the active engagement of all Canadian Anglicans.

It's safe to say that helping to bring more ministry dreams to life will be job No. 1 for the Foundation for the foreseeable future—for the next 60 years at least.

For more information or to order copies of any of the Foundation 60th anniversary resources, please visit:

anglicanfoundation.org/60th

or call
416-924-9199 x 244

Keep the conversation going

For decades, the *Crosstalk* and the *Anglican Journal* have been a vital communications link between parishes, dioceses and the national Church.

Together, we have shared stories, ideas and opinions from a faith perspective in a way that has helped us put that faith into action.

Whether encouraging a response to human need, educating about the care of creation, or helping readers discover new ways to reach out and grow the Church, the *Crosstalk* and the *Anglican Journal* spark compassionate conversations in an increasingly secularized world.

Please give generously to the Anglican Journal Appeal this year. With your help we can keep the conversation going!

Please fill out and return the enclosed postage-paid donor reply card or call 416-924-9199, ext 259.

Alternatively, you can email mross@national.anglican.ca or go to www.canadahelps.org to make your gift today.



PARISH NEWS

Parish Ministry...

- Continued from page 1

with YIP.

Colman is from All Saints Westboro; he worked on a YIP video (<http://bit.ly/2w700mb>) and on the Diocesan Youth Conference file. He had this to say about the program, "...YIP this year has been a genuinely impactful experience for me, and getting to work with amazing mentors and role models as well as sharing experiences, thoughts, ideas, and feelings about faith and about life in general with other youth was truly inspiring. The relationships forged through this program are ones that I will carry with me for a long time."

Krista, from St. Alban's, came back with us for a second term. Krista was the YIP communication intern and she wrote for *Crosstalk*. Krista also spoke as part of my homily Pentecost Sunday (<http://bit.ly/2w79v4U>). Krista said this about YIP, "...One of the most valuable aspects of YIP for me is the community that is built between the interns and the several people helping us through the year. An important aspect in anyone's life is their relationships and this goes for YIP as well. Through this program, the seven interns were able to explore their faith and speak openly about themselves with a group of supportive friends."

Here is what Lizzy says, "My

name is Lizzy Jones, and I attend St. Helen's Anglican in Orleans. My placement is with the parish of Metcalfe and Greely, interviewing parishioners for their memories of their church, which I will then assemble in a booklet for them to keep. I think the best part of YIP was the support given to me by the whole YIP team. My Christian mentor was always available to talk and offer her perspective on any issue I discussed with her – even the hard stuff. The Faith Formations and Leadership Sessions were opportunities for me to question what I believed and thought I knew in a completely non-judgemental environment, surrounded by people who were doing the same. Donna was always there to encourage me and guide me even when the going got tough."

Malcolm is from All Saints Westboro, and he did his placement at Trinity, Bank Street. He was the Community Engagement Coordinator. Kirsten Jensen, his work site supervisor, said he did a really good job of connecting with the parishioners and communicating with them, and the parish felt very positive with his presence. Malcolm said he has realized that going forward, he wants to stay a part of the church; he felt ambiguous before YIP but now knows he wants to remain

within his faith community.

Molly is another intern from All Saints Westboro. Molly did her work placement at the Westboro Food Bank. Her work site placement supervisor said, "...We have loved having Molly at the Food Bank. All the volunteers have enjoyed working with her and the clients are going to miss her. Molly is timely and efficient, courteous and kind." Molly indicated that her important take away from her placement was learning how to communicate with different people and that she feels this will benefit her in the future.

Next is Pheonix, who had this to say about YIP, "My name is Pheonix, and I attend St. James, Manotick. My placement was at All Saints Westboro. My favourite part of YIP was the relationships I got to build with everyone involved. The coordinator, clergy team, my mentor, and other interns all listened to my ideas and supported me in my goals. I've gained so many friends and mentors, and I've built meaningful relationships."

The seventh intern is Ruah from Epiphany, Gloucester. She had a lot to say and I had to edit some to make it shorter! "...As part of YIP I was given the amazing opportunity to spend my placement with KAIROS. I have spent a great

deal on the Missing and Murdered Indigenous Women and Girls Information Hub. Or as it appears on their website: MMIWG Info Hub. On top of that, I am also given odd jobs such as finding video feed from press conferences and interviews to be used in short films, and sorting through pictures to create PowerPoint presentations. These were often my favourite jobs because I always find my inner visual artist coming out to play... During our monthly Faith Formations and Leadership Sessions, I have learned things about my faith, leadership ability, and fellow interns that I will carry with me for years to come."

Wow, these are incredible young people and this is an amazing program; with diverse positive outcomes achieved within a relatively short time frame. We are building relationship and capacity within our churches, Diocese, and community.

*For more information, to send your application for a potential January 01 start, interested in having an intern at your parish, or to donate to this program, please contact the Youth Internship Program's Coordinator, Donna Rourke
donna-rourke@ottawa.anglican.ca*

Iqaluit Musicians Visit St. Stephen's

By Frances Macdonnell

Every year on July 1, the Federal Government brings together young musicians from across Canada for UNISON, a joint choir. *Iqaluit Fiddlers*, a group of mainly Inuit, along with 12 drum-dancers, were among the young people for this year's celebration. They were in Ottawa for six days, during which they sang three times with the full UNISON group at the National Art Centre, participated in a stand-alone concert along with the Ottawa Cantiamo Girls' Choir and the Gryphon Trio in Dominion Chalmers Church, and took part in the morning service in St. Stephen's Church for the morning service on July 2.



PHOTO: EILEEN MORTIMER

Iqaluit Fiddlers and drum-dancers performing at St. Stephen's, Ottawa, in July.

In both the concert and the morning service, the group sang, played the fiddle, as well as performed throat-singing and drum-dancing.

St. Stephen's, Ottawa, has had a relationship with Iqaluit for several years, highlight-

ed by the visit of 33 people, mainly from St. Stephen's and included 9 teenagers, to Iqaluit in August 2016. The teenagers took part as junior counsellors at the annual Iqaluit Music Day-Camp, led by long-time Iqaluit teacher

Darlene Nuqingaq. Darlene also happened to be the leader of the group of Iqaluit Fiddlers who paid is this return visit in July.

During the service, Rev. George Kwari presented Darlene with a cheque for \$2,500 raised by the parish, to assist with the costs of the Iqaluit Day-Camp in 2017; the camp does not charge registration fees, so all the costs must be fundraised.

May people from St. Stephen's, including youth, hope to participate again, in another trip to Iqaluit in the future.

*For more information, please contact Frances Macdonnell
fbmacdonnell@sympatico.ca*



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Stephanie Boyd

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ott-crosstalk@ottawa.anglican.ca

Stephanie Boyd

Crosstalk

71 Bronson Ave.

Ottawa, Ontario

K1R 6G6

(613) 232-7124, ext. 245

Submission Deadline for the October edition is August 25, 2017.

NEWS

Ordination to the Diaconate

By **Stephanie Boyd**,
Diocesan Communications
Officer

On May 25, 2017, Christ Church Cathedral was host to the Ordination to the Diaconate of two members of our Diocese.

Ms. Simone Hurkmans and Ms. Rosemary Parker were ordained transitional deacons on the Ascension of our Lord.



PHOTO: THE VEN. CHRIS DUNN
Ven. Ross Hammond
delivering the sermon.

PHOTO: THE VEN. CHRIS DUNN
Bishop John with the newly ordained Deacons, Rev. Rosemary Parker and Rev. Simone Hurkmans.

Ascension Concert Series

By **Vivian Trang**

Last fall presented Ascension's inaugural concert series to Old Ottawa East, showcasing both established and rising artists. In October, the Ascension Jazz & Chamber Series is making a comeback, and is welcoming the community to gather at Ascension's warm and inclusive worship space for another year of wonderful music and performance.

The debut season featured performances by musicians from all over the National Capital Region and Canada. A major highlight last year was Ascension's Christmas concert held with a premier vocal group from Ottawa, Harmonic Generation. The concert raised money for a small and independent foster foundation in China that had been forced to close, leaving many special-needs children in need. Partnering with Harmonic Generation to help raise funds for these foster children was a proud moment for the church community.

Adam Reid, the church's Artistic Director, says he



PHOTO: SUBMITTED

Harmonic Generation, one of the many acts that will be featured in this year's Ascension Jazz & Chamber Series

hopes to "engage and inspire youth," encouraging artistic and musical education and experience within the congregation and community. Ascension's goal this year is to continue contributing to the community's music and arts scene, through concerts that are anticipated to bring pleasure to all who attend.

On Saturday, October 21, Ascension will be giving over its sanctuary for its first show of the season – a special Ottawa Chamber Players concert in celebration of the 150th anniversary of Canada, as well as the 140th anniversary of the church. Ottawa

Chamber Players is an ensemble in the city composed of many well-established musicians on a broad array of instruments, and Ascension is delighted to have the group perform for the first time at the church.

Upcoming jazz and chamber performers include violin and cello duo Beth Silver & Jenna Richards, the Ottawa Brass Initiative & The Seat Straps, jazz musician Megan Jerome, Harmonic Generation, violin and piano duo Christian Vachon & Frederic Lacroix, and the Steve Berndt Quartet (Safe Low Limit).

The concert series is made possible by concert-goers and sponsors, as we are incredibly grateful to both.

Sponsorship opportunities for this season are available. To learn more contact sponsorship@churchoftheascension.ca

We hope you will join us for the 2017-18 season. Tickets are \$20 for a single concert, Pick-3 passes at \$50, or you can enjoy the entire season for \$120. churchoftheascension.ca



Two Minute Interview

Allie McDougall

Lay Pastoral Associate and Campus Minister

Current spiritual home: St. Alban's, Ottawa

Born: London, Ontario

Hidden talent: Expansive movie trivia knowledge

Furthest you have been from home: Maasai Mara National Reserve, Kenya

Favourite place on Earth: Port Gibson, Mississippi

3 things always in your fridge: Cheese, orange juice, yeast for homemade bread

Appreciate most in your friends: Honestly and a great sense of humour

Favourite Bible verse or story: Revelation 21

Heroes in life: My mom, who is a nurse/superhero



NEWS

Commitment to Healing and Reconciliation...

- Continued from page 1

As one participant said, “this morning was not just about the mind, but it really opened my heart too.”



ALL MY RELATIONS
A Doorway to Understanding

Mark your calendars for the Fall

On September 9th, Good Shepherd, Barrhaven is organizing, in cooperation with Kateri Native Ministry of Ottawa, a day-long event entitled “Chi chiskutimaasunaanaau: We Are Learning” to foster understanding and appreciation of Indigenous culture and spirituality. The sessions will focus on traditional First Nations practices such as sacred fire, tobacco teachings and drumming, and First Nations presenters will describe how they work to integrate their traditional ways with their Christian faith. Participants will also learn about the Indian Residential School System and its role in suppressing Aboriginal culture.

“Covenant Chain Link,” a two-day event organized by Indigenous organizations,

KAIROS, and school boards, returns for an eighth year on October 19-20. Indigenous and non-Indigenous organizations will come together to build bridges of understanding. This year, the focus will be on learning from and with Indigenous youth. “I am thankful I can come to this gathering once a year – there is something here that stirs my spirit” said a representative from one of the churches at last year’s event.

