

# Crosstalk



The Anglican Diocese of Ottawa

A Section of the *Anglican Journal* / October 2017

## Anglican Pride on Display

BY STEVE ZYTVELD

With one of our largest representation to date, nearly 50 clergy and laity took to the streets on August 27, to voice welcome and support to Ottawa's LGBTQ+ community, its families, friends, and neighbours.

More than 10 parishes were represented from across the Diocese, with parishioners carrying signs and banners identifying their home churches, while many of the clergy wore their clerical collars, and some wore their stoles.

The sky above was bright with nary a cloud, and blessedly little humidity, which brought out large, friend-

ly, and colourful crowds who lined the parade route through the heart of Ottawa – at a few points friends and family of the Diocese's participants emerged from the crowds to join in the march. The Diocese's contingent was only one of many representing many different faiths and denominational groups.

My wife Cathy and I have been taking part in Ottawa's Pride festivities now for more than 20 years, both within and apart from our Anglican community, out of a sense of ministry to our friends and neighbours who do not always feel welcome in communities of fellowship and faith.

See PHOTO, p. 3



PHOTO: ELIZABETH MACMILLAN

Participants from St. Matthew's Choir Camp showing off the teddy bears they made for refugee children. Find out more about St. Matthew's Choir Camp, the gift of song, and their fun activities on p.11

## Choral Evensong is Alive and Well

BY HILARY BARRETT

After a long absence, St. James the Apostle, Perth, started offering Choral Evensong in 2009. It has been a great success with local musicians providing a prelude and postlude, and a growing and appreciative congregation. As a member of St. James' Liturgical Choir, I was curious to know how common Evensong is in the Diocese of Ottawa; 30 years after its exclusion, along with Matins, from the *Book of Alternative Services*.

70 years ago, most urban churches offered Evening Prayer – a service often judged more by its sermon

than by its music. Now, Sunday morning Eucharist is the dominant service and Evensong is rare. "My former Bishop, Archbishop Lewis Garnsworthy, used to say the Ed Sullivan Show killed Evensong," says the Rev. Kenneth Davis; Incumbent of St. James. "Until the advent of TV in the 50s and 60s, with programming for children and families on Sunday evenings, urban churches usually had two or three Sunday services. Archbishop Garnsworthy felt all that changed and soon disappeared on account of television and the gradual sidelining of the Church in popular

culture."

As a child in the 1950s living in the Diocese of Bath and Wells in England, the only services I attended were Evensong, three Sundays a month, and Matins once a month. Singing was accompanied by a hand-pumped organ and the psalms in the prayer book had pointing in Anglican Chant, which I learned to sing at the age of nine. We sang one particular evening hymn every week, to the tune of St. Peter.

Rather a dreary hymn and, after many years of singing the same canticles at Matins and Evensong to the

See STORY, p. 7

## Faith Formation: What is the Bible?

BY LESLIE GIDDINGS,  
Diocesan Learning Facilitator

This summer, I read Rob Bell's new book *What is the Bible? How an Ancient Library of Poems, Letters, and Stories Can Transform the Way You Think and Feel About Everything*.

Through his books, podcasts, and videos, Rob Bell is seeking to communicate the essence of Christianity without the symbols and language that we are familiar with. If you are curious about the person behind the work, there are interviews with Rob Bell, opinion pieces about Rob Bell, and

information about his ministry trajectory; and internet search will provide you with lots to choose from.

In considering how to use this book for faith formation, I spoke to Rev. Geoffrey Chapman about how he has used it with his parish at Epiphany, Ottawa. In the parish, a small group meets weekly to hear a chapter of Rob Bell's book read aloud before discussing it. This group has really engaged with Rob Bell's style of asking questions but always offering answers.

Reading the chapters out loud is a really meaningful way to use this resource,

See STORY, p. 9



FROM THE BISHOP

# Living in an Exciting and Invigorating Time

By The Rt. Rev. John Chapman

Yes, in certain parts of the Diocese, numbers are decreasing. Yes, urbanization has taken a toll on our rural and small town churches. Yes, the secularization of our society has numerically diminished all of our church families and communities. Yes, evangelism is not as simple as it once was. Years ago, we just needed to invite someone to join us at church and most would come.

The forces that draw us from the love of God are strong so why is it that our Community Ministries are growing; our care and nurture of refugees is functioning at capacity and is actively running our Diocese's largest response ever to the refugee crisis; how is it that some of our parishes are growing and maintaining healthy and vibrant worship, teaching, outreach and pastoral care despite the "trend"?

May I suggest, and I believe this deep in my heart, that the Spirit has been leading us into new ways of being witnesses

to the gospel of Christ in these complicated and changing times. What once was is no more, but the future the Spirit holds before us is most exciting and very challenging.

Those seated in our pews today and the hundred and twenty plus employees working in our Community Ministries are committed to the work of Jesus in ways that I have never witnessed before. Rather than worry about themselves as a community in isolation from others, an entity with defined borders, our Diocesan and parish members worry about whether or not their communities are responding to the work God has called them to offer, the Mission of God.

Our workers and witnesses worry about and respond to the needs of our disenfranchised, our homeless, our hungry, those who suffer and those who live in fear. As well, we are concerned that our liturgies and prayers nourish us in our work and in our ministry. These are the concerns we speak about with each other and these are

the concerns that many speak to me about. This is why our "times" are so exciting and invigorating.

I could use up all the space available in this Crosstalk issue describing the work that is unfolding throughout the Diocese. However, given realistic restraints, I would like to make you aware of one of the more tangible changes that will undoubtedly strengthen our ministry in these times that we have been given.

These last two years, we have discussed at length how we might make more efficient use of our real estate and our human resources, particularly the work of our dedicated clergy. Area parishes and other related configurations have emerged in response to these conversations. To this end, reconfigured parishes, reconfigured ministries, and clergy teams are the result.

In Kanata, St. Paul's, Hazeldean-Kanata, has been working in partnership with the Parishes of Ashton and Richmond. This has proven to be a fruitful cooperation



between the clergy and people of these three congregations.

The Parish of South Carleton, comprised of the churches of St. John the Baptist, Kars; Holy Trinity, Metcalfe; Holy Trinity, North Gower; and St. Paul's, Osgoode are now working together as an area parish under the leadership of the Rev. Carolyn Seabrook and the Rev. Allan Budzin.

The Parish of Renfrew-Pontiac, comprised of the churches of St. Paul's, Shawville; Holy Trinity, Radford; Holy Trinity, Danford Lake; St. James, Otter Lake; and St. Paul's, Renfrew are working together as an area parish under the clergy leadership of Archdeacon Mavis Brownlee, the Rev. Carolyn Hotte, and the Rev. Tim Kehoe (PT).

The Parish of Mississippi Lake, comprised of the churches of St. James, Carleton Place; St. John's, Innisville; and St. James, Franktown will work together as an

area parish under the clergy leadership of the Ven. Brian Kauk and the Rev. Rosemary Parker.

As well, the churches along the Seaway are in conversation, expecting a firm resolution before the new year, and similarly so are the churches in the Lanark Grenville area. And, to just about complete the process throughout the Diocese, the churches in the Upper Ottawa Valley are also in conversation, expecting a "new creation" early in the new year.

The Spirit calls us to embrace deep change and, toward that end, we struggle to be faithful knowing that goodwill and affection, one for the other, gives us the capacity to "try on" new ways of living together for the good of all God's people.

As always, I continue to keep everyone in the Diocese in my prayers.

*+ John: Ottawa*





## NEWS



PHOTO: STEVE ZYTVELD

Anglicans from around the Diocese gathered downtown to participate in the Ottawa Capital Pride Parade on August 27; showing the love of God for all of God's people.

## Parishes Earn Money from Solar Power

### By Anglican Journal

Three parishes in the Diocese of Ontario are selling power generated by solar panels on their church and church hall roofs.

The Province of Ontario's microFIT program allows producers of solar power to sell it to their local distribution company. (The arrangement is different from net metering, according to which any excess electricity produced translates into a credit on the producer's hydro account.) Christ Church, Gananoque; St. Luke's, Kingston; and St. George's, Trenton are all selling their power through mi-

croFIT. Christ Church, Gananoque, which installed its panels three years ago, makes almost enough money from the program to offset its electricity costs; in one 12-month period, the church earned \$4,148 while paying \$4,448 for power. Christ Church paid about \$45,000 to set up the system.

St. Luke's, which earns about \$550 per month during spring and summer, and about \$200 per month during fall and winter, paid \$30,000 for its solar power system, half of which was covered by a grant from the Anglican Foundation of Canada.

At least one of the Diocese's clergy is using the program for his home. The Rev. Ian Ritchie, Interim Priest-In-Charge for the Parish of Trinity, sells more than \$6,000 worth of electricity generated from the panels on the roof of his Kingston home each year.

Those interested in Ontario's microFIT program will need to apply by the end of December 28, 2017, as the program, meant to speed up the early adoption of renewable energy systems, is coming to an end.

*Dialogue*

## Clergy News and Updates

Bishop Chapman is pleased to announce that two new Area Parishes will come into existence; effective October 15, 2017.

The Parish of South Carleton will be formed from the parishes of St. John's, Kars; Holy Trinity, Metcalfe; Holy Trinity, North Gower; and St. Paul's, Osgoode.

