

Crosstalk

THE ANGLICAN
DIOCESE OF OTTAWA
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January 2021

PHOTO: DOUG MORRIS



On Nov. 22, Bishop Shane Parker installed the Very Rev. Beth Bretzlaff as the new Dean of the Diocese of Ottawa and Rector of Christ Church Cathedral in the company of archdeacons and representative members of the Cathedral parish. Parker blessed a cope given to Bretzlaff by her former parish of St. John the Evangelist in Ottawa. See story and photos, pages 4-5.

It's not too late to get involved with affordable housing projects

BY DAVID HUMPHREYS

The Homelessness and Affordable Housing Working Group plans to celebrate this 125th Anniversary year of the Diocese of Ottawa by redoubling its efforts to engage every parish in learning, action, advocacy and prayer.

Engaging every parish is the second of two goals of the working group, the first—the creation of 125 new affordable housing units—is on track to meet its goal with projects at Christ Church Bells Corners, Julian of Norwich, Ellwood House at St. Thomas the Apostle and Cornerstone's Princeton Avenue home.

The working group is offering outreach to parishes that may feel they don't have the resources to tackle a project and are uncertain how to become active. There are many ways parishes without significant financial resources can participate, Archdeacon of Carleton Kathryn Otley says. She brings the experience of the Christ Church Bells Corners project to the

table. The group is fortunate to have a diversity of expertise and experience in its membership.

Moira Alie is one of 11 members. She is also project coordinator for community engagement at Alliance to End Homelessness Ottawa. She is volunteering to help a parish or an interested group find a way to join the diocese's campaign. And she is willing to make a formal presentation or simply join a discussion and answer questions. She can tailor the discussion for any parish, rural, suburban or inner city and to suit youth, school age children or an adult audience.

"It's not too late for a parish to get involved," she says. There are smaller but important ways to participate such as identifying and helping vulnerable people. Moira can be contacted directly at moira@endhomelessnessottawa.ca.

Later in the year the group hopes to offer a formal workshop, Yes in My Back Yard (YIMBY). The draft framework includes sections on the

causes and roots of the Not in My Back Yard (NIMBY) syndrome; myths that perpetuate it; how to proactively engage the community; working with allies; and being good neighbours.

NIMBY is used to characterize an attitude in opposition to a development – often affordable housing – that is perceived to have negative consequences such a decreased property values in the immediate community.

During the pandemic activity will of necessity be virtual. The virus has slowed but not stopped either the group's work or the several projects already in various phases of development.

Also on the agenda is an inventory of all affordable housing and related projects across the diocese. This goes beyond the campaign for additional units to include, for example, parishes that have leased out buildings to housing tenants that may or may not renew the leases.

► See Housing projects, page 3



Home remedies for COVID-fatigue

Across the diocese, people are finding strategies to break isolation and simple pleasures to brighten dark days.

Read about some of them on pp. 6-7

FROM OUR BISHOP

Listening and learning in the deep winter forest and on our journey through the pandemic

PHOTO: CONTRIBUTED



Grand Lake, Algonquin Park, January 2011

I have spent many hours on snowshoes. When I was a young man, I would travel with friends for several days in the snow-laden forests of Algonquin Park, between stations where the train could drop us off and pick us up, by way of frozen creeks, rivers and lakes—and careful orienteering through the deep woods.

There is something cleansing and centring about living with only what you can carry in a backpack, often in well below freezing temperatures, where carelessness could result in very real danger. How important it was to work together, to watch out for one another, and to pay careful attention to choosing the right direction to take, double-checking compass readings against what we could see before us and on our detailed contour maps. Because we were not following established trails, it was always important to be certain of where we were at any point in time.

Each day would be its own adventure, with variable temperatures and visibility. If the sun was out, contours were easy to see, whether large, like hills and valleys, or small, like half-fro-

zen creeks (which were easy to tumble into). If the day was grey or it was snowing, way-finding was tricky, and it took longer to reach our planned destination.

Those experiences taught me a lot about perseverance. When you have no choice but to keep moving, no matter what the conditions were, you have to adapt and rely on one another to get through.

We all have been learning a lot about adapting and relying on one another during this pandemic. We have been on an unexpected journey that has caused us to pay more attention to where we are and where we are going. God is good, and God is teaching us in these extreme times. Each of us would do well to think about what we are seeing differently now.

While I no longer do snowshoe expeditions in the winter forest, making camp each night and packing up in the morning, I still go out for a long day from time to time, even up in Algonquin Park.