Starting in September and running once a month until the end of the year, St. Margaret’s, Vanier will organize and host “Igloo@206”, providing a welcoming and safe place for Inuit to gather. The drop-in program will foster trust through shared activities and fellowship between Inuit and non-Inuit.

This will be Phase 1 of the project, which was successfully piloted earlier this year.

The Fund

The Primate, in a statement on National Aboriginal Day, urges us, as Canadians to do more than just talk about reconciliation but to learn how to practice it in our everyday lives. These small projects and future ones offer opportunities to learn and to build respectful relationships with Indigenous peoples.

The All My Relations Working Group was given the responsibility of being the “guardian” of the funds that were refunded to the Diocese from the Residential Schools Settlement Agreement.

The Funds will last until the end of 2019 and each year will have two deadlines to apply. The next deadline for application is November 1, 2017.

For guidelines, application forms, and more information visit the Diocesan website ottawa.anglican.ca



PHOTO: SUBMITTED

At Christ Church Cathedral, May 03, 2017, Faith leaders from across Ottawa offered their blessing on the Good Samaritans Inter-Faith Food Drive.



PHOTO: SUBMITTED

Anglicans from around the Seaway gathered in Cornwall, Ontario, to march under the Anglican Diocese of Ottawa banner on August 05 for Cornwall's Annual Pride Parade.

Diocesan Synod Convenes

“The Church of Christ in Every Age”

Thursday, November 02

Christ Church Cathedral
414 Sparks St., Ottawa
7:00pm - Eucharist & Delivery of the Bishop’s Address

- All members of the Diocese are welcome
- Reception to follow



Guest Speaker

The Most Reverend Fred Hiltz - Primate, The Anglican Church of Canada

Friday, November 03

St. Elias Centre
750 Ridgewood Ave., Ottawa
7:15am - Registration begins
9:00am - Synod in session

Saturday, November 04

St. Elias Centre
750 Ridgewood Ave., Ottawa
8:30am - Synod in Session



PHOTO: WENDY GIBB, THE MORRISBURG LEADER

(L-R) Mark and Wendy Lewis, Jill Dumaresq and Bob Ruddock demonstrating the fashions of 1867 at St. James' Morrisburg. See story p. 10.

Deadlines and Submission Guidelines for Crosstalk

Deadlines:

- October - August 25
- November - September 25
- December - October 20

Submission:

- News - 500 words or less
- Articles - 700 words or less
- Letters to the Editor - 300 words or less
- Reviews - 400 words or less
- Original Cartoon or Artwork - contact the Editor

Photographs

- Very large, high resolution (at least 300 dpi)
- JPEG or TIFF format
- Include name of photographer.

Question or Information: Contact the Editor at: ott-crosstalk@ottawa.anglican.ca

(613) 232-7124, ext. 245

Online Submission Form: <http://bit.ly/CommReq>

NEWS

Bishop's Gala

By Heidi Pizzuto & Heidi Danson, Co-Chairs of the Bishop's Gala Planning Committee

The 35th Annual Bishop's Gala Dinner and Silent Auction came and went on Thursday, May 18th and by all accounts a great evening was had by everyone who attended. Once again our event was held in the beautifully-appointed ballroom at the Ottawa Conference & Event Centre where we savored a delicious meal with exemplary service. We were entertained by Gordon Johnston and Cara Gilbertson-Boese accompanied by five string players and two flutes with Gordon on harpsichord. Our silent auction this year had over 65 lovely high-quality items donated by local businesses and artisans, many of them parishioners or friends of our diocese. Thanks to our generous guests the silent auction yielded almost \$8,000 for the Bishop's Discretionary Fund which allows Bishop John to respond quickly and compassionately to compelling and often unexpected situations locally, nationally, and internationally.

Bishop John has asked us to again extend his heartfelt thanks



PHOTO: ALLISON JANE PHOTOGRAPHY

Soprano Cara Gilbertson-Boese, and musicians, entertaining guests during dessert.

to our corporate sponsors: Allegra Printing, Bank Street; Beechwood Funeral, Cemetery & Cremation Services; Deloitte & Touche LLP; Ecclesiastical Insurance Canada; Emond Harnden Law; Kelly Funeral Home, Carling Chapel; McGarry Family Chapels; PBL Insurance Ltd.; RBC Phillips, Hager & North Investment Counsel Inc.; and Talisman Flowers. Many thanks to our dedicated planning committee of Stephanie Boyd, Julia Brady, Gillian Keane, Rachael Pollesel

and Jane Scanlon as well as to Bishop John for the trust and confidence he placed in us for his event.

If you are interested in joining our committee as we plan ahead for 2018, please to Heidi Pizzuto about how you can contribute; heidi-pizzuto@ottawa.anglican.ca or 613-233-7741

Save the Date - the 2018 Bishop's Gala is schedule for Thursday, May 24



PHOTO: ALLISON JANE PHOTOGRAPHY

Corporate Sponsors of the 2017 Bishop's Gala. Back Row (L-R): Rob Jordan from Ecclesiastical Insurance Canada; John Laframboise from Kelly Funeral Home, Carling Chapel; Bob Fournier from PBL Insurance Ltd. Front Row (L-R): Walter McGinn from Allegra Printing, Bank Street; Bishop John Chapman; Sharon McGarry from McGarry Family Chapels; Steve Williams from Emond Harnden Law. Absent from photo: Janet McKeage from RBC Phillips, Hager & North Investment Counsel Inc.; Nicolas McCarthy & Roger Boulton from Beechwood Funeral, Cemetery & Cremation Services; Doreen Hume from Deloitte & Touche LLP.



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Ottawa Cathedral Choir Receives Acclamation in the United Kingdom.

By Matthew Larkin, FRCCO

Some time ago, the Ottawa Cathedral Choir of Men and Boys announced plans to pursue a fourth overseas residency at one of our sister cathedrals in the United Kingdom. We've been extremely fortunate to be able to offer our choristers this experience on three other occasions, and the choir has sung previously to acclaim at Ely, Notre Dame (Chartres and Paris); St. John's College (Cambridge); St. Mary's (Edinburgh); St. Paul's (London); and Salisbury. This July, we planned to travel to Gloucester (reciprocating their choir's visit to Ottawa in 2015), Westminster Abbey, and St. Alban's Cathedral.

Thanks to the support of the Cathedral community and friends of the Choir, we were able to realize this dream; and on July 7, 20 choristers and 18 men (and 30 parents, supporters, and friends) 'set sail' for England, arriving there in a somewhat groggy state the next morning. Following an epic 'join Evensong' with the choirs of Gloucester Cathedral the very next day, we settled in to singing the daily offices (Even-



PHOTO: PATRICIA WILSON

Ottawa Cathedral Choir of Men and Boys rehearsing in Westminster Abbey.

song or Eucharist, each day at 5:30 pm), which included two separate services of Ordination (one for priests and one for deacons), as well as

the full slate of Sunday liturgies to close out our time there. On our 'off-day', we travelled to Coventry Cathedral, where we received

a wonderful tour of both the old and new cathedrals, and participated in the Coventry Litany or Reconciliation. We also visited Warwick Castle, now a Walt Disney sort of place, replete with dungeon tours, talking wax-type figures, archery competitions, and bird shows – great fun was had by all!

At the close of the week, we were sad to be leaving Gloucester, but excited to come to London; where we sang Evensong twice at Westminster Abbey; sang at an event at Canada House, which was attended by Her Majesty, the Queen; and closed our trip by singing Evensong in the ancient and beautiful St. Alban's Cathedral. On July 20, we arrived safely home in Ottawa.

As with other trips during my time as the director of music at Christ Church Cathedral, this experience was remarkable in every way, for choristers, men, and parents alike. Having the opportunity to witness the history and these old stones, feeling the power of centuries of our Christian faith and experience, above all, contributing to that history meaningfully

and vitally, has been of enormous benefit to our lives and ministry here at home. The young people, and older ones too, have had the opportunity to learn so much about our heritage as Anglican Christians, and to live and breathe in that heritage, even as they sang once again to an international standard, valuing excellence, but never once at the expense of sincerity, duty, or heartfelt ministry. The joy on the faces of the choristers every day was evident, and this joy radiated from the heart of every one of them, sharing infinitely more than they could ask or imagine with everyone who heard and encountered them.

As this was my final tour after 14 years at Christ Church Cathedral, I was poignantly affected by everything that happened, and found myself hanging onto every note, every conversation, and every experience. I am indescribably thankful to the Cathedral and its people, and most especially, to the members of the choir; for what have surely been the best days of my life.

Soli Deo Gloria.

Canada 150 in Lancaster

By Karen Davidson Wood

On July 2nd, the interior of St. John the Evangelist, Lancaster, was adorned with Canadian flags in honour of Canada's 150th birthday. In the spirit of the day, congregational members wore red and white, and Rev. Peter Barkway presided over a multi-generational service.

The service began with the singing of the first verse of "O Canada", and as the service progressed, much to the surprise of many, three more verses were sung. May of us had never heard these verses of our national anthem, but they echoed in our hearts as we sang about maples, pines, and prairies. Freedom and openness became the theme for the day.

One of our senior members, Allan Rowland, described the freedoms we en-

joy in Canada by comparing them to the time he and his wife spent living abroad. At the other end of the spectrum, one of our most junior members, David Small, described the things he loves about Canada, indicating hockey was high on the list.

Rev. Barkway's homily was based on Matthew 10:40-42, "whoever welcomes you welcomes me, and whoever welcomes me welcomes the one who sent me." He reminded us that Jesus didn't just preach, he 'walked the talk', welcoming children, working with lepers, supporting the mentally ill, the physically handicapped, and those of other cultures. He even had time for his enemies, the Pharisees and, contrary to the mores of his time, women. Jesus provided an example of how and who to

welcome.

When we look at Canada, we find a country that has been welcoming people from its earliest days. Rev. Barkway concluded with a challenge, to join Jesus in opening our hearts and country to those who are different, hurting, puzzled, searching for a home and faith, and those simply needing a friend.

As a celebration of openness and hope, the hymns expressed our joy from the traditional "O God, our help in ages past," to the communion hymn "God who touches Earth and Beauty," and the recessional "Joyful, joyful we adore thee."

Afterwards, the fellowship continued in traditional Canadian food, including beans and maple syrup were topped with a Canada Day cake festooned in red and white.

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COMMUNITY MINISTRIES

Sandwiches in the Sanctuary

St. Luke's Table

By Shea Kiely, Executive Director for St. Luke's Table

Individuals coming to St. Luke's Table during the month of April found themselves in a new location: the sanctuary!

The move from the church basement to the sanctuary was the result of a long awaited elevator replacement, which meant the basement could not host St. Luke's Table. As an exemplary example of shared space, the sanctuary was transformed during the day to a makeshift drop-in centre.

While there were some notable differences between the two spaces (no computers for the participants upstairs), participants were impressed with the beauty of the sanctuary and the warm welcome given to them from members of the church community.



PHOTO: SHEA KIELY

Participants of St. Luke's Table drop-in enjoying their sandwiches on the sanctuary of St. Luke's Church.

In spite of the renovations, St. Luke's Table was able to continue to offer breakfast and lunch programs and served close to 4,000 meals

while upstairs.

In the end, St. Luke's Church has a new elevator and strengthened community ties with St. Luke's Table.



PHOTO: ANNA YORK-LYON

Tents set up in the ByWard Market for TROPHY.