The Parish of Mississippi Lake will be formed from the parishes of St. James, Carleton Place; St. John's, Innisville; and St. James, Franktown.

### Rev. Allan Budzin

has been appointed Associate Incumbent of the new Area Parish of South Carleton; effective October 15, 2017.

### Ven. Pat Johnston

will assume the role of Diocesan Archdeacon, without jurisdiction; effective September, 2017.

### Rev. Brian Kauk

has been appointed Territorial Archdeacon of Lanark-Arnprior; effective September 10, 2017. Additionally, Rev. Brian Kauk has been appointed Incumbent of the new Area Parish of Mississippi Lake; effective October 15, 2017.

### Rev. Rosemary Parker

has been appointed Assistant Curate of the new Area Parish of Mississippi Lake; effective October 15, 2017.

### Rev. Carolyn Seabrook

has been appointed Incumbent of the new Area Parish of South Carleton; effective September 01, 2017.

### Rev. Jessica Worden-Bolling

will be Inducted as Incumbent of the Parish of St. Mark the Evangelist, Ottawa; Wednesday, September 27, at 7pm. The Rt. Rev. John Chapman will officiate and the Ven. Chris Dunn will preach. Clergy are invited to robe; the liturgical colour will be green.

## Adrienne Clarkson Speaks at 'Faith in the Public Square' in Newfoundland

### By Anglican Journal

Former journalist and governor general of Canada the Rt. Hon. Adrienne Clarkson spoke candidly of her spirituality at a multi-faith conference held in St. John's June 3, 2017.

Clarkson said she never doubted the existence of God—adding, with a smile, “There must be more to life than this”—or of the afterlife, and believed that we will eventually be “part of the Godhead.” She also said Christians should recapture the enthusiasm of the early church, and be eager to share the news that with Christ, light had come into the world. The church, Clarkson said, is “us, as individual human beings, giving out witness, not our buildings.”

Clarkson, who was born in Hong Kong and raised an Anglican, served as Canada's governor general from 1999 to 2005. She was the final speaker at the conference, “Faith in the Public Square,” hosted by the diocese of Eastern Newfoundland and Labrador.

Attendees also heard talks by Sr. Elizabeth Davis, a member of a Roman Catholic religious order and former CEO of the St. John's Health Care Corporation; and Geoff Peddle, bishop of the diocese. The event concluded with audience questions to a panel consisting of the speakers plus three representatives of Jewish, Muslim and Anglican organizations.

*Anglican Life*

## Diocesan Synod Convenes

*“The Church of Christ in Every Age”*

### Thursday, November 02

Christ Church Cathedral  
414 Sparks St., Ottawa  
7:00pm - Eucharist & Delivery of the Bishop's Address

- All members of the Diocese are welcome
- Reception to follow



### Guest Speaker

The Most Reverend Fred Hiltz - Primate, The Anglican Church of Canada

### Friday, November 03

St. Elias Centre  
750 Ridgewood Ave., Ottawa  
7:15am - Registration begins  
9:00am - Synod in session

### Saturday, November 04

St. Elias Centre  
750 Ridgewood Ave., Ottawa  
8:30am - Synod in Session



PARISH NEWS

# Dark Nights, Radiant Light

By Norma Mellon

On May 12th, a new venture in song, prayer, meditation, art and silence took place at the Church of St Barnabas on Kent Street.

Soprano Catherine Schwartz, a doctoral candidate at McGill in musicology, presented an absorbing programme, in collaboration with cellist Greg Weeks, harpist Susan Sweeney Hermon, reader Lucy-Ann Kubina, and artist Annegret Hunter. It was the inaugural presentation of The Canticum Lunae Project, an initiative devoted to creative spiritual programming.

The evening's theme was "Dark Nights, Radiant Light: Meditations in Eastertide". Designed by Catherine, the program consisted of four meditations on short scripture passages based on the themes of mercy, grace, faith, and love. The church was in semi-darkness. Each medita-



PHOTO: STEPHEN SCHWARTZ

*Following the Dark Nights, Radiant Light meditations event, participants (L-R) Susan Sweeney Hermon, Lucy-Ann Kubina, Catherine Schwartz, Greg Weeks, and Annegret Hunter pose in front of the art exhibit at the reception.*

tion comprised songs written by the singer herself with instrumental arrangements by Greg and Susan, devotional readings by Lucy-Ann from works by the likes of Julian of Norwich, John Donne, and Madeleine L'Engle, as well

as periods of silent meditation. The songs and readings were each accompanied by artworks projected on a screen and replicated in the beautifully-prepared printed program.

The songs, with titles such

as "Where is the Music?" and "God from the Pavement," were highly personal and meditative in nature, and complemented each section of the programme. The short periods of silence began and ended with the ringing of a Tibetan bell.

The one-hour event ended with a reception in the Parish Hall, highlighted by an exhibit of Annegret's artworks. Those attending felt a warm familiarity with the paintings, having become acquainted with them in the previous hour.

A freewill offering was accepted, to the benefit of the church.

For those desiring a calm and restorative time of reflection, these quiet expressions of faith and devotion made a perfect conclusion to a busy week.



## Crosstalk

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[www.ottawa.anglican.ca](http://www.ottawa.anglican.ca)

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**Stephanie Boyd**

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[ott-crosstalk@ottawa.anglican.ca](mailto:ott-crosstalk@ottawa.anglican.ca)

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Submission Deadline for the November edition is September 25, 2017.



ANGLICAN  
DIOCESE of  
OTTAWA



## The Church of Christ in Every Age

### 136<sup>th</sup> SESSION OF DIOCESAN SYNOD

November 02-04, 2017  
Ottawa, Ontario

#### DATES AND LOCATIONS

**THURSDAY, NOVEMBER 02, 2017**  
Christ Church Cathedral  
414 Sparks St., Ottawa

7:00pm Eucharist  
Delivery of the Bishop's  
Address.  
All members of the Diocese are  
welcome.  
Reception to follow.

**FRIDAY, NOVEMBER 03 &  
SATURDAY, NOVEMBER 04, 2017**  
St. Elias Centre  
750 Ridgewood Ave., Ottawa

7:15am Registration begins on Friday  
9:00am Synod in session on Friday  
(8:30am start on Saturday)

**GUEST SPEAKER**  
The Most Rev. Fred Hiltz  
- Primate, The Anglican Church of Canada

#### GENERAL INFORMATION

**SYNOD COSTS**  
Synod \$72 | Dinner \$35 (includes taxes  
and gratuities)

**REGISTRATION**  
Online at [ottawa.anglican.ca](http://ottawa.anglican.ca) or by mail

**DISPLAYS**  
For information, please contact  
Mary Empringham at 613-936-0327 or  
by email at [dempringham@cogeco.ca](mailto:dempringham@cogeco.ca)

#### IMPORTANT DATES

**SEPTEMBER 08**  
Reports and Notices of Motion for the  
Synod circular\*

**SEPTEMBER 29**  
Synod registration deadline

\*Please send to [heidi-danson@ottawa.anglican.ca](mailto:heidi-danson@ottawa.anglican.ca)  
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## NEWS

# 60th Anniversary Anthem Story

By Michelle Hauser

What better way to celebrate six decades of gift-giving than by offering yet another gift? This is how Judy Rois, Executive Director of the Anglican Foundation of Canada, describes “I Will Give Thanks to the Lord,” the choral anthem composed in honour of the Anglican Foundation of Canada’s 60th anniversary: “It is the gift of a beautiful piece of music from the Anglican Foundation to the Anglican Church.”

The anthem is one of many commemorative projects developed during the Foundation’s milestone year. “We chose the themes of gratitude and generosity, based on Psalm 9:1-2” says Canon Rois “because they are at the heart of what the AFC is all about.” Established in 1957 to ensure a generous flow of funding for infrastructure and ministry projects, the Foundation’s legacy of grants and bursaries have proved transformational in the lives of thousands of individuals, parishes and faith communities.

The composition was commissioned by AFC in a spirit of celebration but was also meant to open the door to a young composer. Nicholas Piper, Ottawa-based Choral Director and Organist, and



winner of a 2010 SOCAN Award for Young Composers, was chosen and began work on the composition in January, 2017.

“It has a lot of energy” says Nicholas, who heard it performed by “a very fine choir” for the first time in Vancouver where it premiered at Choral Evensong on Thursday, May 25 and at a service of Holy Eucharist on Sunday, May 28 at Christ Church Cathedral, under the direction of Rupert Lang.

“I Will Give Thanks to the Lord” assumes a choir with four parts but is still a relatively accessible anthem. “At the outset we wanted it to be singable by parish choirs, with no professional leads” says Canon Rois. The hymn offers what some listeners have described as a deeply moving balance between triumph and reflection and can be sung at any time of the year but is “especially appropriate for Thanksgiving or

for special celebrations.”

More than anything, though, Canon Rois says the anthem does what all excellent music can do, “transport the listener to somewhere beyond human experience, beyond words, beyond thought to a place of transcendence.”

Reflecting on a year of a celebration in which this anthem has been a centrepiece, she adds “When King David said, ‘remember the wonderful works of God’, perhaps when we allow ourselves to remember deeply, we may just experience the One whom to thank, and in so doing, feel even a few moments of genuine contentment and peace.”