Feeling the depth of nature in a remote winter forest is like an extended time of prayer, where things you have been holding inside can be safely released into God's hands. The winter forest is so much bigger than you, like God is; and it sometimes draws and sometimes pulls the truth of your life from you, like God does, so you can see where you are—and where you ought to go next.

This poem, written a few years ago after a day of snowshoeing alone in Algonquin Park, describes what I am speaking of.

Grand Lake

Coarse snow blows across this frozen lake, and the slowly swirling whisper-roar of trees surrounds me.

Sunlight appears and leaves; and shadows, cast by clouds and heights, blue the crystal surface.

I relinquish myself in all of this, into the embrace of the deep forest.

I let it draw my heart from within me, so I can face its raw and uncovered truths.

I prostrate myself on all of this, upon the sanctuary of the deep forest.

I let it pull my heart from within me, so I must face raw and uncovered truths.

Coarse snow blows across this frozen lake, and the slowly swirling whisper-roar of trees surrounds me.

Sunlight appears and leaves; and shadows, cast by clouds and heights, blue the crystal surface.

PHOTO: ART BABYCH



The Rt. Rev. Shane Parker, Bishop of Ottawa

CLERGY AND STAFF NEWS

Sarah Davis has been appointed Executive Director of Cornerstone Housing for Women, effective Feb. 1, 2021.



The Rev. George Kwari has been appointed Co-ordinator of the Summer Internship Program (for theological students), effective Dec. 1.



The Rev. Colin McFarland has been appointed Incumbent of St. Margaret's Vanier, effective Feb. 1.



Jane Scanlon has been appointed Director of Communications and Stewardship Development, effective Nov. 16, 2020.

The Rev. Stephen Silverthorne has been appointed Clerical Secretary of Synod.



The Rev. Gary van der Meer has been appointed Incumbent of St. John's Elgin Street, effective Feb. 1.

Ground breaking excitement for the Housing Project for Bells Corners

BY LEIGH ANNE WILLIAMS

Officials from all three levels of government and the diocese gathered on Nov. 13 at Christ Church Bells Corners (CCBC) to break ground for the affordable housing project that will be built in the place on the ground where the church's rectory now stands.

"This is a milestone moment in a project that has been the dream for many over a number of years," said the Rev. Canon PJ Hobbs, Director of Community Ministries, welcoming those who had gathered in the church's parking lot for the event on behalf of Bishop Shane Parker and Archdeacon Kathryn Otley, Incumbent of Christ Church Bells Corners, who were also on hand. The new facility will provide affordable housing for up to 57 people in 35 units, "as well as providing space for community services, creating a hub of partnership, service and collaboration on this parish campus," Hobbs added.

Chandra Arya, MP for Nepean, said he was pleased to announce that "the federal government and the Ontario provincial government jointly are providing \$4 million, that includes the federal government component of \$2.72 million and the Ontario government component of \$1.28 million."

Christ Church Bells Corners' parish has launched a \$1.6 million fundraising campaign and has already raised \$400,000.

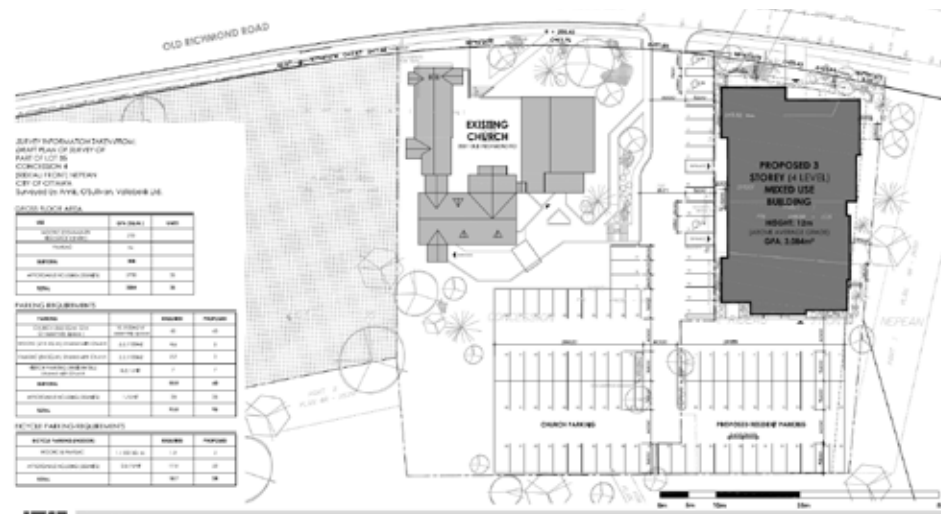
"Along with the affordable housing that will be provided here, on the main floor will be a purpose-built space for the Western Ottawa Community Resource Centre, which has been working out of this house for many, many years, services provided to senior members of our community," Hobbs pointed out. "Joining the WOCRC, will be FAMSAC, a local ecumenical food bank that has been providing emergency food assistance