TROPHY

By Sharon York MA, RP, Executive Director for the Ottawa Pastoral Counselling Centre

On June 17, I squeezed myself into a small white tent and shared my life-changing story with hundreds of people who walked through the Byward Market participating in TROPHY. If you didn't have a chance to join us, let me tell you about this commemorative event for Canada's 150th anniversary.

Two months prior to the event, I had been asked to submit a personal narrative, a story of a transformative moment or turning point in my life. In preparation for this pop-up tent city of Canadian stories, I gathered every Monday evening for 6 weeks with a small group of fellow writers and storytellers, and polished my craft.

I had the honour of representing the Anglican Diocese of Ottawa's Community Ministries as one of the 150 community members participating in TROPHY. Each

one of us was asked to share a personal story of change, loss, love, and transformation.

In each of the 150 tents, the storyteller displayed a poster which summarized their story through a Statement and a Question. This is what I wrote on my poster, "I am the Daughter of a War Veteran: The Art of Healing is a story about how four decades of pain and misunderstanding were healed when I witnessed my Father's deep love for his grandchildren. How have you been able to reconnect with an important person in your life?"

As a person who has worked as a counsellor for over 35 years, and spent most of my adult life caring and listening to the stories of others, it was truly a life-giving experience to watch others listen to and delight in my own journey of growth and healing. Throughout the day and evening the air vibrated with the joy of discovery and connection.



PHOTO: ANNA YORK-LYON

Sharon York (centre), with her sisters Susan Ouellette and Kathy Bazana inside the Community Ministries tent.



The Church of Christ in Every Age

136th SESSION OF DIOCESAN SYNOD

November 02-04, 2017
Ottawa, Ontario

DATES AND LOCATIONS

THURSDAY, NOVEMBER 02, 2017
Christ Church Cathedral
414 Sparks St., Ottawa

7:00pm Eucharist
Delivery of the Bishop's Address.
All members of the Diocese are welcome.
Reception to follow.

FRIDAY, NOVEMBER 03 &
SATURDAY, NOVEMBER 04, 2017
St. Elias Centre
750 Ridgewood Ave., Ottawa

7:15am Registration begins on Friday
9:00am Synod in session on Friday
(8:30am start on Saturday)

GUEST SPEAKER
The Most Rev. Fred Hiltz
- Primate, The Anglican Church of Canada

GENERAL INFORMATION

SYNOD COSTS
Synod \$72 | Dinner \$35 (includes taxes and gratuities)

REGISTRATION
Online at ottawa.anglican.ca or by mail

DISPLAYS
For information, please contact Mary Empringham at 613-936-0327 or by email at dempringham@cogeco.ca

IMPORTANT DATES

SEPTEMBER 08
Reports and Notices of Motion for the Synod circular*

SEPTEMBER 29
Synod registration deadline

*Please send to heidl-danson@ottawa.anglican.ca
613-252-7124 ext.222 or fax 613-252-7088

Crosstalk Submission Deadlines:

October - August 25
November - September 25
December - October 20

PARISH NEWS

St. Alban's Church Turns 150

By Allie McDougall, Lay Pastoral Associate at St. Alban's

It would seem that Canada 150 celebrations aren't over quite yet for St. Alban's Church, who will commemorate the 150th anniversary of its opening this September. The first rent-free church in Ottawa, open to rich and poor alike, laid its cornerstone on May 9th, 1867; and opening services were held on September 8th of the same year.

Intended by its original rector, Rev. Thomas Bedford-Jones, to serve the influx of politicians, civil servants, and labourers who helped build the newly chosen capital of the Dominion of Canada, St. Alban's was the parish of Canada's first Prime Minister, Sir John A. McDonald and his wife Agnes Bernard (a commemorative plaque indicated their pew).

Today, St. Alban's, the oldest surviving church in downtown Ottawa, is pleased to remain a vibrant and diverse worshipping community in the Sandy Hill neighbourhood. The mission and ministry priorities of St. Alban's are young adults; students at nearby uOttawa as well as Carleton University, Saint Paul University, and Algonquin College; as well as those challenged by homelessness and poverty. Centre 454, one of the Community Ministries



PHOTO: GOOGLE IMAGES

The worship space at St. Alban's, the oldest surviving church in downtown Ottawa.

of the Anglican Diocese of Ottawa, is a day program for those at risk of homelessness, operates seven days a week out of the lower level of St. Alban's Church.

On September 24, at 5pm, we will celebrate our 150th Anniversary with a special Choral Evensong and Reception. Worship will be led by a twenty-voice Anniversary Choir consisting of former parish choir singers from the 1980s and 1990s. The music will represent the 150 year history of St. Alban's Church, according to Meredith Macdonnell, former St. Alban's music director

and the director of the Anniversary Choir. Macdonnell says, "the musical repertoire has been specially selected to represent the choral and congregational pieces that have been sung in St. Alban's over 150 years of Anglican worship". Organ accompaniment will be provided by Frances Macdonnell, who was the St. Alban's organist in the 1960s. When asked to play for the 150th Anniversary Celebration, she accepted immediately saying, "for me, this will be just like coming home".

A reception will follow the service, with musical en-

tertainment provided by the current St. Alban's worship tea. "This event is an exciting opportunity to unite the past, and future of St. Alban's", says Rev. Mark Whittall, the present Incumbent, who came to lead a new congregation in 2011. Former parishioners, current community members, and friends of St. Alban's from across the Diocese are invited to join in the celebration of this significant milestone in both the church's and the city's history. All are welcome.

Special Service Commemorates 1867

By Wendy Gibb, Staff at the Morrisburg Leader

MORRISBURG – "I hope, when we talk about the past, that people realize that nothing we do is really 'new,'" said the Rev. Peter Cazaly, who with the Rev. Jon Martin, presided over a special 1867 service at St. James Anglican Church on Sunday, July 2, 2017.

"We are just rediscovering and finding new meanings in the old words and the old ways."

As part of the Canada 150 celebrations, St. James welcomed parishioners and many visitors to the unique service, carried out as it would have been in the late 19th century.

The rituals, prayers and

even the sermon at the July 2 service were all taken from sources common to the so-called "established-church" of British Canada.

Warden Mark Lewis and treasurer Bob Ruddock assumed the roles of 1867 wardens, even carrying the official rods of office from the time period. Among a warden's duties, Cazaly pointed out, to laughter from the congregation, was the task of thumping parishioners who chose to fall asleep during lengthy sermons.

Jill Dumaresq and Wendy Lewis also showed visitors what the respectable (but fashionable) Upper Canada middle class women would have worn to Sunday services, which often lasted over

two hours (see photo p. 6).

The special clothing worn by participants at the St. James; service were courtesy of Upper Canada Village.

During the service, people discovered that religious rituals of 1867 were often highly formalized. The Book of Common Prayer called for many pledges of loyalty to the Queen (Victoria at the time), who was the head of the Anglican Church.

Consequently, the 2017 congregation also duly promised to faithfully "serve, honour and humbly obey her..."

There was also much kneeling in the services of the 1800s. Rev. Martin laughed that several modern parishioners, given the hard floor and the equally hard kneel-

ers in the pews, told him after the service that *that* was one aspect of worship they were glad had changed over 150 years.

Change was also the theme of Cazaly's sermon, based as it was on an 1866 sermon by an area priest who had dared to do something a little different in one of his homilies, and been called out for it.

In "On Turning to the East," Rev. Cazaly stressed that often people fear change, but is sometimes merely a 'new way' of looking at 'old ways.'

After communion (served from a cloth covered table – no altar in 1867), there were refreshments and a time of fellowship.

Annual Diocesan Altar Guild Meeting

Christ Church Cathedral
414 Sparks St
Ottawa, ON

Saturday,
September 16
9am - 3pm

Registration \$12
(Includes lunch)
Please register by Sept. 08

Info: 613-226-8729

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Many visitors also took the opportunity to examine the architecture, stained glass windows and religious relics at St. James.

"It was a great service," said Rev. Jon Martin. "People seemed to really enjoy experiencing an 1867 service."

"I am always amazed," he added, "at how often I say to the congregation, what are the new things we can do?"

But so many people have told me how much the old ways and the old memories meant to them today. They loved reliving the old rituals, and reconnecting with the old ways and those old feelings."

Originally published in the Morrisburg Leader, used with permission.

REFLECTIONS

Praying the Daily Office

By Bryan Bondy, Anglican Studies Student at Saint Paul University

“O Lord, open though our lips.” For many traditional Anglican, the opening sentences of Morning and evening Prayer inevitably produce the reflexive reply, “And our mouths shall show for thy praise.”

But for many modern worshippers, whose church experiences are focused on Sundays, the liturgies of the Daily Office are unfamiliar. For generations, Morning Prayer (or Matins) was the primary Sunday service, not the Eucharist; now, outside of seminaries, cathedrals, monasteries, and private worship, the Daily Office is most notably preserved in Choral Evensong services, including many held here in Ottawa.

The Parish of St. Barnabas, Apostle and Martyr has offered Morning and Evening Prayer more often, typically preceding weekday Masses. But lately, the number of Daily Office services has increased in this parish, that it prides itself on preserving our Book of Common Prayer (BCP) heritage in what we hope will become a new commitment to a historical tradition of prayerful devotion.

Our efforts began last winter, when Fiona Laverty and



PHOTO: FIONA LAVERTY

The Altar of Our Lady Chapel at St. Barnabas, Apostle and Martyr.

I committed to leading more of these services traditionally led by lay-people since the time of Thomas Cranmer. Both of us are students of Theology at Saint Paul University, and our Daily Office ministry at St. Barnabas, where we worship and serve, has flowed naturally from our discernment of vocations to church ministry and religious life.

Matins are now said six times and evening Prayer celebrated at least five times a week; six when the St. Barnabas Choir anchors a monthly service of Choral

Evensong and Benediction. Dedicated long-time parishioners and clergy preside at some services, leaving Fiona and I to at least three or four times each per week.

The experience of (almost) daily corporate prayer has led to our deeper spiritual appreciation of both prayer and scripture. Following the BCP lectionary, we are immersed more fully in both Testaments, reading through books less commonly read from during the Proclamation of the Word on Sundays. As a Pauline scholar, I have found it help-

ful academically to this entire letters, for example, and we often break during services, as the Spirit moves us, to discuss the theology of appointed passages. This habit of contemplative reading of scripture helps put into perspective the more piecemeal Sunday readings from the Old Testament, Psalms, Gospels, and Epistles.

But it is in terms of corporate prayer that we have felt the greatest impact. The poetic liturgy that has served Anglicans since the time of Archbishop Cranmer has become ingrained, the routine comforting to the soul, giving us room to consider even individual words as acts of praise. The practice of saying canticles and praying both in union and responsively has a rhythm and flow that contrasts with the uncertainty, chaos, and confusion of the world outside our Lady Chapel.

Both Fiona and I feel called to ministries of healing, so for us intercessions are something more than prayers by rote. We pray regularly for those on our parish prayer list but also for people for whom we feel called to pray: those struggling with addictions, or in spiritual distress; the sick, oppressed, and so on. As presiders, we adapt prayers from the BCP, the Book of Alternative Services, and other

sources according to what we judge to be the daily needs of our community and world.

We are sometimes joined by parishioners, students, and even non-Anglican members of the local community, though most often our prayers are said by us alone. We understand that our commitment to the Daily Office is only possible because we are students, without spouses or families or facing a busy commute to work.