*“I Will Give Thanks to the Lord” is available to parish choirs at no cost and will be distributed free for one year at which time rights will return to the composer. For more information or to request a pdf copy, please write to [foundation@anglicanfoundation.org](mailto:foundation@anglicanfoundation.org) or call 416-924-9199 ext. 322.*

## Bishop Baptizes Grandson Charlie

By Steve Heiter

On August 27, Bishop John welcomed the newest Christian – his first grandchild, Charlie – into the fellowship of the church. Bishop John baptized Charlie in the immersion font of the Church of the Epiphany, attended by the proud parents Sarah and Ben, along with a gathering of many relatives from Charlie’s extended family. Rev. Geoff Chapman and his wife Sarah stood as Godparents. The Parish of Epiphany was honoured to host such a significant event in the lives of Bishop John and his family, and offers congratulations to all.



PHOTO: STEPHANIE BOYD

**Bishop John baptizing his grandson, Charlie, in Epiphany’s Immersion Font.**

A reception was held in Charlie’s honour after the service.

May God’s grace guide and nurture Charlie throughout his journey of faith.

## Two Minute Interview

**Earl Roberts**  
Volunteer – Synod Registrar



**Current spiritual home:**

St. Mary the Virgin,  
Blackburn

**Born:** Montreal, Quebec

**Hidden talent:** Extensive documentation of Canadian Railways

**Furthest you have been from home:** Fairbanks, Alaska

**Favourite place on Earth:** Ottawa!

**3 things always in your fridge:** Milk, orange juice, margarine

**Appreciate most in your friends:** Sincerity, compassion, sense of humour

**Favourite Bible verse or story:** Matthew 14:13-21

**Heroes in life:** Canadian Astronauts who have been to space

## COMMUNITY MINISTRIES

# Giving Thanks for Our Donors

By Jennifer Hache, Development Officer, Community Ministries

Thanksgiving is almost here and I have been reflecting on what I am thankful for. I want to say **Thank You** to each of you for your **generosity towards the Community Ministries** this past year and your continued faith in our mission.

Once again, this year, we have seen an increase in need for the services provided by the Community Ministries. We have been able to assist those that walk through the doors of Centre 454, St. Luke’s Table, The Well, Cornerstone, and the Ottawa Pastoral Counselling

Centre. The volunteers and staff at each Community Ministry are there – one conversation, a hot meal, a card game, a load of laundry, a quiet space, access to phones and computers, workshops, or sharing a joke. Together, striving to push back despair, and support each success – large or small – one step at a time. Each day encountering opportunities to heal feelings, bodies, and lives; in a loving, caring place, where relationships are developed and strengthened, and in a place that embodies a true sense of belonging.

This is all possible, thanks to your financial, in-kind, and volunteer support.



REFLECTIONS

# Partnership

By PJ Hobbs

My ideal partnership was once exemplified in the television show *Starsky & Hutch*. Two dashing cops fighting crime, looking out for one another, with complimentary skills; a great friendship and personal loyalty. Partners!

I remember when a friend became a partner in a law firm. It was a big deal. After years of school, articling, exams, and hard-work, she was now at the table of ownership with all its privileges and obligations. Business partnerships come in many forms, from large firms to two brothers working the family farm.

There is of course marriage, life partners who are living, loving, and working together to create a home in a covenant of mutuality, tenderness, and shared property. Marriage is a sacrament, a sign of God's Grace. It is a partnership requiring time, commitment, and trust.

I spend a lot of my time for the Diocese around partnerships. Very often, this means partnerships between organizations. For many years, there has been much talk and activity concerning partnerships in the non-profit charitable sector; indeed across all sectors. Our Community Ministries are engaged in many partnerships with other agencies that share values and are complimentary programs.

Partnerships happen because all parties have something that the other needs. Affordable Housing, a commitment for the Diocese, is a case in point. To build affordable housing, you need land, money, and a team to operate it. The result can be a number of partners working together. This can mean multiple funding sources, joint applications, memoran-



PHOTO: LIGHTSTOCK; PRIXEL CREATIVE

dums of understanding, new structures of governance, and clarity on roles and responsibilities. The higher the stakes, the more complicated partnerships can be.

As a Diocese, partnerships are critical as we grapple with how to faithfully approach our priorities of addressing the use of our buildings, the shape of parish ministry, and our engagement with the world. A new option for delivery of ministry is emerging in the Diocese in the form of Area Parishes. In this model, a number of congregations come together, under the guidance of the Bishop, to form a single parish served by at least two clergy. The clergy work as a team, not tied to a particular building, but to the area. There is an Incumbent Priest for an Area Parish and the other clergy serve in the role of Associate Incumbents or Assistant Curate.

New structures emerge with one Parish Council and Vestry for the Area Parish. Congregations and their leaders are called into a new form of partnership; sharing resources and restructuring how parishes operate. Like any partnership, this will call for commitment, loyalty, attention to detail, mutuality, and trust.

This emphasis on partner-

ships is by no means a secular preoccupation creeping into the church. This point is made very clear by New Testament scholar Gordon Zerbe in his commentary on Paul's letter to the Philippians. Zerbe argues that the Greek word *koimonia*, which is most often rendered "communion" or "fellowship," is best translated as partnership. More than the emphasis on spiritual communion, or the notion of fellowship at coffee hour, partnership for Paul has rigorous and practical implications for how we are called to live as citizens of the kingdom of heaven. This begins with our partnership in the work of the Gospel, lived out in practical mutual aid, interdependence, generosity, solidarity in suffering and hardship, and our corporate and sacramental union with Jesus is whose being we are equal partners/citizens in the Reign of God.

Partnership is nothing new to our Christian tradition. It is rooted in our biblical heritage. Partnership is a necessity to which we best hold firm. And yet, paradoxically, we hold each expression of partnership lightly so that in each context the hand of God may guide us.

## Reformation Sunday

Christ Church  
Cathedral  
414 Sparks St  
Ottawa, ON

Sunday, October 29, 9:30am

The 8 ELCIC Congregations in Ottawa are holding a joint service to commemorate the 500th anniversary of the Reformation. All are welcome!

Info:  
[reformation500@ottawalutherans.org](mailto:reformation500@ottawalutherans.org)  
[ottawalutherans.org](http://ottawalutherans.org)

## LETTER TO THE EDITOR

Michelle Hauser begins her September article on the Anglican Foundation with reference to the choral anthem *I Will Give Thanks to the Lord*, composed in honour of the Foundation's 60th anniversary. Readers will be interested to know that the anthem is the work of Ottawa composer Nicholas Piper. Piper, a composer, singer and organist, holds music degrees in composition from Carleton University and the

University of Victoria. Until recently he has been the music director at St. Margaret's, Vanier. The SATB anthem is available free of charge for Anglican parishes through the Anglican Foundation.

Patricia Bays

*\*For more information about Nicholas Piper and the Anthem for the Anglican Foundation, please see Michelle Hauser's follow-up article on p.5*

### OTTAWA CHAMBER PLAYERS



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### Deadlines and Submission Guidelines for Crosstalk

**Deadlines:**

- November - September 25
- December - October 20
- January - November 27

**Submission:**

- News - 500 words or less
- Articles - 700 words or less
- Letters to the Editor - 300 words or less
- Reviews - 400 words or less
- Original Cartoon or Artwork - contact the Editor

**Photographs**

- Very large, high resolution (at least 300 dpi)
- JPEG or TIFF format
- Include name of photographer.

**Question or Information:** Contact the Editor at: [ott-crosstalk@ottawa.anglican.ca](mailto:ott-crosstalk@ottawa.anglican.ca) (613) 232-7124, ext. 245

**Online Submission Form:** <http://bit.ly/CommReq>



## NEWS

# Thank You!

By The Rt. Rev. David W Parsons, Bishop of the Arctic

The Diocese of the Arctic wishes to thank all who have and continue to support Christian ministry within the North West Territories, Nunavut, and Nunavik. Most recently, so many helped rebuild our Cathedral and eliminate the debt. For financial and prayerful support, we are most grateful.

During a recent sabbatical, my wife Rita and I read the history of those who came north in response to God's call to go into the world with the good news of Jesus Christ. History reveals that the Southern Church was of one mind, heart and soul with Arctic missionaries. We held common Christian beliefs; beliefs that have strengthened and encouraged the Inuit and Indigenous people of the Arctic. We are so thankful to have our Cathedral rebuilt so that the message of hope continues to be proclaimed.

A Cathedral is the house of the bishop's chair. The bishop is not to stand on that chair to lord over the community, but reverently sit and ensure that the gospel truths, precepts and principles are faithfully and compassionately proclaimed. Interestingly enough although our Cathedral St. Jude's was destroyed by fire the Cathedra (bishop's chair) was not. Be assured that the Anglican Church of Canada's and the Anglican Communion's most northerly Cathedral, will be faithful to the gospel message that has been entrusted to us by our LORD Jesus Christ.

God willing the new St. Jude's Cathedral will be consecrated on October 1st. Please remember us in prayer and by God's grace continue to support us.

Faithfully yours in Christ's service,



## Hymn Writing Contest

By Gisele McKnight

To celebrate its 60-year anniversary, the Anglican Diocese of Fredericton's Diocesan Choir School is holding a hymn-writing competition.