Churchwarden Peter Hunt joined the Rev. Canon PJ Hobbs (who knows the parish well), Incumbent Archdeacon Kathryn Otley and Bishop Shane Parker for the groundbreaking.



MPP Lisa MacLeod and MP Chandra Arya helped break ground.



The new project will provide housing for up to 57 people in 35 units.

to this community for over 50 years. As you can see, this is truly a community partnership."

Lisa MacLeod, MPP for riding of Nepean, also spoke on behalf of her cabinet colleague, Steven Clark, the Ontario Minister for Municipal Affairs and Housing, and praised the project's multi-modal approach. "I think it's amazing that we are going to see support for FAMSAC, which

we've all supported for many years, here at this facility," she said. "New affordable housing is much needed in our community and I want to thank the Anglican Diocese of Ottawa for their hard work."

Hobbs noted that "the City of Ottawa has played a key role in making this project happen." He thanked Counsellor Rick Chiarelli, "whose early support and championing of

this project was essential to getting it off the ground."

Hobbs also said that the parishioners of CCBC had embraced this project as central to their mission. "The reality of the pandemic is such that only a few of us can gather here today, so I am mindful of the many, many people who are working to make this project happen—volunteers, staff, our political leaders, professional service providers, community members and this list can go on. Their support of this project is inspiring. If this gathering happened in a pre-pandemic world, I can assure you this parking lot would be full. We are thankful to all of those who are working to bring this exciting project to fruition."

Housing projects, from page 1

The working group is chaired by Canon Sue Garvey, retired executive director of Cornerstone, who herself is continually cooperating with other stakeholders and advocating on behalf of the Community Ministries. The group was set up five years ago to implement motions of Synod and the Diocesan Council calling for an approach of learning, advocacy, ac-

tion and prayer concerning homelessness and affordable housing.

Over the last five years the need in the Ottawa area has continued to grow, outstripping even the most ambitious of plans to make more housing available. In addition to the city projects under way, several parishes outside Ottawa have identified affordable housing as a priority and are exploring ways to participate.

Left— Sue Garvey, speaking here at a housing forum at CCBC in 2019, has long been a passionate advocate for affordable housing.





Crosstalk

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Crosstalk acknowledges that we publish on the unceded traditional territory of the Algonquin Anishnaabe Nation.



May we dwell on this land with peace and respect.

Very Reverend Beth Bretzlaff installed as Dean and Rector of Christ Church Cathedral

PHOTOS DOUG MORRIS

BY LEIGH ANNE WILLIAMS

The Very Rev. Beth Bretzlaff was installed as Dean of Ottawa and Rector of Christ Church Cathedral at an evensong service on Nov. 22, with a liturgy celebrating the Reign of Christ.

At the same service, the Ven. Linda Hill was installed as Executive Archdeacon for the Diocese, and the Ven. Peter Crosby and the Ven. Mark Whittall were installed as Archdeacons for Stormont and Ottawa Centre, respectively.

The Rev. Canon Dr. Peter John Hobbs was installed as the Canon of St. Luke and the Rev. Canon Catherine Ascah was installed as the Canon of St. Hilda of Whitby.

“We are grateful as a diocesan church that they have accepted our Bishop’s appointments to serve in these ways,” Archdeacon Pat Johnston said in her sermon. “All of these have been called to particular positions of leadership in our diocesan church. Each is known for special gifts that enrich our common life, but one thing that all of them have in common... is an ability to see in a particular way, to see what time it is and what action should be taken. That insight ranges from knowing it is the right time to embark on a great, big new adventure like a housing project, or a church plant or a major renovation to extending pastoral care to a newcomer, learning new technologies for liturgies in COVID time, leading diocesan communities and ministries.”