But we encourage everyone in Centretown to join us, whether before or after work, at the start or the close of a day. Maybe you can commit to one service per week for one liturgical season – just twenty minutes set aside to take part in a time-honoured Anglican tradition that offers peace through prayer: a time to feel blessed, to learn, to share in community, and to give and to receive blessings with words spoken for over two thousand years.

As it is written in the Letter to the Hebrews, “and let us consider how to stir up one another to love and good works, not neglecting to meet together, as is the habit of some, but encouraging one another, and all the more as you the Day drawing near.”

For a schedule of Daily Office services at St. Barnabas visit: stbarnabasottawa.ca

COMMUNITY MINISTRIES

Annual Celebration

By Stephanie Boyd, Diocesan Communications Officer

In June the Community Ministries of the Diocese of Ottawa gathered for their Annual Celebration.

Staff, volunteers, and participants from all five of the ministries gathered for an evening of food, friendship, and as always, karaoke; hosted this year by the women of Cornerstone's Booth Street residence.

The afternoon began with prayer, smudging, and teaching by Larry Langlois, a member of Huron Wendat Nation and Elder at Centre 454.



PHOTO: ANAYA CRAWFORD

The Community Ministries Annual Celebration began with prayer, centred around Larry Langlois' Medicine Wheel.

Larry was later honoured as this year's Community

Ministries' Social Justice Champion.

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The Annual Appeal of The Anglican Diocese of Ottawa



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- Bishop John Chapman

Today 4 Tomorrow is a diocese-wide and community appeal that offers the opportunity for all of us to support ministries and initiatives that will give hope a way forward. In 2017, the goal of Today 4 Tomorrow is to raise \$560,000 (including \$60,000 for expenses) to support two key priorities and seven initiatives emerging from Embracing God's Future - our diocesan roadmap. By supporting Today 4 Tomorrow, together we will begin a legacy of benefitting parishes and local communities and effecting change in the lives of many people now and over the long term.

This year, Today 4 Tomorrow will attract funding for new and ongoing initiatives:

Engaging the World

COMMUNITY MINISTRIES (\$140,000)

supports our Community Ministries to serve those who are the most vulnerable through:

- Centre 454
- Cornerstone Housing for Women
- Ottawa Pastoral Counselling Centre
- St Luke's Table
- The Well

COMMUNITY ENGAGEMENT BEYOND THE URBAN CORE (\$75,000)

provides funding to encourage the development of new community ministries throughout the Diocese

REFUGEE MINISTRY (\$60,000)

enables sponsorships in and beyond the city of Ottawa through parishes, ecumenical collaborations and community groups across our Diocese

INTERNSHIP PROGRAM FOR MISSION ENGAGEMENT (\$80,000)

employs recent college and university graduates to facilitate inter-parish collaboration and empower engagement in local rural, suburban and urban communities

How to give

Your gift will have impact on people's lives now and in the future.

DONATION ENVELOPE

Fill in and send the Today 4 Tomorrow envelope with your contribution.

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Life-Long Formation

FUNDING CURACIES (\$90,000)

provides mentoring for newly ordained priests, contributing to the formation of leaders, and enables more parishes - both large and small - to afford an assistant curate

CHILDREN, YOUTH AND ADULT LEARNING FACILITATOR (\$40,000)

attends to the formation of children, youth and adults in order to ensure that we are a multi-generational church

PARISH MINISTRY INSTITUTE (\$15,000)

ensures structured formation, training and learning for all people throughout our Diocese



FOR FURTHER INFORMATION CONTACT
Jane Scanlon, Stewardship and Financial Development Officer

Anglican Diocese of Ottawa 71 Bronson Ave. Ottawa, ON K1R 6G6
Telephone: 613-232-7124, ext. 225 E-mail: today4tomorrow@ottawa.anglican.ca

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LIFELONG FORMATION

BULLYING

Prevention

By Colman Brown, Diocesan Youth Intern

As part of my Youth Internship Program placement this year, I was involved in organizing the Diocesan Youth Conference in May. My main role at the conference was to incorporate anti-bullying resources into a group activity, led by me, with the help of my placement supervisor, Leslie Giddings. As preparation, we both attended a bullying-prevention training session with Angela Lorusso from The Ottawa Bullying Prevention Coalition.

In light of the demographics, teens around 14-18 years old, and in the interest of keeping the audience engaged, we decided to limit activity to exploring bystander situations. We figured these are the most complex to deal with, and the outcomes can change based on a number of variables.

The first thing we wanted to acknowledge with our teens was that being a bystander is a difficult situation to be in. We wanted to make it clear that an individual's personal safety comes first, and that there are various valid

A Bystander Has To Consider:

- Can I leave the situation safely?
- Can I take a stand? *While staying calm? While keeping a strong posture? While using an assertive voice?*
- Can I build connections? *With friends? With Peers? With Adults?*

reasons why one shouldn't directly involve themselves immediately in a bullying situation. We also share resources provided by The Ottawa Bullying Prevention Coalition.

Then we formed small groups of 2-3 people and created scenarios featuring a bystander who doesn't know what to do. These scenarios were assumed to be hypothetical, so it allowed a safer space for those participants who wanted to bring up personal experience being too vulnerable. We explored the diverse pieces of advice, that Leslie and I learned from our original training session, to explore possible outcomes for each scenario.

We also referred multiple times to the steps one might

take if they are, or think they should, get involved in a bullying situation. They are featured on a hand-out card that includes several phone numbers and information for where to seek additional advice; that were given to us at our original session, and the attendees seemed to appreciate them.

The end result, in my view, was a greater appreciation for the complexities that surround the issue of bullying, which resulted in participants being more prepared, or just more comfortable with addressing cases of bullying, and not having the perception that it is as simple as we might think.

Learn more at:
ottawabullyingpreventioncoalition.com

Bullying Quick Sheet

Is This a Bullying Situation?

1. Has this happened more than once?
2. Do I feel powerless?
3. Am I being hurt with words or actions?
If you've answered yes to all these questions, you are going through a bullying situation.

Can I Work It Out Myself?

1. Can I stay Safe? *Can I leave the situation safely? Can I stay safely away from the person bullying me?*
2. Can I take a stand? *While staying calm? While keeping a strong posture? While using an assertive voice?*
3. Can I build connections? *With friends? With Peers? With Adults?*

Do I Need to Tell an Adult?

1. Who is the safest adult to whom I can talk to?
2. How will I tell them about the situation I am going through?
3. You should keep telling adults until the bullying stops

In Review: Two Books on Forgiveness and Healing

Dennis Linn, Sheila Fabricant Linn, and Matthew Linn's
Don't Forgive too Soon: Extending the Two Hands that Heal

Desmond Tutu and Mpho Tutu's
Book of Forgiving: The Fourfold Path for Healing Ourselves and our World

By Rev. Deacon Christine Jannasch

"Forgive us our trespasses as we forgive those that trespass against us." How often do we pray these words, and how often do we run into the limits of our ability to forgive! Help is available in these two books, written by Christians deeply committed to the study of scripture and tradition, as well as to the ongoing practice of forgiveness. The authors refer convincingly to theory and research in human sciences. They also tell stories of forgiveness. Many of Tutu's stories emerge from their experiences in North and South America. The incidents range from the seemingly trivial to the enormous-

ly challenging. Both books are engaging, clear in structure and straightforward in language, informed by many years of compassionate practice and teaching.

A central tenet of both books is that forgiveness takes place within the grief process, and involves difficult emotions. The Tutus name the steps on the fourfold path of forgiveness as:

- Telling the story
- Naming the hurt
- Granting forgiveness
- Restoring or releasing the relationship

All four steps of the path involve grieving, particularly or course, 'naming the hurt'. For help in processing the

emotions, at the end of each key chapter the Tutus offer instructions for a meditation, a ritual and a journal exercise. Short chapter summaries are also provided.

The Linns discuss grief Kübler-Ross' five stages of grief. For each stage they give, in bulleted form, descriptions of that stage, its benefits, potential for unhealthiness, temptations of that stage (inner temptations as well as those proffered by others), self-help tips, and how others can help. *Don't Forgive too Soon* is the shorter book (129 pages, compared to 225), and contains line drawings illustrating emotions and emotional situations. The tone is lighter; note the title of the

chapter discussing Dr. Walter Wink's understanding of Jesus' teachings on non-violence, *Don't Give Away your Underwear*. Two meditative prayers are described in the last chapter.

Distortion of the message of forgiveness; that forgiveness condones harm done, makes it harder to accept the possibility of forgiveness. The Linn's subtitle, *Extending the Two Hands that Heal*, refers to the one hand being raised to stop the harm, and the other hand stretched out in a gesture of reconciliation.

Both books address common misconceptions about forgiveness. Both books offer background and examples on nonviolent resistance, and

both are written in language accessible to non-Christians.

The value of these books lies in their wise, compassionate and practical guidance. The Tutus' book has separate chapters on *Needing Forgiveness* and *Forgiving Yourself*, which areas are treated tangentially in the Linn's book. Anglicans may prefer to consult the more poetically written *Book of Forgiving* with examples from Truth and Reconciliation in South Africa.

The *Book of Forgiveness* is available on loan from Diocesan Learning Facilitator,
Leslie Giddings
leslie-giddings@ottawa.anglican.ca

LIFELONG FORMATION

Churches Build Community but Communities Build Up Churches

Tom Sherwood's Listening to the Echo

By Krista Hum, Diocesan Youth Intern; Communications

In 2016 Carleton University research professor, Tom Sherwood, was asked to gather his topic of research into one book. He had been conducting a project collecting statements from more than seven hundred adults in their early twenties on how they viewed spirituality in the context of church as well as themselves. He spoke at several conferences and wrote articles highlighting his findings, and decided to compose all his research into one book titled *Listening to the Echo*.

What Sherwood found, was that the younger generation was spiritual but not attending church or associating themselves with any particular religion. For one reason or another, young adults are rejecting the structure of the church. Though each account was unique, there were similar and underlying themes throughout each young person's story. Sherwood states that he wrote "a book where young adults tell us why they reject organized religion and what they're thinking of instead."

There is a key component that is needed but missing in the majority of churches

around Ottawa and that's the younger generations. These young adults are worth the effort it will take to connect with them, but unfortunately churches just aren't able to do this effectively. Churches are missing out on the "voices and ideas of a lot of young adults," says Sherwood. "They're making positive contributions, but they're outside the institutional religion." While these young adults are outside of the structure of church, they don't regret their individuality; it becomes part of their identity and they cherish it.

Traditionally, churches have been thinking in a certain way; people attend church, they get educated, and then they become a part of the community. There is now a shift in this process, where individuals are integrated into the community, they're educated, and then start coming to church. This works the same way with young adults and youth; if they participate in service they feel as if they belong in a group which promotes spiritual growth and conversations which then brings the individual to belief. Letting this younger generation experience service within a community could be a strategy to encourage further education and development.

Through this process,

Sherwood's own spirituality and religious beliefs have not changed or been altered, rather he was allowed to better articulate what young people are trying to say. He learned that language necessary to reach young adults and hopes he has equipped others with the ability to reach out to those individuals as well.

If churches stand fast with the methods they have, new ideas will not be created. What churches need is innovation, something that the younger generations can provide for them.