Here are the guidelines:

- Write an original hymn text and melody that is suited for a blend of child and adult choristers, performing in a festal worship service in the Diocese
- Submissions should include a musical score, with

biographical information on the composer(s), and information on the liturgical significance of the hymn.

The successful composer(s) will be awarded a prize of \$1,500. The deadline is December 31 and the winner will be announced March 01, 2018.

For more details, visit the Diocesan Choir School website: [anglicanchoirschool.com](http://anglicanchoirschool.com)

## Choral Evensong...

- Continued from page 1

same chants, I was glad to see Choral Eucharist become the main service. I have now gained a new appreciation of the spiritual and contemplative language and music of Choral Evensong, and look forward to singing it at St. James.

Cathedrals and parishes in the Diocese with strong music programs continue the Evensong tradition. Christ Church Cathedral offers Sunday at Twilight, 4:30pm from November to Victoria Day. James Calkin, Interim Director of Music at the Cathedral, explains that while Choral Evensong is the normal form for this service, sometimes different liturgies are offered, including a Solemn Requiem with orchestra for All Soul's and several services of Lessons and Carols/Motets throughout the liturgical year. "The Anglican choral repertoire for Evensong contains a wealth of beautiful and expressive music," he says; "our liturgical pattern not only exposes choristers to the fullest range of this expression, in the process challenging them in their spiritual and musical formation, it also models the rich tapestry of Anglican liturgy to our Diocese and beyond."

St. Barnabas, on Kent Street, holds its popular Choral Evensong at 7pm, several times during the fall and winter months. The Music Director, Wesley Warren, and

*As now the sun's declining rays  
At eventide descend,  
So life's brief day is sinking down  
To its appointed end.*

— John Ellerton, 1870

the Choir provide the music. "What is good is that we have a cross-section of ages attending, with many younger people, including University of Ottawa students," says the Rev. Canon Steward Murray; Incumbent at St. Barnabas. "In addition to our own parishioners, people come from other Anglican parishes and the wider community. There is a reception afterwards, spearheaded by Wendy Warren, with delicious food!"

At St. Matthew's, in the Glebe, evensong is offered on the first and third Sunday of the month at 4pm, with a reception afterwards. St. Matthew's has both a Men and Boys, and a Women and Girls Choir, and "Evensong is the children's favourite service as there is so much singing," says Music Director Kirkland Adsett. He also noted that "some of the greatest Anglican music is written for Evensong."

Other churches offering evening music include:

- *The Evensong Choir* of All Saints', Westboro, under the direction of Patricia Brush; 4:30pm on the first Sunday of the month
- St. Luke's Evening Recital Series; see upcoming perfor-

mances in the calendar on pg.16

- Summer Evensong Program at Holy Trinity, Lascelles, held throughout July and August

- On Sunday, October 22 at 4pm, the *Cranmer Singers of Ottawa*, under the direction of Frances Macdonnell, will be joining the Choir of St. James, Perth, for Choral Evensong. Frances, a former Director of Music at Christ Church Cathedral, directs the *Cranmer Singers*, originally called the *Cathedral Singers*, which was founded in 1975. "We enjoy singing with the Choir at St. James, and are looking forward to being there – it is a beautiful church," says Frances, who will be the guest organist. "The anthem will be Benjamin Britten's setting of the Jubilate Deo (Psalm 100), O Be Joyful in the Lord," says Peter Woodwork, St. James' Musical Director, "and the hymns are chosen so the congregation can enjoy singing them – rather than being depressed by them!"

For more information about St. James' Evensong, please visit: [stjamesperth.ca](http://stjamesperth.ca)

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Choristers receive an exceptional musical education, sing at church services and special concerts and make new friends while developing leadership skills. Choristers receive a nominal allowance.

October rehearsal dates:

Boys' Choir - Tuesdays - 4:30 to 6:30 p.m.

Girls' Choir - Wednesdays - 6:00 to 8:00 p.m.

Contact Kirkland Adsett, Music Director, [kirkland.adsett@yahoo.com](mailto:kirkland.adsett@yahoo.com)  
St. Matthew's Anglican Church, 217 First Avenue (near Bank Street)  
613-234-5482, [stmatthewsottawa.ca](http://stmatthewsottawa.ca)



# TODAY 4 TOMORROW

Giving hope a way forward  
from generation to  
generation

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– Bishop John Chapman

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LIFELONG FORMATION

**Faith Formation...**

- Continued from page 1

because the book reads like a collection of sermons; the writing style is meant to be heard. To extend this experience, I think it would be meaningful to hear different voices read the same chapter aloud. For example, the chapter entitled “All that Violence” is about how to read the Bible stories that have violence at the core. It could be a source of deep reflection, not just on the topic of violence in the Bible, but how we can hear different pieces of the message from different voices.

Another option could be to use this book with people who might be encountering the Bible for the first time. Rob Bell does communicate some key approaches to reading the Bible that could be important tools for people encountering the text individually, without the context of a worship service or a sermon to help make meaning. He encourages readers to zoom into the details of the Biblical text, and then zoom out to the larger themes evolving throughout the narrative. Moving between those two lenses offers readers the chance to make meaning of the text for themselves by asking questions.

Finally, I thought the chapter “So How Did

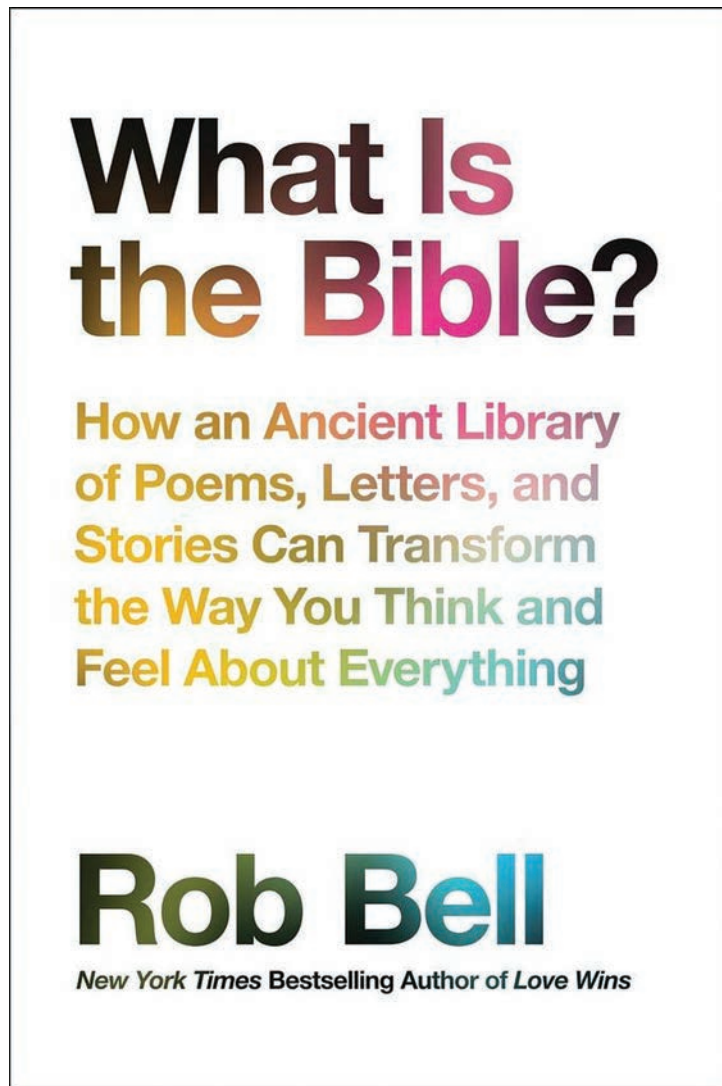


PHOTO: ROBBELL.COM

Jesus Read the Bible?” would make a great launching point for a workshop, retreat session, or parish council meeting. Rob Bell focuses on interpretation, incarnation, and invitation. These key biblical foundations are useful for grounding our work in

Christian community. In my experience, including a faith formation opportunity can help to build community and prepare them for the work ahead. Even though faith formation may not be expected, it may be welcome!

**Meet the YIP Leadership**

**By Donna Rourke, Youth Internship Program Coordinator**

If you read last month’s Crosstalk, you’ll recall that I wrote introducing the Youth Internship Program (YIP) components and the outgoing interns. This month, I would like to share some reflections and impact statements from our clergy team, mentors, and worksite supervisors.

Our Faith Formation sessions are led by a team that includes Ven. Ross Hammond, Rev. Kerri Brennan, Rev. Arran Thorpe, and myself.

During our final end of term debrief, Arran said he hoped, at the end of the day, that the take-home for the interns was that they had a deeper understanding of what the church can be inside and outside of the actual building; in the community! He hopes they know they have been blessed with skills and the ability to be successful wherever they go and whatever choices they make in their lives. God loves them, we love them! Arran ended by saying that helping to deliver faith formation helps him to grow his own faith, reflect, and is a good reminder that our faith is always evolving.

Kerri suggested that her hope was that the outgoing interns now had the confidence and the words to better articulate and express their own faith beliefs. She also hopes that the interns are able to transfer what they have learned during YIP into their lives going forward, and that the church continues to create safe spaces for them to continue to develop and connect their faith.