Bretzlaff comes to her new ministries with a depth and diversity of experience. Since her ordination, she has served as a curate and priest-assistant at the Cathedral of St. Michael and All Angels in Kelowna, B.C.; as a child, youth and family



On Nov. 22, Bishop Shane Parker installed not only the Very Rev. Beth Bretzlaff (left) as Dean, but the Rev. Dr. Peter John Hobbs as Canon of St. Luke and the Rev. Catherine Ascah as Canon of St. Hilda of Whitby.

educator in the Diocese of Dunedin, New Zealand, as well as working with youth caught in the justice system; chaplain at Ashbury College in Ottawa; and most recently as the Incumbent at St. John the Evangelist in the downtown core.

Johnston said Bretzlaff’s leadership and experience would equip her well to serve as dean and rector. “Your laughter, your insight, your love of the church, and your ability to move communities forward even in tough times like this pandemic we are all facing, are wonderful gifts that you

bring to God’s people in this place.”

She added, “Beth, you have spoken about your coming to this community and sharing ministry from this place as a great adventure. We know you are a person who loves adventure. We pray that your ministry here will truly be an adventure of love.”

Health regulations during the pandemic meant that attendance had to be very limited, but the service was live-streamed and recorded with a link posted on the Cathedral’s website.



Left, Archdeacon Linda Hill (executive archdeacon), Archdeacon Mark Whittall (Ottawa Centre) and Archdeacon Peter Crosby (Stormont). Above, the Cathedral’s superb music found a way into the service, pandemic notwithstanding.



Indigenous Advisor to the Bishop Albert Dumont offers an Algonquin welcome.



Bishop Shane Parker

What does a Dean do?

Following Crosstalk's November article "Welcoming the new Dean," a reader wrote to ask for more information about what the role of the Dean of the Diocese of Ottawa is. Here is Dean Bretzlaff's answer.

One of the things I love about being a priest is the variety of every day, but this position has even more variety, being the dean of the diocese and the rector of the cathedral. It's great fun getting to explore both those parts of my new call. About 25% percent of my ministry is spent in wider diocesan work: being the senior priest of the diocese, working closely with and advising the bishop, functioning as a member of senior staff, acting as vice-chair of Diocesan Council and Synod, and being the chair of the Regional Deans. The cathedral plays a particular role in gathering us together and providing resources to our diocesan church, hosting the wider community, and networking with other cathedral deans nationally and internationally, so being the dean also means being a more public figure.

The Very Rev. Beth Bretzlaff




Archdeacon Pat Johnston



Christ Church Cathedral



Harpist Gordon Johnston



Virtual Walk-a-thon a real success

The Virtual Walk-a-thon for our Centretown Emergency Food Centre on Oct. 4 was an amazing success. We have been blessed. We raised \$34,000. A number of our Anglican churches had virtual Teams and we warmly thank those who supported us. (St. Matthews, St. Barnabas, Church of Ascension). Since Covid-19, the Centre has been unable to receive food donations so the funds will be used to purchase much needed packaged food. Thanks once again!

Elizabeth Kent
Walkathon organizer and St. Matthews representative on Centretown Churches Social Action Committee CCSAC

Ask the funeral experts

"Can we have a funeral, months afterwards?" Absolutely.

It's not too late to say goodbye, together.

If you were denied a funeral gathering due to the self isolation, it can make grieving a loved one even harder. Saying goodbye together is an important part of the grieving process, even months after the loss.


Finally, with changes to restrictions, you can meet safely at any one of our beautiful facilities, with new catering options, and social distancing for many guests.

We'll help you create an inspiring **Time to Remember™** event to celebrate their unique personality and interests, and comfort grieving hearts.

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A Few of My Favourite Things

By Leigh Anne Williams

While news of vaccines on the way are a bright point of hope, it seems we all have some months ahead of coping with a COVID-19 winter. My father, who is 88 and lives alone, is normally busy helping others and socializing with friends in my hometown of Camrose, Alberta. But as the numbers rose and we faced the prospect that we would not be together for Christmas for the first time ever, he told me that he had resolved to call two people a day to help break his own isolation and that of others at the same time.

I thought it might be a good idea to ask people in the diocese about the things — small and simple or bigger and more ambitious — that bring them comfort, peace, joy, inspiration... and to share those thoughts and ideas. And once that brought to mind the song and movie image of Julie Andrews singing to seven children on a stormy night, I couldn't resist the title (or watching that scene on YouTube.) And since it will be some time before this "silver white winter melts into spring," please do write to *Crosstalk* and share your own remedies for COVID fatigue.



Jane Scanlon, an artist, painted this image last summer. "The boat in this painting is sailing off to a mysterious destination—navigating by faith, hope and love. I find this to be very reassuring during this time of uncertainty. God is always with us..."