The Youth Internship Program (YIP) has some roots with Rev. Dr. Tom Sherwood's book "Listening to the Echo: young adults talk about religion, spirituality, God, gods, and their world;" and his lecture series in the spring of 2015 at Carleton University, entitled "Listening to the Echo." This lecture series was based on a research project completed by Tom Sherwood, investigating the spirituality of young adults in Canada, who identify themselves as Spiritual but Not Religious.

This past winter, Donna Rourke and Krista Hum (the YIP Coordinator and Communications Intern), were invited to hear a public lecture by Tom Sherwood on the subject matter of his book, which led to Krista and Donna arranging to for an interview with Rev. Dr. Tom Sherwood.

Molly Mullan

Internship Highlights

By Krista Hum, Diocesan Youth Intern; Communications

Molly Mullan is one out of seven young adults who took part in the Youth Internship Program. She is a graduate of Canterbury High School and plans to study Neuroscience and Mental Health in university. Molly's work placement for the internship was at the Westboro Region Food Bank, where she worked with clients and maintained the website and Facebook page.

In her placement, Molly registered clients on the computer and took food orders. She feels as if she was able to make a difference in her community by working with a group of volunteers to help those that need it. Over the

past year, she has developed her skills interacting with the public and has found a lot of value in speaking with people and discovering their stories.

Throughout her internship, Molly also attended the faith formation and leadership sessions. Molly values the opinions of her peers and feels that she learned a lot from the stories people shared within the sessions. she has found an appreciation for the journeys that each intern went on and shared with each other over the past few months. This past year, the seven interns have shared many things with each other, from laughter to conversation, and looking back, this is one of the things that Molly liked most about her experience as an intern.

Ruah Suddard

Internship Highlights

By Krista Hum, Diocesan Youth Intern; Communications

Ruah Suddard is nineteen years old and currently works as a nanny for two young boys. She has been homeschooled for her entire life and is also a unit leader with a group of Girl Guides. Ruah is took part in the Youth Internship Program and her placement was with KAIROS Canada.

During her time with KAIROS, Ruah worked on an info hub for Murdered and Missing Indigenous Women;

looking through different articles and tagging them with common tags to make them more accessible to the public. She also worked on gathering photos for a slideshow for a Blanket Exercise; looking through different videos and press conferences and speeches to transcribe them and see which videos needed to be edited into others. Ruah found that she is more literate in how to use a computer and she learned the difficulties of connecting with coworkers or bosses when schedules don't match up. She also learned how to do accurate research and how to work efficiently

with others.

In taking part in the faith formation sessions, Ruah found that she able to take the time to reflect and focus on topics that she wouldn't normally focus on. For example, after one of the faith formation sessions, she has picked up meditation and is considering researching more intently on the history of the church.

Ruah appreciated the opinions and input that her peers were able to give her; as they offered new perspectives and expressed their thoughts.



Kids Rock

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LIFELONG FORMATION



CLAY 2018!

The 2018 Canadian Lutheran and Anglican Youth (CLAY) Conference will take place August 15-19 in Thunder Bay, Ontario. The CLAY Planning Team are excited to announce Steve Greene as the Storyweaver for Threads! You may remember Steve from previous gatherings, where he has lead powerful slam poetry ministry projects. As Storyweaver, Steve will speak at each Large Group Gathering, reflecting on and weaving together stories from various storytellers, stories of pace and people, and the biblical story.

Learn more about Steve Greene at claygathering.ca

Parishes in the Anglican Diocese of Ottawa who are interested in supporting youth to attend can contact Leslie Giddings leslie-giddings@ottawa.anglican.ca

FROM THE EDITOR

By Stephanie Boyd

It's been a busy summer for me as Editor and Communications Officer.

At the beginning of June I met with my fellow members of the Anglican Editor's Association for our annual conference, which was held in Gravenhurst, Ontario this year. As always, it was a great opportunity for me to meet with my colleagues, hear about their challenges and successes, and learn new technical skills during the various workshops that were presented.

Following my return from the Editor's Conference, I quickly prepared to depart for the Council of General Synod. Again, this was a very educational experience for me as I listened to the presentations and discussions regarding the work that is being done at a national level within the Anglican Church of Canada. It is both inspiring and encouraging to hear the leaders of our church passionately discuss topics such as living wages, the ongoing work of reconciliation with Indigenous peoples, the challenges surrounding human trafficking, and the value of consensus decision making.

As I write this, we are just beginning the month of August, I can see summer quickly fading away as I am filling my calendar with upcoming events and tasks.

As we all begin to prepare for fall and for the return of much of our parish and Diocesan provided programming, there's a new and easy way to share your news with folks around the Diocese. Whether you're looking to submit content for our Diocesan Newsletter, an article for Crosstalk, or an update for the website; our commu-



nications request form will help streamline the process: <http://bit.ly/CommReq>

Additionally, I would like to take this opportunity to encourage you to once again mark your calendars and participate in Social Media Sunday, September 24.

Social Media Sunday is a day when Christians around the world will be collaborating, sharing their experiences, and talking about what it means to be church – it's an invitation to share faith in the digital universe.

So, on September 24, bring your phone or tablet to church*, and share your experience.

** Please be courteous to your neighbour and turn off any sounds that your electronic devices would have the potential to make.*

Subscribe to the Diocesan Newsletter: <http://bit.ly/ADOnews>

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Social Media Sunday #SMS17

Share, and be the Church online September 24, 2017

Mark your calendars today!



REFLECTIONS

Greeting the Stranger

By PJ Hobbs

I like to go on long walks in the park close to my home. On a summer day it provides a glimpse into the diversity of the neighbourhood and the country we live. There are people of all ages and from many backgrounds, cultures, religions, and walks of life. It is a real mosaic.

Sometimes ago, I realized that I could walk through the park and not say a word to anyone. Though there is so much activity – picnics, games, others walking, sometimes even folks at prayer in its many forms – I sensed in myself an inclination not to greet a stranger. In a public place of so much fun, joy, and recreation this seemed odd.

Alone in my thoughts or not wanting to put myself out there, perhaps it was me being shy or uncertain of how a greeting would be received. So, I began to greet people as I made my way through the park.

I soon discovered some simple truths about greeting others while passing by.

A greeting is often unexpected and yet it is welcome, a pleasant surprise. With few exceptions, a greeting is returned and it is then a pleasure.

Greetings of course vary depending on whom you are greeting. The exchange with a group of young men strutting along usually takes a particular form. “How’s it goin’ fellas?” The reply, “Good thanks! You?” I respond, “Good” and keep going.

Approaching a grandmother with children seems to naturally take another tact, slowed down with respect



PHOTO: LIGHTSTOCK; PAMELA MAXWELL

and decorum. “Hello, how do you do?” “Fine, thank you very much.” I might reply, “Have a nice day.”

The greeting early in the day between fellow walkers is brisk and friendly. “Good morning.” “Good morning.” “Lovely day.” “Have a good one.” “You too.”

A family at a picnic call for a wave or nod and a simple “Hello”. The response is in kind, often by a few in the group as children lift their heads and curiously observe the exchange, wondering often out loud who is this stranger.

All soon return to their activity. Sometimes, of course, others initiate a greeting, and that is always a joy.

This summer, I travelled through the prairie-provinces, and would often go on long walks; again greeting people along the way. The patterns remain the same – a greeting is welcome and returned. Such greetings are a fleeting moment in time. There is no expectation, or worry, of a lingering conversation. In fact, people greeting one another on walks in the park, or on the street, are strangers who will likely never see each other again. It

is an encounter in which the nearness of the other is acknowledged. It is an event so brief to be taken for granted. Yet, to exchange a greeting is to wish the stranger well, mindful that we share time and space in this world, a few souls among billions.

We are all embodied, some might say trapped, in our own consciousness; mindful of the self and the world in which it is placed. Our world can become small, and the stranger when near can be deemed an intruder. Somehow though, we are called beyond ourselves. It is the very nature of being human, a divine call to engage the world and to make connections. In a world where division, mistrust, and suspicion so often abound the invitation to reach out, wish the other well, however briefly, is a beginning. For sure the depth of connections required for healing a broken estranged world takes time and effort and can be difficult, even painful. Is it there in the connections not yet made that God is to be found. It begins with the acknowledgement that we are children of God. When out for a walk it begins with a greeting.

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PARISH NEWS

‘Walk for the Centre’ Returns

By Elizabeth Kent, Walk-a-thon Organizer

Centretown Emergency Food Centre was once designated a short term project. Even now, 40 years later, we’re still growing strong. Our successful walk-a-thon is back again this year, on October 15; with a scenic route around the greater Parliament Hill bringing an annual delight during our most colourful season.

The centre’s coordinator, Kerry Kaiser says, “I feel honoured working with volunteers and clients. Everyday I see miracles and watch the volunteers make a positive impact in someone’s life. When a need arises it seems to fill itself.” Every month, the centre offers a 3-4 day supply of food, depending on the size of family. This dedicated team of 90 volunteers serve our clients four days a week and keep our shelves stocked.

The centre has seen a sharp rise in need; serving 12,126 neighbours in need in 2016. Among those receiving support were new Canadians, people on benefits, those with mental and physical challenges, homeless, and those who have lost their jobs or are seasonally employed.

In 2016, the centre spent \$100,000 on food, over and above what they received from the City of Ottawa, Ottawa Food Bank, as well as food drives from local community groups and individual donations.

Last year over 400 participated or contributed in the walk-a-thon, raising both awareness and over \$13,000 in funds.

Popular a cappella choir, the Glebelles, will perform this year during registration, followed by our lunch with City Councillor Catherine McKenney.

ANGLICAN JOURNAL APPEAL: BRINGING THE CHURCH TOGETHER

For decades, Crosstalk and the Anglican Journal have partnered to bring stories that matter to us as a Diocese and as the Anglican Church of Canada. Together, we have given voice to Anglicans from coast to coast to coast, and shared thoughtful coverage of religious and secular news that informs, inspires, and enriches our Christian lives and prepares us for the mission God is calling us to.

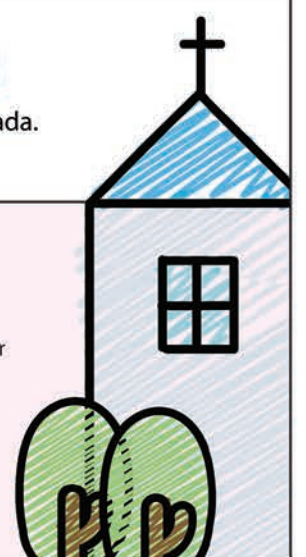
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We can't share the Good News without you. Even a \$10 contribution can help give voice to the stories that matter most to Anglicans here and across the country. The total response from our Diocese in 2016 was \$37,494. After expenses, Crosstalk receives 50% of the remaining funds totalling \$13,489 as its share of the appeal. These funds go directly back into making it possible to produce the paper.

THANK YOU FOR HELPING SHARE THE ANGLICAN STORY!

THREE WAYS TO DONATE:

- Complete and return the enclosed postage-paid donation card.
- Call 416.924.9199 ext. 259 to make your contribution by phone.
- Visit canadahelps.org and search for “The General Synod of the Anglican Church of Canada” and select which fund you wish to direct your donation.