Ross had this to say, “working with the Youth Interns as a Faith Formation leader reinforced for me the vast possibilities God had made to us through our young adults. When we shared our personal ‘faith stories’ I learned about how we each respond to God in a way and context that is truly unique. When we explored why the concepts of ‘faith’ were important to us, the conversation was especially rich, suddenly full of depth and nuance, the focus was not on the past, but on the future –full of energy and



A partnership between the Anglican Diocese of Ottawa; Trinity, Bank Street; and St. James, Manotick

expectation, and yet already moulded by experience of being part of the kingdom of God.”

Through my exit interviews with the mentors, they shared that by and large, they enjoyed their roles as mentors and would absolutely be mentors again. Each mentor said that the relationship was of value to both the intern and themselves. I believe that as a community, we benefit from these kinds of intergenerational relationships, and both the intern and mentor learn from each other.

Mary Martha Hale reflected that she had never done something like this before, this was a completely new experience for her, and being retired now for three years, being a mentor challenged her intellectually. She enjoyed the experience of being present for someone with less life experience than herself.

YIP not only is a new and innovative way of presenting church to a targeted, inclusive, and diverse group of young people; YIP benefits the wider community as well.

We hope to have six intern positions beginning in January 2018. All perspective interns must submit a written application and participate in a panel interview. Any youth in grade 11, 12, or their first year of University/College may apply. We are accepting applications now for a potential January 01, 2018 start.

*For more information about YIP, becoming a mentor, or how to apply as an intern, please contact Donna at [donna-rourke@ottawa.anglican.ca](mailto:donna-rourke@ottawa.anglican.ca)*

*An excerpt from Donna Rourke’s article on the leadership of the Youth Internship Program; to view the full article, please visit: [medium.com/@OttawaAnglican](https://medium.com/@OttawaAnglican)*

**5 A’s of Food Security**

- 1 **AVAILABILITY**  
food is available to all people at all times
- 2 **ACCESSIBILITY**  
people have economic and physical access to food
- 3 **ACCEPTABILITY**  
food is culturally acceptable
- 4 **APPROPRIATE**  
nutritious, free from harmful chemicals
- 5 **AGENCY**  
people have the ability to influence policies or processes that affect their lives



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PARISH NEWS

# Accessing the Sacred Through the Quiet Garden

By Brian Hull, Member of Christ Church Ashton

As the village of Richmond pioneered the first organized settlement in Carleton County (now Ottawa) in 1818, so St. John's Church in the village pioneered the first Anglican church in the entire county in 1822. Today, once again St. John's Church is pioneering. It is among a growing number of communities in the world restoring the experience of active mindfulness and sacred meditation, through quiet gardens and the guided walk known as the labyrinth.

Until the revival of interest in the building and walking of labyrinths in the early 1990s, the active use of this powerful tool for self-discovery had dropped from awareness for 350 years.

A labyrinth is a walking path, usually in the form of a circle. Through a meandering but purposeful path from the edge to the centre and back again, a walk through a labyrinth becomes a metaphor for our journey through life. In the words of Lauren Artrees, Honourary Canon of Grace Episcopal Cathe-



PHOTO: BRIAN HULL

Chartres Labyrinth, Quiet Garden, St. John the Baptist Church, Richmond.

dral in San Francisco, "the labyrinth is a spiritual tool meant to awaken us to the Light that calls from within. In surrendering to the winding path, the soul finds healing and wholeness."

The labyrinth at Grace Cathedral was opened December 1991. The Rev. Michel Dubord, rector of St. John's from 1998 to 2016, had come upon the practice of walking a labyrinth while Director of Temple Pastures and first had the germ of the idea for St. John's, viewing

the beautiful backyard gardens in the area.

As good fortune would have it, Les Bartley was able to explore and draw ideas from the magnificent labyrinth in Wellington. That was in 1999. On the return of Les and Coralie, they with their team went to work. Coralie shared with me about the skills and precision needed to lay out and actually build the pathway, marked by bricks embedded in stone dust. At the beginning and

through the years, dozens of people have helped build and maintain the quiet garden and labyrinth with gifts of labour; planting trees, shrubs and flowers – and of course, money. All of the resources and money to build and maintain this garden are locally contributed. There are now two walkable labyrinths, the larger modelled on Chartres and the smaller, a classical Greek design from the island of Crete. One is on grass, the other on a bed of fine pebbles.

Richmond's Quiet Garden, now roughly three acres in size, was dedicated June 23, 2002, by Bishop Peter Coffin. The extent of the quiet garden has been broadened over the years to include a stream walk. Of course, maintaining such a garden requires an enormous amount of work throughout the year. The enduring quality of the garden is thanks to the almost full-time volunteer effort of Scott Robertson, who has taken on this vocation with great love and dedication, since his retirement from paid work.

In addition to the visitors seeking a place to repose

and the reflection inspired through walking the labyrinth, the garden is used by the congregation at St. John's for weekly Meditation and Labyrinth Prayer Walks in the summer, Sunday services in July, as well as the occasional outdoor wedding ceremony. The Hospice group also meets regularly at St. John's, as it had long before their new facility in Kanata was built, again providing opportunities for quiet reflection.

St. John's is a member of the global Quiet Garden Movement, a movement established in 1992, by the Rev. Philip Roderick, at the time Director of the Chiltern Christian Training Programme in the Diocese of Oxford, England. The labyrinth experience is a personal practice for healing and spiritual maturation, a tool for community building, an agent for global peace, and a metaphor for the work of the Spirit in our lives.

Come, enter, find yourself. There is no gate.

**ANGLICAN FOUNDATION OF CANADA**

**Children's Prayers with Hope Bear**

**For baptism**  
O God, we give thanks for the life of \_\_\_\_\_, who is being welcomed into the community of faith through the waters of baptism. We pray that he/she will always know your love and the companionship of family and friends. Amen.

**Birthday**  
Dear God, thank you for \_\_\_\_\_ who is celebrating her/his birthday. We pray that you will bless her/him on this special occasion and as she/he looks forward to a new year ahead. Help her/him to know how much you love and care for her/him this day and always. Amen.

**Easter**  
Loving God, we give thanks for the resurrection of Jesus Christ and for the life that he brings to all people. Help us to see the light that shines even when it's really dark. May that light help us to feel peaceful and unafraid. Amen.

Available May 2017.

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## Epiphany Milestones

By Steve Heiter

"The kingdom of heaven is like a mustard seed that someone took and sowed in his field; 32 it is the smallest of all the seeds, but when it has grown it is the greatest of shrubs and becomes a tree, so that the birds of the air come and make nests in its branches."  
– Matthew 13:31-32

Indeed, a tiny seed was planted in Ottawa's East End in 1997, when the parishes of St. Paul's, Overbrook; and St. Christopher's, Gloucester amalgamated to become the new Parish of the Epiphany.

In August of this year, the fruit of 20 years of nurturing that seed was celebrated at Epiphany. Bishop John celebrated the Holy Eucharist with a great turnout of parishioners new and old.

The parish also took joy in celebrating the Confirmation

of eight of it's members.

The Rev. Geoffrey Chapman was also honoured as he celebrated his fifth anniversary with the parish. In honour of all of these momentous events, the celebration of the Eucharist was followed by a "high tea" reception, during which time a new banner, to be hung during Ordinary Time, was unveiled. The green banner which features an Alpha and Omega symbol, sheaves of wheat, and grape vines, was created by long-time parishioner, Jane Derick.

Everyone in the parish is grateful to be a member of Epiphany, and thankful to have reached this milestone together in our journey of faith. Thanks to the hand of our Saviour, Jesus Christ, for leading us in this moment of Grace.



## LIFELONG FORMATION

## Daily Bread

By Leslie Giddings, Diocesan Learning Facilitator

In July, I travelled to Buckingham, Quebec, to learn about the Daily Bread Program at Buckingham Elementary School. You may recall, that the Daily Bread began as a GIFT sponsored initiative to address child poverty in West Quebec.

This past school year, the junior grades continued with the established model of having a small nutrition lesson, followed by an art project to emphasize the weekly topic. Fruits and vegetables were the main focus, along with helping the children to pick healthy food options in their lunch boxes at recess and snack times.

The senior grades focused on research skills and time cooking in the kitchen. Learning how to research is vital to the senior students,

so they researched healthy snack recipes, as well as meal options. Discussions during these times included themes of “What makes a meal healthy?”, “How can you tell what is healthy in a recipe?”, and “How can we make a recipe even healthier?”

For all grades, working together in small groups to prepare snacks and meals was an invaluable experience. Students are learning skills that they will be able to apply outside of the classroom setting: teamwork, time management, food preparation and safety, and even kitchen clean up! These “real world” skills that they are learning will be taken with them as they grow and become independent adults.

Stacy Somalian, the Daily Bread Coordinator, and Samantha Halpin, Principal, shared this note:

*We cannot thank the Anglican Diocese enough for having given us the starting funds to be able to bring this program to our students. (Your) continued support over the last three years had given us the ability to deliver unique programming to our students, all within the school context. As we grow and get the word out in our community, we have been fortunate to receive funding support from others within our community. We thank The Lions Club of Buckingham, Alexandre Iraca MNA for Papineau, Martin Lajeunesse City of Gatineau, Municipality of Mulgrave & Derrym Caisse Populaire of Buckingham, and the Kenny Family.*

*Resources for nutrition lessons and food preparation are available in the Daily Bread Program Guide. A copy is available by contacting Leslie Giddings at [leslie-giddings@ottawa.anglican.ca](mailto:leslie-giddings@ottawa.anglican.ca)*

## PARISH NEWS

## The Gift of Song

St. Matthew's Children's Choir

By Margaret Brady Nankivell

About a dozen children attended St. Matthew's choir camp this year.