Marian McGrath
St. Mary Magdalene, Chelsea

I just got back from skiing in the Gatineau Park from P5 on Trail #1 Ridge Road to Kingsmere. I started my ski season on Nov. 23 and today was my 5th day in a row. My goal is to go skiing (cross-country or downhill) 100 times this winter. I call it "snow-cial distancing." I love to ski and the Gatineau Park is such a blessing! Stay safe. Sending you good cheer from Chelsea, Marian McGrath

The Rev. Aigah Attagutsiak
St. Margaret's Vanier

Sewing is something I like to do. I can make anything. You name it, I can make it—slippers, mittens, kamiks, keychains.... That's our culture. Nobody really taught us when we were kids, we just learned by looking at our parents.



The stole the Rev. Aigah wore at the time of her ordination in 2015 was sewn by her mother and sisters.

Jane Waterston
Crosstalk Designer

Small group activity has always been one of the best things about church and other parts of life, and I find it to be wonderfully alive and different during the era of social distancing. Thanks to Zoom.

St. Margaret's Sunday School, which I coordinate, meets for 15-20 minutes on Zoom before the 10 a.m. church service. While only a handful of families participate, I am loving having parents as well as children in the conversation.

Every Monday at 11:30 a.m., I meet up with my four siblings and mother for 40 minutes online. Because interrupting and talking over each other spoils any Zoom session, we are now structuring the thing a bit — we each tell a little story (with a beginning, middle and end) from our daily life. There are way more laughs and insights, the bond is strengthening, and the bonus is we are all getting to be better raconteurs.

My other small groups happen monthly.

The friends I used to go to art galleries with in pre-COVID times

meet up for an hour of Art Thoughts via Zoom. The four of us, from the comfort and security of our homes, visit illustrious galleries (Louvre, New South Wales, Tate, MOMA...) enjoying their digital collections and virtual tours, and sometimes taking lovely deep dives into Google images. Dawna, the artist among us, chooses the subjects and kindly does some advance research. I host the sessions and manage the screensharing. A totally enjoyable way to hang out together — COVID Culture.

And then there is the Cathedral labyrinth guild—meeting on the 22nd of each month for a spiritual, intellectual and social stretch. What a super group that is.

There is nothing like dance and music, however, to bolster spirits when the day is grey and the stats are high. My go-tos on YouTube are:

- *Two step Cowboy boots* (2.39 minutes — I must have watched it 200 times), and
- *Thirteen Strings Respighi's Bergamo-masca* (6 minutes, recorded in November at dear old Dominion-Chalmers. Together for the first time since the pandemic and glad.



In November, all eyes were on works by Cindy Sherman and Alice Neel.



**The Rev. Dr. Peter John Hobbs
Director of Community
Ministries**

The challenges during the pandemic have been very real. Taking care of ourselves at home has been a source of blessing. Long talks, many walks, staying connected with loved ones (lots of Zoom), home prayers, good meals, and lots of projects around the house have helped to lift our spirits.

Left – In September, our daughter Rachel brought home a puppy. Her name is Sage and she too has been a great source of joy.

**Garth Hampson
Christ Church
Cathedral**

For the past 56 years I have performed monthly at the chapel service at St. Vincent's Hospital at the top of the hill near the Cathedral. Last fall, before COVID, I met Dick Clark. He and his wife



Margie had retired to Victoria. While working on his house, he fell off the roof and broke his neck, leaving him totally immobile. They moved back to Ottawa to be nearer family and, of course, he will have to remain in St. Vincent's. Now trained as a caregiver, Margie attends to him from 10 a.m. to 4 p.m. every day. Last Thursday was his birthday, and I just could not let it go by without some sort of celebration, so I told my fellow RCMP veterans (about 600 of them) who in turn told members of the Lutheran church. Letters, cards, emails and stories came in from across Canada. There was even a card from the former commissioner of the RCMP, Phil Murray. There must have been close to 70 messages of good will sent to Dick [from people he didn't even know]. I feel so bad for those who are alone or isolated, and this action lets people know that just the signing of a card to a shut-in can bring great pleasure. One of the larger packages came from Vegreville where I used to police back in the '60s. It will be good when the pandemic is over, and our little group can get back to providing music for chapel services at the hospital. I'm sure the residents will appreciate that.

**Donna Rourke
Youth Internship Program (YIP)
Coordinator**

What brings me comfort and joy during these COVID days are when my young adult kids and their partners come to visit Rick and I. I also enjoy listening to music and podcasts while I walk on my new treadmill and time spent with YIP and Seniors in Conversation participants.