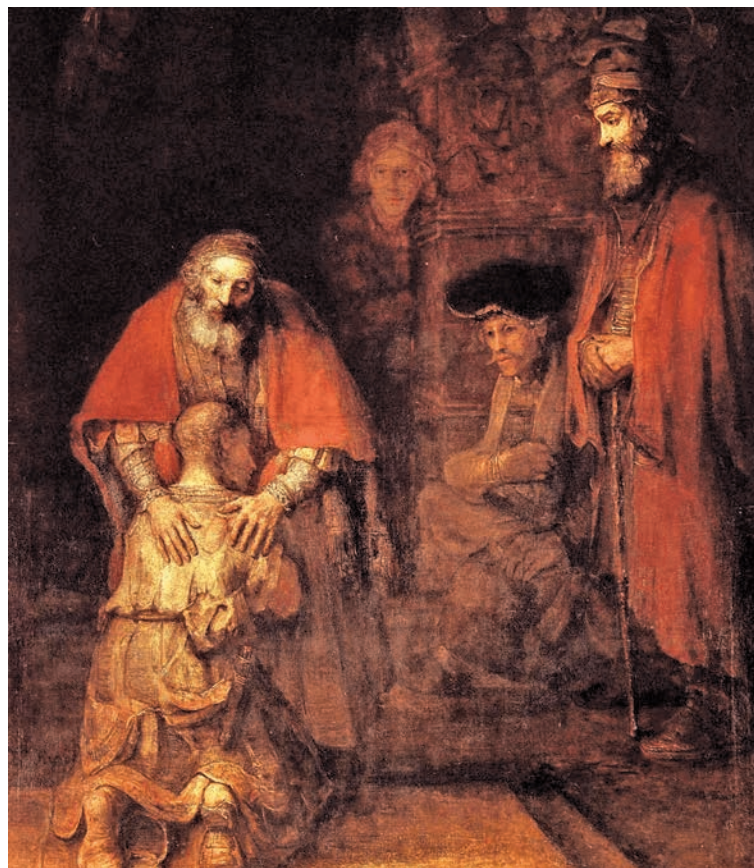
REFLECTIONS

Hands

By Rev. Canon Stewart Murray, Incumbent at St. Barnabas, Ottawa

God has a marvelous way of showing us His presence in our lives, often in simple and unexpected ways. I had been struggling with writing this article before I left the Parish for some holidays, and the deadline was fast approaching with little progress being made. Just when I thought I would have to give up, my sister, who is in the midst of downsizing, brought in to the office some items she thought I might be able to find a home for. On of them, a simple plaque with the famous painting of the prodigal son by Rembrandt, a familiar image I have seen countless times, caught my attention, especially the weathered hands of the father as they embrace the returning son.

The parable of the Prodigal Son in the Gospel of Luke had always spoken to me of mercy and forgiveness, but the intimacy of the scene captured by the artist demanded deeper reflection. The image of the father's hands, hands weathered by work and age, hands that held his sons as infants, that had guided them as they grew into young men, hands that had bade the younger son farewell when he "took his journey into a far country." Luke 15:12 brought to mind the other image of hands that has always been meaningful



Rembrandt's *The Return of the Prodigal Son*

for me. This is the hands in the Dali painting of Christ of St. John of the Cross, a print of which hangs over my desk. The hands, which are pierced with nails, are the rough hands of a carpenter, weathered and worn. These are the hands that had lovingly touched the eyes of the man born blind, that has been laid upon the sick to heal them, that had taken children into Jesus' arms to bless them and that had taken bread and broken it at the Last Supper. How powerful are hands in expressing a person's life. Many times I have taken the

hand of someone who was dying and felt the warmth of life in a hand that had beloved children and grandchildren, but also the roughness of a hand that had known hard work.

In the touch of a hand, we can feel a sense of love and encouragement, but our hands can also express and fear. A clenched fist or the unwillingness to put out a hand in greeting and friendship speak far louder than words. I think that is why the image of the father of the prodigal son moved me so deeply. The father's hands were hands



Salvador Dali's *Christ of St. John of the Cross*

that expressed forgiveness, love, and acceptance; they were not raised in anger or judgement, but opened to receive the "...brother who was dead, and now alive, he was lost, and is found" Luke 15:32. The image speaks of the grace of God who freely gives to all who turn to Him, His presence and love without preconditions or judgement but with the joy of a Father whose child was lost and now has returned.

The father in the return of the prodigal son is an important model for us as individual Christians and as Parish

communities. The story invited us to examine our hearts and our communities and to ask are we ready to open our hands and our hearts to the people that God will place in our in our lives and whom He will bring to the doors of our Churches? The parable challenges us to be intentional and attentive to how we welcome and invite others into our lives and communities. I often pray that I will not be hindrance to another soul as they Christ but rather be an instrument of God's Grace. May God grant my prayer.



1 AVAILABILITY
food is available to all people at all times

2 ACCESSIBILITY
people have economic and physical access to food

3 ACCEPTABILITY
food is culturally acceptable

4 APPROPRIATE
nutritious, free from harmful chemicals

5 AGENCY
people have the ability to influence policies or processes that affect their lives







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REFLECTIONS

Remembering the Work of the 'Vaners'

By Garth Hampson

As celebrations of Canada's Sesquicentennial abound, we have been deluged with items in the press and other media extolling the contributions of those who have gone before. However, I have yet to see any references to the role church workers have played in Canada's life. As a way of helping to rectify that, I would like to take us all back to 1922, and the wilderness of the Prairie provinces being settled after World War I.

Even in the most settled areas, and certainly in the less accessible regions of Western Canada, the Anglican Church was not self-sufficient and it appealed to England for support. In addition

to financial aid, lay preachers and clergymen were recruited from Britain. Women played an indispensable role in enabling the church to respond to the needs of the mission field in the west.

The work of women in the mission field was to conduct Christian Education among women and children. It was a very young and able young lady, Eva Hassell, who set the example by founding the Sunday School Caravans. From her home in the northern part of England, she encouraged young ladies to become itinerant caravaners; becoming someone who steered the operation, even to the point of designing the caravans with the Ford Motor Company. As District

Visitors, the ladies worked primarily with women and children, devoting much of their time to directing Sunday Schools, Guides and Scouts, as well as the important task of visiting those who were isolated. In the early days of the 'Vaners', they travelled by foot and by pack horse into regions which could not yet be reached by car, visiting one and two room dwellings that were totally isolated.

During my 34 year career with the RCMP, much of my time was spent in advancing the work of the church with children in Northern Alberta and Ontario. It was 1969 when Hassell was presented with the Order of Canada in recognition of her outstanding service to Canada. She

had also been honoured with an Honorary Doctorate from the University of Saskatchewan for teaching; Hassell was the first woman so honoured. These honours were added to her Order of the British Empire, received from King George V in 1933.

The Caravan Mission reached its peak between 1955 and 1959, with 31 vans and 62 women workers, across 15 Diocese in Canada.

In 1999 the Anglican Church recognized the efforts of the 'Vaners' with a brass plaque in the Narthex of Christ Church Cathedral Ottawa. In attendance were several former 'Vaners', including Jane Fyles who continues to fill her days assisting others.

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In Review: Becoming His Story

Dr. Mary-Elsie Wolfe's
**Becoming His Story:
Inspiring Women to
Leadership**

By Castle Quay Books

Dr. Wolfe, a DMin Graduate in culture and leadership, draws upon the stories of women in the New Testament who fully embrace their calling and illustrate the lessons learned through their lives. Her own experiences firmly lead her to believe that "we are participating in changes that will soon define this period in history!"

She deals with women and men in leadership in a fair and balanced way and believed that "as followers of Jesus, we want to immerse ourselves in this living story while learning from Jesus, living like Jesus and leading like Jesus so we may apply his principles and become transformational participants in the best story ever told."

Her work notes that in its founding years, Christianity gave women what no other religion or society offered them in that day—regardless of their status or position, they were equal in service in the Kingdom. Changes in the 4th century changed many things but we are now seeing a return to the original model.

With a view towards help-

ing us understand these principles by first identifying our own worldview, and better understanding the culture in which Jesus lives, Mary-Elsie Wolfe applies the values of Jesus to the model for leadership today. She offers us a vision for the future that is leading-edge yet moderate, traditional yet progressive. Drawing upon key Bible stories of women in Jesus' day, our view of the future is enlarged as believers as she looks at the prominence of women in the early church and ten applies key principles in an effective way for our day.

Bishop Keith Elford sums it best when he says, "Mary-Elsie weaves together a tapestry of every-day personal experiences, scholarly sources and devotional thoughts in this book about significant "moments" that women experiences with Jesus in the Gospel of John."

This book is an important contribution to a new look at this subject. A must-read for everyone interested in the women in leadership discussion.

Becoming His Story is available at most bookstores, through Parasource Marketing & Distribution Canada or at castlequaybooks.com

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LIFELONG FORMATION

eFormation Resources

By Leslie Giddings, Diocesan Learning Facilitator

If you are looking for a new learning opportunity for yourself or your community this fall, perhaps you will consider these three offerings of eFormation. Convened by the Centre for the Ministry of Teaching at Virginia Theological Seminary, eFormation is a learning community practicing ministry in a digital world.

Digital-First Faith Formation

Much of the time when we think about using digital technology in faith formation, we view it as an add-on, a complement, or a supplement to pre-existing face-to-face formation experiences. But what if we changed our starting point, creating digital-first and perhaps digital-only formation experiences

and letting the face-to-face emerge organically from there? In this workshop, Keith Anderson will share his experiences and case studies on digital-first formation.

Find it at:
https://youtu.be/lcDiTd_AZ2c

Using Media Projects for Formation with Children and Youth

People are watching a billion hours of content on YouTube every single day. Add in Vimeo, Snapchat, Instagram, and now Facebook Live and it's clear: online video is a huge cultural juggernaut. How can you make use of these resources and create new content as part of your Christian formation ministry? This workshop, presented by Nurya Love Parish, will teach you how to curate and create video with a focus on how to successfully design

and complete video projects with youth and children.

Find it at:
https://youtu.be/H9XFhw_Xtrc

Theology by Design: A Practical Approach to Design Thinking for Congregations

"Because it's always been done that way." These seven last words signal the death of possibility for ministries everywhere. Breaking familiar patterns to develop new approaches to faith formation is incredibly difficult, but tools from the world of design thinking can help. This workshop offers a theological framework and practical exercises to help ministry leaders embrace empathy, make sense of others' stories, and generate fresh ideas for ministry in their congregations.

Find it at:
<https://youtu.be/ANe1RZX0mJg>

Talk with your Neighbours at the Stewardship Café

presented by the Stewardship Subcommittee

Saturday, September 30

9:30am - 2pm

St. Thomas, Ottawa
(2345 Alta Vista Dr)

Registration is Free
Lunch is Provided

The Café will:

- Provide a Stewardship refresher for lay leaders (clergy welcome)
- Provide opportunities for interactive conversation
- Provide opportunities to engage in peer-to-peer sharing, support, and mentoring

Take Aways:

- Ideas for year-round Stewardship with an annual focus on financial development
- Tools and resources for parish Stewardship ministries

Outcome:

- Leaders are supported, equipped, and networked for successful Stewardship ministries in their parishes

Register Now:

email heidi-danson@ottawa.anglican.ca
or watch for online registration at ottawa.anglican.ca

PARISH NEWS



PHOTO: EILEEN MORTIMER

A drum-dancers performing at St. Stephen's, Ottawa.
See story p. 4

With Our Thanks and Praise Stewardship Gathering

Presented by the Eastern Stewardship Network
The Anglican Church of Canada

Join us for Gratitude and Generosity Conversations:

October 2 – 4, 2017 at Manoir d'Youville, 498 Boulevard D'Youville, Chateauguy, Quebec

Four Plenary Speakers and four workshops, with opportunities for informal conversations and networking will be features of this inaugural GEN. S. Gathering. Thanks to the Anglican Church of Canada for sponsoring and covering many of the expenses for this gathering.