Held in late August, the week-long camp introduced children to ensemble singing and bell ringing; under the direction of Kirkland Adsett, the church's Music Director. It also included recreational activities, such as the “Amazing Race Scavenger Hunt,” introductory orienteering activities, and a visit to the Museum of Nature's new Arctic Gallery. The children also made ten teddy bears for refugee children that were blessed at a chapel service.

“My kids really enjoyed your activities,” said Shankha Mala, whose daughter came to the camp. “They learned a lot of new and exciting things like sewing. Thanks so much for the love and care that you showed to the girls.”

St. Matthew's has a long tradition of choral excellence and boasts a women's and men's choir as well as its boys' and girls' choirs. Often these choirs perform together, especially for large concerts, such as the annual Messiah (the year Nov. 17 at 7:30pm, and Nov. 18 at 2pm), and for carol services leading up to Christmas. Last year, the combined choirs sang a delightful selection of Canadian compositions in honour of Canada 150 celebrations, and the children's choir presented *The Kid*, a silent film by Charlie Chaplin.

“I believe the choir is just like a sport,” says Madighan, head chorister in the girls' choir, and a member of a jazz band. “You have a coach, a team, and if you enjoy it, you will not find it hard to add it to a list of activities you may have,” she says. “Our choir master, Kirk, is fair

and understanding of prior commitments and helps the choir balance their schedules. Choir has given me friendships, my love of singing, and a greater understanding of the church.”

Good choral training goes well beyond teaching children to read music. Scientific studies suggest that early music training has profound influence on cognitive development. It has been linked to skills such as learning languages, reading, and mathematics. When St. Matthew's tracked down former choristers for its 50th anniversary of the men and boys' choirs, a pattern emerged; several had achieved great success in music, literature, languages, broadcasting, sciences, the ministry, and law.

Many top singers and musicians – classical and otherwise – first sang in church choirs. Former St. Matthew's boy choristers, for example, include the great international baritone Gerald Finley, acclaimed counter-tenor Daniel Taylor, Grammy Award winning composer Paul Halley, and Seventeen Voyces's founder and composer Kevin Reeves.

Another former chorister is the National Arts Centre cellist, Tim McCoy. “Singing definitely helped my ear and I tell my cello student's to sing,” McCoy said in an interview a few years back. “It is a really beautiful experience and I always felt transformed by Choral Evensong. It enriched me in a musical way that I didn't realize at the time.”

The Ottawa-born Finley said singing in a choir instilled a sense of professionalism, teamwork, and discipline. “I liked the drama of the church services – full of ceremony and orderliness. It was like joining a big club, and we got paid, of course.”

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*Leadership and Congregational Giving*

**The Rev. Canon Dr. Wendy L. Fletcher**

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- Meals, snacks and refreshments are provided.
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For further information please call:

Jane Scanlon, Diocesan Stewardship Development Officer, Diocese of Ottawa  
613-232-7124, ext. 225, or [jane-scanlon@ottawa.anglican.ca](mailto:jane-scanlon@ottawa.anglican.ca)

## Crosstalk Submission Deadlines:

November - September 25  
December - October 20  
January - November 27



ANGLICAN CHURCH WOMEN

# The Love of Christ Calls Us

By Leslie Worden, Diocesan Anglican Church Women

Dear Friends,  
Last June I was privileged to represent you at two national Anglican Church Women (ACW) events; the National ACW Presidents and Coordinators meeting, followed by the National Gathering.

The theme at the National Gathering was "The Love of Christ Calls Us – To Worship, to Learning, and to Service." We were 150 dynamic Anglican women from across Canada, together for four days; 25 of us were Diocesan Presidents, while others were enthusiastic, faithful women, young and old.

I roomed with the Diocesan President of Caledonia, an Aboriginal women whose village is on the ocean, across the inlet from Alaska! She had gotten up at 4am to drive two hours to Terrace, BC; where she would catch a plane to Vancouver, then another plane to Toronto, followed by a taxi to Ancaster; where we met. My roommate was among the many inspirational women that I was privileged to meet. We came together to worship, to share with each other, and to learn from others.

During the four day event, we heard from a 'great cloud of witnesses;' in the form of speakers, presenters, and workshop leaders. We were welcomed by Dean Peter Wall, from the Diocese of Niagara; encouraged by the Primate, Fred Hiltz; and

challenged by Sierra Robinson-Roper.

Sierra is an amazing young woman who attended a UN event this spring, and asked us to follow through on challenging the disturbing trend of human trafficking. We need to be aware, alert, and willing to speak out. Many of us are familiar with the poster seen throughout public transit and college campuses reminding us "See something? Say something." We were encouraged to learn that the Primate is putting together a taskforce against human trafficking, which will probably be in the Journal when the members have some recommendations for us.

As ACW members of each province, we meet together to reflect on:

- *What* the love of Jesus is
- *How* it is present in our lives, our churches
- *Where* it is calling you to next.

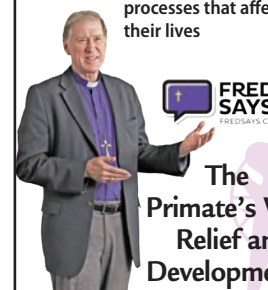
I encourage all of you to try this reflection exercise with each of your groups. Read or sing the hymn "The Love of Jesus Calls Us," by Herbert O'Driscoll (#434 in the blue Common Praise), then use those three questions above to guide your discussion.

"For those who seek his kingdom, Christ opens every door."

*Fell free to share your insights with Marni or myself at [acw@ottawa.anglican.ca](mailto:acw@ottawa.anglican.ca)*

## 5 A's of Food Security

- 1 AVAILABILITY**  
food is available to all people at all times
- 2 ACCESSIBILITY**  
people have economic and physical access to food
- 3 ACCEPTABILITY**  
food is culturally acceptable
- 4 APPROPRIATE**  
nutritious, free from harmful chemicals
- 5 AGENCY**  
people have the ability to influence policies or processes that affect their lives



FRED SAYS

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PARISH NEWS

## A Promising Mission

By Annie MacTavish

"From the beginning, the church has welcomed all comers," wrote the late Janet Lunn, in *A Promising Mission*, her wonderful history of the Church of the Ascension. Janet began the tale with a brief biographical sketch of Rev. Thomas D Phillipps, the church's first curate. An immigrant and teacher of maths who played cricket into his seventies, Rev. Phillipps had enough dash that his portrait was done at the Sparks Street studios of society photographer William Topley. Phillipps launched his promising mission, now Ascension, in 1877, and did not get paid for three years.

The parish is pleased to celebrate the 140th anniversary of its founding with a very special performance by the Ottawa Chamber Players on Saturday, October 21, at 7pm. Part of Ascension's 2017-18 Jazz and Chamber Series, the program includes original works by Brockville composer Howard Alexander and Ottawa's Christine Donkin, as well as Gustave Faure, Mario Castelnuovo-Tedesco, and others.

This special evening is dedicated to Ascension 140, Canada 150+, and to Janet Lunn – parish historian, beloved children's book author, and dear, wise friend – who passed away this summer.

*Celebrate what's important in your life, and let your family cherish all the memories.*



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## REFLECTIONS

# Giving Thanks

**By Rev. Canon Stewart Murray, Incumbent at St. Barnabas, Ottawa**

For many people, October is the one of the most beautiful months in Canada. The leaves on the trees have begun to change into a riot of colours, the air has a refreshing chill, and the local farmers markets are full of the bounty of the fall harvest. Our schedules have returned to a new rhythm of work, school, and activities after the more relaxed days of summer.

One of the highlights for me is the celebration of Harvest Thanksgiving. Other than Christmas, Thanksgiving is the only time in our modern society when we are encouraged to stop and reflect on our lives, and to acknowledge the abundance that we have. Abundance not only in terms of material goods, but in terms of all that makes our lives meaningful and possible; for peace and



PHOTO: LIGHTSTOCK; PRIXEL CREATIVE

security, for love and community, and for opportunities and freedom.

Thanksgiving this year will be celebrated in the shadows of the terrible events of the past few months; the terrorist attacks in Spain, the resurgence of Neo-Nazis and white supremacists in different parts of the world, the ongoing suffering of the people of Iraq and Syria, the specter of nuclear war hanging in the air, the plight of

refugees and migrants risking and often losing their lives on rafts and rickety boats as they seek a better life, and all those impacted by the recent bout of natural disasters.

How can we celebrate when so many of our neighbours at home and around the world are facing such suffering and fear? On reflection, I can only say how can we not celebrate? The greatest antidote to fear, hatred, and despair is to remember

the power of love, beauty, and goodness.

As followers of Jesus, we are thankful for the faith and hope we have in Him. As the words of the General Thanksgiving so powerfully reminds us, "But above all for thine inestimable love in the redemption of the world by our Lord Jesus Christ; for the means of grace and for the hope of Glory" (BCP p.14). In the face of the ugliness of recent events, we must affirm that we are not captives of these events, nor are we defined by them. Our understanding of the world, and of ourselves, is in the revelation of Jesus Christ.

So much of the fear and hatred we see, and at times experience, in our world has at its root the dislocation and isolation of the individual from the wider community and especially from any understanding of the need for the human heart to be in relationship with the living

God.

We all seek and need a deep sense of meaning and purpose for our lives, and often we seek this in ways that can lead to division and loneliness. St. Augustine summarized this dilemma when he wrote in his Confessions, "Though hast made us for thyself, O Lord, and our heart is restless until it finds its rest in thee." The joy of the Gospel that we live in and are called to share is that in Christ, we find the ultimate source of purpose and meaning. Our parish communities are places where we all are valued and accepted, places where together we seek to strengthen people, by God's grace, in the face of loneliness and ugliness in the world, places where continually give thanks to God for all this is good and beautiful in the world, and where we work together to build a better society for all.

## Talk with your Neighbours at the Stewardship Café

presented by the Stewardship Subcommittee

**Saturday, September 30**

**9:30am - 2pm**

**St. Thomas, Ottawa  
(2345 Alta Vista Dr)**

**Registration is Free  
Lunch is Provided**

### The Café will:

- Provide a Stewardship refresher for lay leaders (clergy welcome)
- Provide opportunities for interactive conversation
- Provide opportunities to engage in peer-to-peer sharing, support, and mentoring

### Take Aways:

- Ideas for year-round Stewardship with an annual focus on financial development
- Tools and resources for parish Stewardship ministries

### Outcome:

- Leaders are supported, equipped, and networked for successful Stewardship ministries in their parishes

Register Now:

email [heidi-danson@ottawa.anglican.ca](mailto:heidi-danson@ottawa.anglican.ca)  
or watch for online registration at [ottawa.anglican.ca](http://ottawa.anglican.ca)

# Stepping Stones

**By Brian Hull, Member of Christ Church Ashton**

During the intense period of consultations across the Diocese of Ottawa two years ago, it would be an understatement to suggest that a myriad of ideas came forward in the spirit of moving the Anglican community of the Diocese through a period of intense renewal.

These ideas, organized into broad themes, provided the guidance for what it some the strategic roadmap for the Diocese of Ottawa, "Embracing God's Future: We are ready to go."

As we embark on this journey, it, like every journey, will

pass key milestones and leave iconic landmarks.

To help forward this process, Brian Hull from Christ Church Ashton and Nisbet House Publishing, had undertaken to assemble a significant portion of the ideas brought forward in the initial consultations into a widely shareable publication.

The goal is to distribute ideas that were proposed during those memorable consultations for the inspiration and guidance of others.

Suggestions that might usefully be shared embrace a large range of themes:

- liturgical renewal and creativity

- use of space and other key resources
- enhancement of learning opportunities
- development of lay and vocational leaders

Participants in the original consultations, but others too, are invited to share what they recall or have thought of since.

Please mail suggestions to  
Brian Hull c/o Nisbet House  
Publishing  
PO Box 632, Station B  
Ottawa, K1P 5P7

or email Brian directly  
[terbrinhull@xplornet.com](mailto:terbrinhull@xplornet.com)

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DIOCESAN ARCHIVES

Lanark Deanery

A Temple Tinged with Fire

By Glenn J Lockwood

A postcard of Saint Paul's Church, Lanark taken in the mid-20th century. Anglican worship in Lanark Village dates back to 1819 when the Reverend Michael Harris of Perth began ministering to people here. Lanark was likened to ancient Rome in that it was built on seven hills, so it was appropriate that Saint Paul's Church in 1842 - 175 years ago - was built on land donated by James H. Manahan on one of the village's seven hills.

The design for Saint Paul's Church at Lanark is eerily comparable to the design proposed in 1823 for a stone Church of Scotland to be built in the same village - a plan that still exists in the Upper Canada Sundries at Library and Archives Canada. Like most Neoclassically-designed church, Saint Paul's featured a roof with the same shallow pitch as those on ancient temples, that were assumed to be comparable to the Temple of Solomon in Jerusalem. Invariably, the main entrance, often the only entrance, was at the base of a tower located at the centre of the front gable wall of the



ST. PAUL'S ANGLICAN CHURCH, LANARK, ONT.

house of worship. Essential surviving details of the original design include the tower with its belfry and the round-headed windows. The large

windows originally filled with small panes of clear glass made the interior of this church bright in contrast with the dark interiors of the

log houses that most early parishioners inhabited.

In 1862 Lanark along with Balderson was still an outstation of Perth. The Parish of Lanark was formed the following year and over time included Balderson, Rokeby (from 1867), White's Schoolhouse (briefly in 1867-1868), Brooke (from 1870), Oso (from 1870 to 1880), and Olden (briefly from 1870 to 1873 and again from 1875 to 1878). By 1883, the Parish of Lanark was made up of Lanark, Balderson and the two churches at Innisville. Brooke and Irwin's Schoolhouse rejoined Lanark parish in 1888, White's Schoolhouse briefly in 1891-1892, Fallbrook from 1892, and Maberly from 1899. A new parsonage was built at Lanark by 1899 and renovated in 1906, at which time the village church was enlarged.

From 1900 to 1967, the Parish of Lanark had congregations at Lanark, Balderson, Fallbrook, Irwin's Schoolhouse (until 1904), and Drummond (from 1963). In 1967 the name of the parish changed to Maberly-Lanark. The Lanark parsonage was sold circa 1990. Nowadays Saint Paul's is part of a parish with four stations: with

Lanark and Maberly in the Diocese of Ottawa, and Sharbot Lake and Parham in the Diocese of Ontario.

The Lanark churchyard was used until 1917 when it was closed and land obtained for a new cemetery east of the village. The new burial ground was consecrated on 8 October 1917 by Bishop John Charles Roper. The centennial of the house of worship was celebrated in June 1942. Fire damaged the church in 1945, and while repairs were being made services were held in Zion Congregational Church, located on another of Lanark's seven hills. Fortunately for Saint Paul's, it was not in the line of the great fire that levelled half the village of Lanark in 1959.

If you would like to help the Archives preserve the records of the Diocese, why not become a Friend of the Archives? Your \$20 annual membership brings you three issues of the Newsletter, and you will receive a tax receipt for further donations above that amount.

DIOCESAN ARCHIVES 51 L4 1

STEWARDSHIP

Gratitude is a Spiritual Discipline

By Jane Scanlon, Diocesan Stewardship Development Officer

Although an annual celebration of Thanksgiving is a wonderful thing to enjoy, with family and friends around a table loaded with delicious food, I am finding that my solitary daily practice of gratitude is a powerful discipline and an ongoing focus for giving thanks throughout the year.

Everyday, I do my own version of the Examen. The Daily Examen is a technique of prayerful reflection on the events of the day in order to detect God's presence adapted from a technique described by Ignatius Loyola in his Spiritual Exercises. My version of the Examen begins most days when I get into my car in the morning to drive to work. The first thing I do



STEWARDSHIP  
A way of life

is open myself to be more aware of God's presence. I say thanks to God for being the most constant and loving presence in my life and for everything I have been given.

Then I review, with gratitude, my awareness of God's presence working through me during the previous day as well as looking at those times when I was not aware. And finally, I ask the Holy Spirit to work through me during the day, helping me to see clearly and as much as pos-

sible through compassionate eyes. At night, I thank God and ask for a restful sleep in preparation for the next day.

Through my experience with the Examen, I am discovering that gratitude is a spiritual discipline that I can't live without, and have become more aware that at the heart of it is generosity. God the giver blesses me with gifts for which I am thankful and which I, in turn, can share. By practicing the spiritual discipline of gratitude, all of us can participate in a continuous flow of love from God moving through us to others.

Thanks be to God!

Reflection Questions: What are the blessings you have received recently? How do you see yourself cultivating a discipline of gratitude? How does your perspective change when you view life through the lens of gratitude?

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REFLECTIONS

# Prayer Matters

## Priority of Prayer

By Paul Dumbrille, Anglican Fellowship of Prayer Representative

Christians are called to do their best to bring God into their daily lives. Prayer, in its many forms, is the way we establish and maintain a connection with God. If we are to be the best we can be, and follow Jesus, we need to make prayer a priority in our lives. Personal prayer is central, but prayer in our family, church congregation, and community is also important. This is not done without making prayer a priority in all of these settings.

### Making Personal Prayer a Priority

Letting others pray for us, and not praying ourselves is not an option. Prayer does not just happen at a personal level. We need to take responsibility for our relationship with God. There are



many way of making prayer a priority in our personal lives. Some suggestions might be to set aside a regular time for prayer; join a prayer or mediation group; use a daily devotional publication for reflection and prayer; reach out beyond the normal bounds of family and friends for occasions on which to join others in prayer; and volunteer to lead the Prayers of the People in worship services.

### Making Family Prayer a Priority

If prayer is a priority it should be easy to pray within our families, and yet my experience is that this not as easy as it sounds. Some suggestions for making prayer a priority within the family and to deliberately create opportunities for the family to pray together might be to establish a regular pattern of prayer at times such as meals, when the family is together; bring your family to church with you. If you are a grandparent, be a model for prayer even if the parents don't do so, by saying Grace before a family meal; bringing your grandchildren to church; and if the opportunity arises, tell children the value of prayer in your life.