PLENARY SPEAKERS:

The Very Rev. Andrew Asbil
Dean of St James Cathedral
Diocese of Toronto
Leadership and Congregational Giving

The Rev. Canon Dr. Wendy L. Fletcher
President & Vice-Chancellor
Renison University College
University of Waterloo
Stewardship: A) Conversations between the Inner and Outer Life (B) Life Giving Practices for Building Communities

Ms. Susan Graham Walker
Stewardship Ministry, Resources for Mission
Anglican Church of Canada
With Our Thanks and Praise Congregational Giving Program

Mr. Paul Nazareth
Vice President, Community Engagement
CanadaHelps
Maximizing Generosity with Electronic Giving

CHOICE OF WORKSHOPS:

- "I Intend" Congregational Stewardship Resource
- Being Missional for Small and Rural Congregations
- Building Relationships for Major and Legacy Gifts
- Successful Capital Campaigns

FEE, REGISTRATION AND OTHER INFORMATION:

- The fee per person is \$100.
- Meals, snacks and refreshments are provided.
- Social time includes a cash bar on October 2nd and 3rd.
- Complete the registration form and send it, with your cheque made out to Anglican Church of Canada, to sgwalker@national.anglican.ca

For further information please call:

Jane Scanlon, Diocesan Stewardship Development Officer, Diocese of Ottawa
613-232-7124, ext. 225, or jane-scanlon@ottawa.anglican.ca

REFLECTIONS

Prayer Matters

Involving the Body in Prayer

By Paul Dumbrille, Anglican Fellowship of Prayer Representative

We are one in body, mind, and spirit; and prayer is not confined to our minds and hearts – It is expressed by our bodies as well. When our bodies are engaged in prayer, we are praying with our whole person; using our entire being in prayer helps us pray with greater attentiveness. The condition, position, and actions of our body play an important part in our spiritual life.

Although we may not think about it, we use several different body positions in our worship services to help us connect with God. We stand to sing and to say some prayers, we kneel to confess and to pray personal prayers, we sit to listen to Scripture and sermons, some genuflect before the altar, some make a sign of the cross at certain points in the worship service,



and some raise their hands in praise. All of these actions are examples of using our bodies in prayer.

In thinking about our individual personal prayer, we often ignore the importance of our body. Teachers of meditation practices stress the importance of body position in prayer, particularly to aid in being still before God. But being still is not always the best way. In one meditation practice that I have used, after arranging people to sit in a circle close to each other, participants sequentially assume the following hand positions to guide them through

their prayers:

- Clenched Fists; bringing to mind the anger, frustrations, and disappointments in life
- Praying Hands; opening up and connecting to God
- Open Hands; letting go and listening to God
- Join Hands; joining our spirits with others and carrying our what God wishes for us

This is just one way of using your body in prayer.

Julian of Norwich experienced severe bodily pain when she was thirty years old. It was during her illness that she received visions, which she later recorded in *Revelations of Divine Love*.

Regardless of whether we are experiencing physical suffering, when we welcome and witness our body's sensations with openness, we are also open to the presence of God in a way that pushes our busy minds out of the way.

Julian wrote, "the fruit and the purpose of prayer is to be

oned with God in all things".

In a Body Prayer that comes from the motto of the Order of Julian of Norwich, you take a few minutes to let your heart and mind's attention sink deeper into your body, to remember your inherent oneness, through these simple words, postures, and intentions*:

- Await; with hands at waist, cupped up to receive. Await God's presence, not as you expect, hope, or imagine, but just as it is in this moment
- Allow; with hands open, reaching up. Allow a sense of God's presence (or not) to come and be what it is, without meeting your expectations
- Accept; with hands at heart, cupped towards body. Accept as a gift, whatever comes or does not come. Accept that you are not in charge. Accept the infinity of God's presence, whether or not you are aware
- Attend; hands out-

stretched, ready to be responsive. In this stance or openness, attend to the action(s) that God invites you to take.

Another way of using the body prayer, and one that would appeal to children of all ages, is the use of body actions when reciting the Lord's Prayer. There are several versions of this, which can be found online (<http://bit.ly/2woFSfp>).

Another way of involving children in this type of prayer is the Five Fingers Prayer (<http://bit.ly/2woLwyr>).

Prayer walking is another form of bodily prayer. It can be done in any location at any time, sometimes alone, or with a group. It includes, but is not restricted to, traditional practices such as making a pilgrimage, walking the Stations of the Cross, or walking a labyrinth.

* These actions can be viewed at <http://bit.ly/2woV905>

In Review: YesterCanada

Elma Schemenauer's *YesterCanada: Historical Tales of Mystery and Adventure*

By Janet Sketchley

Canadian author Elma Schemenauer has researched and brought to life 0 intriguing tales from Canada's past, in a selection as broad as our nation's geography. Stories feature First Nations peoples, visitors, and immigrants in setting from British Columbia to Newfoundland, and range from as early as the 1200s to the 1900s.

Vignettes, with accompanying photos, range from the light-hearted to the tragic, and from fact to myth.

There is lost gold, murder, shipwreck, even a mysterious infant floating down a river to safety. Meet a hermit, a priest, a Prime Minister's wife, a bride imported from France. Read about courageous men and women, others bent on what their neighbours called fools' quests, and about legends, mysteries, and drama.

YesterCanada is available in some stores and libraries. It can also be ordered online from Chapters, Amazon, or the publisher, Borealis Press of Ottawa.

For more information, please visit elmams.wix.com/elma

ANGLICAN CHURCH WOMEN

Diocesan Bales to the North in Jeopardy

By Marni Crossley, Diocesan Anglican Church Women

Another year is coming to a close for our Diocesan Anglican Church Women (ACW) activities.

As many of you are aware, we are experiencing leadership shortages on our executive board, due to ill health among other reasons. We have attempted to recruit younger people to join Leslie Worden and I, in order to continue the work of the Diocesan ACW without success. We have continued the Bale Program this year, with two packing days, and we will be accessing the continuation of the program through the summer.

I am very aware of the vital need for this program to continue for our brothers and sisters in the North, but without the support of our community in leadership roles, we may have to look at another way of supporting

them.

The role of treasurer and assistant treasurer will also be assessed during the summer, with a possible resolution for or financial situation would be transfer all of our Diocesan funds into the Consolidated Trust Fund of the Diocese. These funds would then be accessible for the continuing work of Women's Ministry within the Diocese.

At our Annual General Meeting, held in May, there was much discussion about our financial situation, and it was overwhelmingly agreed that the amount of money in the 'Roberta Tilton Memorial Fund', which was realized from the sale of the Roberta Tilton Homes, and designated for the maintenance of the office of the Women's Ministry within the Diocese, could be better utilized than sitting in the Consolidated Trust Fund. A motion was thus put forward to take \$20,000 of the Roberta Tilton Memo-

rial Fund and contribute it to the Cornerstone Capital Campaign, for the office in the new residence. This motion was passed unanimously. The remainder of the money in this fund will be utilized in addition to the May Ferris Fund for future women's ministry.

We are writing to you today to assure the Diocese that we continue to be available for any ACW Group that is looking for support or assistance; and our communication will continue here is Crosstalk. We have been privileged and honoured to be part of each and every parish group and hope that this will continue in the years to come.

God bless you all as you continue the wonderful work that you are doing, and may you continue to serve our Lord with an open heart, open mind, and holding firm to the Mission of the Anglican Church Women.

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DIOCESAN ARCHIVES

Pembroke Deanery

By Glenn J Lockwood

The interior of All Saints Church, Petawawa, Ontario as photographed by Brian Glenn on May 20, 2011. Petawawa was established as a post office in September 1859, the name reputed to be a corruption of the Algonkian word Pitweve which means “voice of the waters.”

The Reverend E.A.W. Hanington of Saint Bartholomew’s, Ottawa, toured the region in early 1887, observing, “When I left Chalk River, after a week’s constant travel, Mr. Bliss was just starting to open...Petewoua [sic], 90 miles from Mattawa, where he had been repeatedly pressed to start a service.” Bliss was “much encouraged at this new point, having an attendance of 40 at the service,” with “over half the neighbouring settlers being Church people. He arranged for a regular monthly service.” By October 1887 he secured land with “a view of building next year. Settlers here for twenty years without Church privileges, yet loyal to the last.”

The cornerstone for All Saints was laid on August 22, 1888 and the church opened on All Saints’ Day (1 November) 1888. The Dominion



Churchman reported, “The plan of the church was much admired, being a neat Gothic frame 20 x 40 with porch and bell turret. The contract price is \$895,” adding “This is the sixth church erected in this Mission during the last six years.” In late November 1888 the Churchman reported:

The interior woodwork is oiled and varnished and the nave separated from chancel by wood screen of very neat design. The altar furnishings are very pretty and a great

adornment to the Sanctuary. They are all gifts from England. Several things are still wanted for this Church, we have no Font, Altar Vessels, Sanctuary carpet, Organ, Bell & c. One generous contribution, twenty dollars, has been received from Robert Hamilton, Esq., Quebec towards the purchase of something for the Sanctuary.

It was noted there was “no debt upon this church, the...\$900, being met by subscriptions and other monies raised by the congrega-

tion through friends in other places, Pembroke contributing not illiberally, and several lumbermen sending donations to the Building Committee.”

Part of the funding was raised by Hanington, and he may have supplied plans. The new church resembled the recently remodelled Saint Bartholomew’s in New Edinburgh with its entrance placed on the side wall, its understated Gothic Revival design, its low walls, its panelled gambrel ceiling, its ros-

trum at the east end in place of sanctuary, and the design of its pews.

In 1890, the Upper Ottawa Mission was divided between Mattawa and Petawawa. In 1891, Petawawa became a 5-point mission with the addition of a new outstation at Point Alexander and All Saints was consecrated on 27 October 1891 by Bishop Charles Hamilton of Niagara. All Saints appears to have closed its doors in 1916, not reopening until 17 November 1926, with outstations at Chalk River, South Alice, Mattawa, Rutherglen and Deux Rivières served by clergy who held summer services in Algonquin Park and at Petawawa military camp.

If you would like to help the Archives preserve the records of the Diocese, why not become a Friend of the Archives? Your \$20 annual membership brings you three issues of the Newsletter, and you will receive a tax receipt for further donations above that amount.

DIOCESAN ARCHIVES, BRIAN GLENN
FONDS PE18 100

PARISH NEWS



PHOTO: STEPHEN CLOSE

On June 24, over 100 parishioners and friends joined together to celebrate Canada 150.

The event started with O Canada, and a presentation of the full score of Howard Cable’s arrangement of Sing: Sea to Sea, with Canadian folk songs from across the country. It was sung by St. Mark’s senior and junior choirs.