### Making Prayer a Priority in Your Congregation

In my experience, the most common shortcoming in many congregations and parishes is neglecting to put

prayer at the head of the agenda for parish activities and education, and encouraging prayer in all settings. Lay people often rely on clergy for leadership in encouraging and leading prayer. Why should this be the case? Asking and answering the following questions might be helpful in making prayer a priority in a parish.

- Do all parish meetings and activities include elements of prayer?
- Is there a person on Parish Council, other than the clergy, whose primary responsibility is to provide education and leadership in making prayer a part of all parish activities?
- Does the parish Christian Education program include education about, and encouragement of prayer?
- Does the parish have a Prayer Group which meets

- regularly to pray?
- Is there a Prayer Chain of people responding in prayer for specific situations?
- Are several members of the congregation encourages to lead the Prayers of the People at worship services?

### Making Prayer a Priority in Your Community

Given the diversity in our communities, this is somewhat more difficult than within our own faith groups. However, reaching out to, and joining with other Christian denominations and other faith groups to pray for global peace, reconciliation, and the cessation of war and conflict are good ways to make prayer a priority beyond our own church. Additionally, participating in Outreach activities to help the poor and lonely, are in themselves, acts of prayer.

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## Meeting the Holy

The 2018 Canadian Church Calendar presents images and texts that tell us of the abiding presence of the Holy in the life of the world.

Each image invites us to return to it again and again. And each text invites us to consider the witness of our ancestors.

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**September 28**

**Dean's Annual Michaelmas Dinner:** At Christ Church Cathedral (414 Sparks St). Sparkling wine reception at 6pm. Three-course dinner at 7pm. Catering by Michael Black and NeXT Food. Tickets: \$150  
Info: 613-236-9149  
cathedral@ottawa.anglican.ca  
ottawa.anglican.ca/cathedral

**Harvest Dinner:** At St. Aidan's (934 Hamlet Rd). Two sittings at 5 & 6:15pm. A traditional turkey dinner with all the trimmings, and homemade pies. Tickets: \$20 Adults \$10 Children, free under 6yr  
Info: 613-733-0102  
staidans@bellnet.ca

**Smorgasbord:** From 4:30-1pm at St. James, Perth (12 Harvey St). Feat. roast beef, roast turkey, ham, baked beans, mashed potatoes, a variety of salads, pies, squares, tea & coffee. Tickets: \$15 Adults \$5 Children under 10 Free for children under 3  
Info: 613-267-1301  
stjamesperth@gmail.com  
stjamesperth.ca

**September 29**

**Fish Fry Dinner:** At 5pm at St. Thomas, Ottawa (2345 Alta Vista Sr). Join us for a fish fry dinner and silent auction in support of BAC. Tickets: \$16 Adults \$8 Children  
Info: 613-733-0336

**September 30**

**Stewardship Café:** From 9:30 - 2pm at St. Thomas (2345 Alta Vista Dr). Join the Stewardship Subcommittee for conversations and case studies about Stewardship and bring successes and challenges to the table. Registration is free, refreshments are provided.  
Info: 613-232-7124 x 222  
heidi-danson@ottawa.anglican.ca  
http://bit.ly/2w6jaZv



**October 01**

**Blessing of the Animals:** At 4:30pm at Christ Church Cathedral (414 Sparks St).

Info: 613-236-9149  
cathedral@ottawa.anglican.ca  
ottawa.anglican.ca/cathedral

**Blessing of the Animals:** At 10am at St. Matthew's, Ottawa (217 First Ave). Service w/musical leadership by the children of the choir.  
Info: 613-234-4024  
stmatthewanglicanchurch@bellnet.ca  
stmatthewsottawa.ca

**Choral Evensong:** At 4pm at St. Matthew's, Ottawa (217 First Ave). Presented by the Combined Choirs, reception to follow.  
Info: 613-234-4024  
stmatthewanglicanchurch@bellnet.ca  
stmatthewsottawa.ca

**Evensong:** At 4pm at St. Luke's (760 Somerset St W). Sung by the choir of St. Luke's feat. the music of Tallis Bairstow, Willan, and Rutter. Robert Jones (director), Heather Rice (guest organist), Canon John Bridges (guest preacher)  
Info: 613-235-3416  
office@stlukesottawa.ca  
stlukesottawa.ca

**St. Luke's Recital Series:** At 7:30pm at St. Luke's (760 Somerset St W). Milana Zinik (piano). Accidental Études: Hum and I will play along! An evening of improvisation based on tunes hummed by members of the audience. Admission by donation.  
Info: 613-235-3416  
music@stlukesottawa.ca  
http://bit.ly/2ulsOUK

**October 10**  
**Tuesday Church:** At 7pm at Christ Church Cathedral (414 Sparks St). Sensory-friendly worship for families and individuals w/special needs, and for others who want to enjoy a church service just as they are.  
Info: 613-236-9149  
cathedral@ottawa.anglican.ca  
ottawa.anglican.ca/cathedral

**October 14**  
**Introduction to Centering Prayer with Pilgrim's Way:** From 9:30-3pm at Julian of Norwich (8 Withrow Ave). Ready to go deeper? Come and experience this method of meeting the Divine through silence. Registration: \$35  
Info: 613-728-1242  
coeo.community

**In the Image:** From 9-1pm at St. Barnabas (70 James

St). Artists, both professional and amateur, of all ages are invited to discover our beautiful Byzantine-Romanesque-inspired building; sure to stir your imagination. Bring your own camera and/or materials. Stay for 15 mins or 3 hrs.  
Info: 613-232-6992  
stbarnabasottawa.com

**October 15**  
**Celebrating 175 Years of Ministry:** At 10am at Christ Church, Aylmer (101 Symmes Rd). Join Bishop John and Christ Church, Aylmer as they celebrate the ministry of Christ Church. A special invitation to past parishioners, former clergy, and those married or baptized here. Come help us celebrate Jesus in our midst. Refreshments to follow.

**Choral Evensong:** At 4pm at St. Matthew's, Ottawa (217 First Ave). Presented by the Combined Choirs, reception to follow.  
Info: 613-234-4024  
stmatthewanglicanchurch@bellnet.ca  
stmatthewsottawa.ca

**Freedom Sunday:** A global day of worship, prayer, and action on human trafficking. Faith communities join together to raise awareness of the crime of human trafficking and show the world our compassion for men, women, and children who are trafficked and exploited around the world.  
Info & Worship Resources: [freedomsgivinglobal.org](http://freedomsgivinglobal.org)

**St. Luke's Recital Series:** At 7:30pm at St. Luke's (760 Somerset St W). François Lacelle (classical guitar). Everything old is new again: an evening of neo-romantic guitar music. Admission by donation.  
Info: 613-235-3416  
music@stlukesottawa.ca  
http://bit.ly/2ulsOUK

**Walk for the Centre:** At 2pm at City Hall (110 Laurier Ave). A Walk-a-Thon on support of the Centretown Emergency Food Shelter; presented by the Centretown Churches Social Action Committee. Please register by Oct. 06.  
Info: [elizabethkent38@gmail.com](mailto:elizabethkent38@gmail.com)  
[centretownchurches.org](http://centretownchurches.org)

**October 21**  
**Celebrating 140th Anniversary:** At 7pm at Church of the Ascension (253 Echo

Dr). Part of Ascension's Concert Series, the evening feat. the Ottawa Chamber Players, incl. original works by Brockville composer Howard Alexander and Quebec's David Renaud. All are welcome.  
Info: 613-236-3958  
office@churchoftheascension.ca  
churchoftheascension.ca

**October 25**  
**Murder Mystery:** From 7-8:30pm at St. Barnabas, (70 James St). Blood on the Pulpit: Join with your table mates in questioning the suspects in the murder of Ms. Rempal, Parish Archivist/Librarian general busy body. Together decide who the murderer is while enjoying desserts and refreshments.  
Info: 613-232-6992  
stbarnabasottawa.com

**October 27**  
**Labyrinth Retreat for Helping Professionals:**

From 1-3:30pm at Christ Church Cathedral (414 Sparks St). Theme: Carrying the Weight of the World: the Complexity of Caregiving; Led by Barbara Brown and Elspeth McEwan. This retreat is recommended for Helping Professionals in health care, social services, and ministry. Offered by the Cathedral Labyrinth Guild.  
Info: 613-818-1754  
christine@deaconchrostone.ca

**October 29**  
**Prayer & Praise Ultreya:** At 3pm at Christ Church, Bells Corners (3861 Richmond Rd)

**St. Luke's Recital Series:** At 7:30pm at St. Luke's (760 Somerset St W). Robert Jones (organ). The organist of St. Luke's performs music of Canadian composers incl. works by Deirdre Piper, Sir Ernest MacMillan, Healy Willan, and Denis Bédard. Admission by donation.  
Info: 613-235-3416  
music@stlukesottawa.ca

**Bazaars & Holiday Fairs**

*Is your parish hosting a Bazaar or Holiday Fair?*

*We're compiling a special calendar for Crosstalk and our diocesan website where you can find all the seasonal fairs and bazaars taking place throughout the diocese.*



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*All submissions must be received by*

*October 01, 2017*

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