It was a great honour to have Barbara Clark as special guest conductor and to be accompanied by Wesley Warren on the piano.

We make planning easier.

Planning final arrangements involves many decisions. Our experts can guide you through the entire celebration and memorialization of a unique life.

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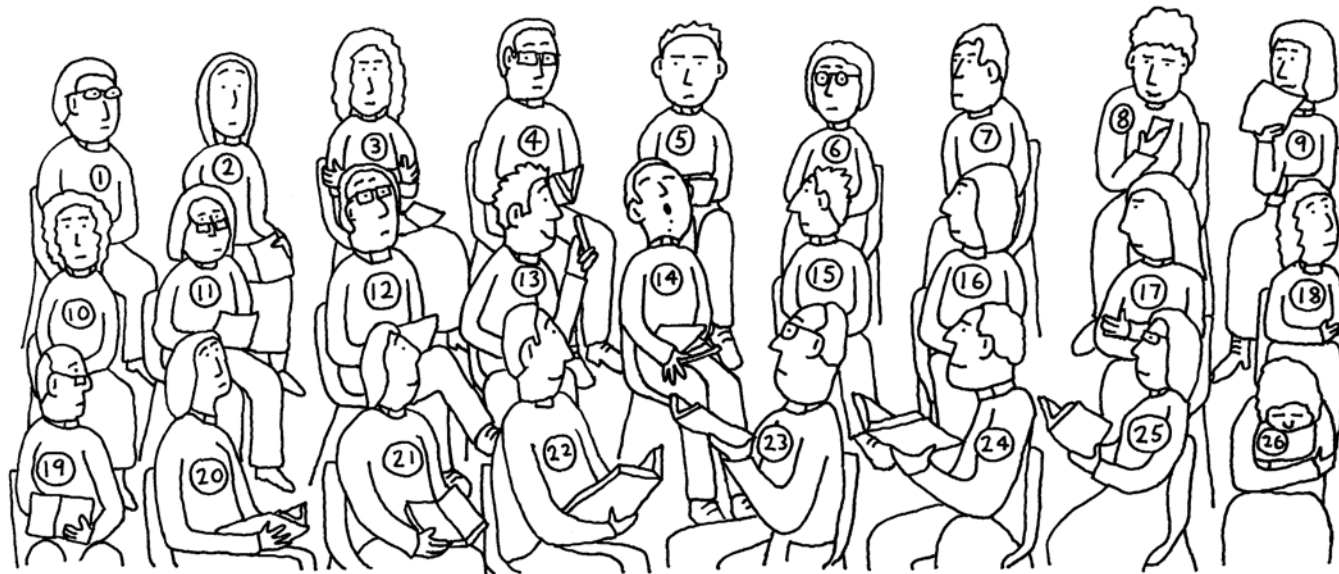
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THE CLERGY CONFERENCE

PHOTO: CARTOONCHURCH.COM
 CARTOON BY DAVE WALKER,
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*Please keep our
 clergy in your
 prayers as they
 gather for
 Clergy
 Conference
 later this month.*

- | | | |
|----------------------------------|-------------------------------|--|
| ① IS IT COFFEE BREAK SOON? | ⑩ WHAT TIME SHALL I PHONE? | ⑲ CAN WE GET BACK TO THE TEXT? |
| ② I COULD HAVE BEEN AN ASTRONAUT | ⑪ SO MUCH TO DO WHEN I RETURN | ⑳ WONDER WHAT'S FOR DINNER |
| ③ IT IS SO COLD IN HERE | ⑫ WHICH PUB SHALL WE GO TO? | ㉑ ISN'T ⑮ LOVELY? |
| ④ HOPE THE CATS ARE OK | ⑬ I'M TWEETING THIS | ㉒ SERMON ILLUSTRATION! |
| ⑤ WISH HE'D SNORE QUIETLY | ⑭ Z Z Z Z | ㉓ OH DEAR - DRIBBLE |
| ⑥ HOW RUDE! | ⑮ HE MIGHT MISS SOMETHING | ㉔ WHEN I'M BISHOP ALL
THIS WILL BE MINE |
| ⑦ OH NO - HE'S MY ROOM MATE | ⑯ HOW VERY EMBARRASSING | ㉕ WOULDN'T MIND HIS PARISH |
| ⑧ OOH - FACEBOOK MESSAGE! | ⑰ WHY AM I HERE AGAIN? | ㉖ |
| ⑨ IT IS SO HOT IN HERE | ⑱ LOOK AT THOSE FIELDS | |

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September 09

An Introduction to Aboriginal Culture: From 9:30-7pm at Naategamaa Camp, Fitzroy Harbour. *Chi chiskutimaasunaanaau: We Are Learning* will help us grow in understanding and appreciation of Indigenous culture, and educate us on the legacy of residential schools. The event is organized by Good Shepherd, Barrhaven. Teaching will be led by Kateri Native Ministry of Ottawa. Pre-registration is required, as space is limited. Info & Registration: goodshepherdbarrhaven.ca

New Roots Farmers' Market & Community Yard Sale: From 9-1pm at Epiphany, Gloucester (1290 Ogilvie Rd). Incl. free corn roast, face painting, and refreshments. Info: 613-746-9278 kdjessop@gmail.com epiphanyanglican.ca

September 09-10 Bamberg Cathedral Girls' Choir: At Christ Church Cathedral (414 Sparks St). The Bamberg Cathedral Girls' Choir from Germany will be visiting Ottawa. The choir will join the Christ Church Cathedral Ottawa Girls' Choir in singing in the 10:30am service at the Cathedral on Sunday. Info: 613-236-9149 cathedral@ottawa.anglican.ca ottawa.anglican.ca/cathedral

September 12 Tuesday Church: At 7pm at Christ Church Cathedral (414 Sparks St). Sensory friendly worship for families and individuals with special needs, and for others who want to enjoy a church service just as they are. Info: 613-236-9149 cathedral@ottawa.anglican.ca ottawa.anglican.ca/cathedral

September 16 Annual Diocesan Altar Guild Meeting: From 9-3pm at Christ Church Cathedral (414 Sparks St). Join us for a wonderful day of fun and fellowship, feat. Myra Tulonen Smith. Registration: \$12 incl. lunch Info: 613-226-8729

September 17 St. Luke's Recital Series:

At 7:30pm at St. Luke's (760 Somerset St W). Sophie De Cruz (soprano) with Giancarlo Scalia (piano). St. Luke's opens up its 2017-18 series feat. arias by Puccini, Donizetti, and Verdi, as well as art songs by Donaudy, Gastaldon, and Tosti. Admission by donation. Info: 613-235-3416 music@stlukesottawa.ca <http://bit.ly/2ulsOUK>

September 22 Cursillo Annual General Meeting: At 7pm at St. Stephen's (930 Watson St). The Ottawa Anglican Cursillo Movement's Annual General Meeting.

September 23 Traditional Afternoon Tea: From 2-4pm at St. John's, South March (325 Sandhill Rd). Feat. finger sandwiches, selectable homemade scones with cream and homemade jam, fruit, delicious dessert, and live piano music for your enjoyment. Please wear your favourite hat or fascinator. All proceeds in support of Cornerstone Capital Campaign for the new building at 373 Princeton Ave. Tickets: \$10 Info: 613-592-4747

You Want Me to do What: From 9:30-3pm at Christ Church, Aylmer (101 Symmes Rd). Sharing our faith is integral to discipleship yet so hard to do. Come and learn how-to in a fun and informative one-day evangelism workshop facilitated by Rev. Eric Morin. Learn how to recognize opportunities, overcome barriers in a way that is comfortable to you. Free will offering. Registration: 819-684-8233 christchurchaylmer@gmail.com

September 24 Social Media Sunday: Join Christians around the world as they use #SMS17 in an ecumenical effort to share the good news and build community with social media. Share your Sunday experience by using #SMS17 on your favourite social network. Info: 613-232-7124 x 245 stephanie-boyd@ottawa.anglican.ca <http://bit.ly/2w6hLCl>

St. Alban's Anniversary: At 5pm at St. Alban's (454 King Edward Ave).

CALENDAR

Celebrate the 150th of St. Alban's Church with an Anniversary Choral Evensong and Reception. Sung by a special Anniversary Choir, reception to follow. Info: stalbankschurch.ca

September 28 Dean's Annual Michaelmas Dinner: At Christ Church Cathedral (414 Sparks St). Sparkling wine reception at 6pm. Three-course dinner at 7pm. Catering by Michael Black and NeXT Food. Tickets: \$150 Info: 613-236-9149 cathedral@ottawa.anglican.ca ottawa.anglican.ca/cathedral

Harvest Dinner: At St. Aidan's (934 Hamlet Rd). Two sittings at 5 & 6:15pm. A traditional turkey dinner with all the trimmings, and homemade pies. Tickets: \$20 Adults \$10 Children, free under 6yr Info: 613-733-0102 staidans@bellnet.ca

September 30 Stewardship Café: From 9:30 - 2pm at St. Thomas (2345 Alta Vista Dr). Join the Stewardship Subcommittee for conversations and case studies about Stewardship and bring successes and challenges to the table. Registration is free, refreshments are provided. Info: 613-232-7124 x 222 heidi-danson@ottawa.anglican.ca <http://bit.ly/2w6jaZv>



October 01 Blessing of the Animals: At 4:30pm at Christ Church Cathedral (414 Sparks St). Info: 613-236-9149 cathedral@ottawa.anglican.ca ottawa.anglican.ca/cathedral

Evensong: At 4pm at St. Luke's (760 Somerset St W). Sung by the choir of St. Luke's feat. the music of Tallis Bairstow, Willan, and Rutter. Robert Jones (director), Hearther Rice (guest organist), Canon John Bridges (guest preacher) Info: 613-235-3416 office@stlukesottawa.ca

St. Luke's Recital Series: At 7:30pm at St. Luke's (760

Somerset St W). Milana Zinik (piano). Accidental Études: Hum and I will play along! An evening of improvisation based on tunes hummed by members of the audience. Admission by donation. Info: 613-235-3416 music@stlukesottawa.ca <http://bit.ly/2ulsOUK>

October 14 Introduction to Centering Prayer with Pilgrim's Way: From 9:30-3pm at Julian of Norwich (8 Withrow Ave). Ready to go deeper? Come and experience this method of meeting the Divine through silence. Registration: \$35 Info: 613-728-1242 coeo.community

Canadian Church Calendars

By the time you read this, I hope to have the calendars. Our order was half the size of last year's, but we still have free delivery to Ottawa. If they arrive before Sept. 16, I shall bring as many as possible to the Altar Guild AGM. Otherwise, it will be at Synod in early Nov. or pick-up by arrangement. The calendars are \$4 each, taxes included. Please pay by cheque on receipt of calendars, or mail to:

Cynthia Greer
1628 Senio Ave.
Ottawa, K2C 1T8
613 723-2680
greercynthia69@yahoo.com

Bazaars & Holiday Fairs

Is your parish hosting a Bazaar or Holiday Fair?

We're compiling a special calendar for Crosstalk and our diocesan website where you can find all the seasonal fairs and bazaars taking place throughout the diocese.



To have your parish activity included send your submissions to ott-crosstalk@ottawa.anglican.ca or complete our online form: <http://bit.ly/CommReq>

All submissions must be received by

October 01, 2017

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There are several ways that you can connect with the Anglican Diocese of Ottawa

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