**Lizzy
Alumni and 2020/2021 Mentor**

Lately I've been doing a lot of crafting in my spare time, things like knitting, crocheting, cross-stitching, and digital art. To try and make this holiday a bit extra special, I also decided to send out homemade Christmas cards for the first time. And of course, I've been playing my favourite video games online with my friends too!



**Emily
Intern PWRDF**

What is keeping my spirits up in this pandemic that has started to feel endless is the daily walk with my mom. It has almost become a pilgrimage we make around the neighborhood, watching the seasons change and meeting neighbours doing yard work or walking their dogs. Some days it feels like all we have to do! Getting outside and active is super important to me.

**Naomi
Intern for St Albans**

To keep my spirit during this time, I've been participating in a Christian Zoom hang every Saturday. I recently discovered that I enjoy Youtube dance workouts. They've helped me stay active and happy.



Steven and Jefferson meet up.

**Steven Heiter
2020 Supervisor/Mentor**

To cope with COVID I am engaging in several of my favourite hobbies, which includes silversmithing and lapidary, painting, drawing, playing live music with friends in my "bubble," birdwatching and watching U.S. College football on television. I'm a warden at Epiphany Parish, and an active and involved member of the YIP program.

**Jefferson
Intern for Epiphany**

I have been getting involved in physical activities in order to cope with the COVID-19 pandemic. I am working out as much as possible and going to football training. I also play video games and watch Youtube videos when I am not busy with school work.

**Maritsa
Intern for St John the Baptist
Richmond**

To stay focused and motivated, I start my day by listening, which energizes me. I usually spend 4-6 hours doing school work, and in between I take breaks to watch Netflix. Usually, before or after dinner, I do some readings. Sometimes I catch up on the news. I'm currently reading *The History of Medicine* which is exactly what the title implies. On my reading list, I have *A Thousand Splendid Suns* and *The Kite Runner* by Khaled Hosseini, which from what I heard are amazing books to read. Being a YIP intern during the pandemic gives me the chance to meet virtually with the other interns and engage in virtual activities. I also dedicate 2-3 hours a week to texting and face timing friends because we all need to socialize.

PARISH NEWS

Creativity flourishes in quilting project now exhibited in the Parish of Huntley

PHOTO CONTRIBUTED

At the start of Advent in November 2019, a small group of ladies started meeting for a couple of hours one afternoon per week. One of these ladies was Gillian Mattock, who is the project coordinator of Sharing Wisdom, Lives, and Hearts Across the Ages in Rural West Carleton.

Gillian set aside part of a grant from Service Canada's New Horizons for Seniors programme, to pay for many of the materials that would be needed for a community project designed to bring people together in our area. Madonna Oliver of The Paisley Quilt Shop, at 112 John Cavanaugh Drive, Carp, provided the workspace and expertise to teach the ladies new techniques. The other local ladies are Lois Thompson, Eleanor Johnson, Lise Friesen, and Robin Morash.

Working from a sketch Gillian had made, the ladies put their heads together to design and create—all by hand, five stunningly beautiful quilted panels. Each panel is about 27 x 78 inches, so quite large indeed.

The four symbolic words of Advent inspired the panels together with the four seasons in the Ottawa valley, and with Faith at the centre. The forested Carp Ridge can be seen in the background of each panel, and the Carp River runs in the foreground across the whole design. Each panel bears a beautifully embroidered meaningful name-plate at its base—Joy, Love, Peace, Hope, and Faith.

When Ottawa was locked down in the middle of March 2020, each of the ladies took their work home, and sent many messages and e-mails to each other, only meeting, one at a time with Madonna Oliver, distantly outside The Quilt Shop to discuss the next steps needed to continue work



Lise Friesen, Lois Thompson, Gillian Mattock, Eleanor Johnson, and Madonna Oliver celebrate the completion of their project in Huntley Parish Hall.

on the panels. Then on July 9, we were able to resume meeting inside, suitably masked, sanitized & disinfected, but still maintaining a reasonable distance from each other. Each of the ladies said how it was so good to get together again, to see smiling eyes, if not whole faces. It was also good to see each of the panels progress from the original sketches and evolve into these beautiful creations which are designed to inspire anyone who looks at them. And they do.

Originally the quilted panels were going to travel around the area to be displayed in different church halls & community centres, however, with the current COVID restrictions, they will



be displayed in the Parish of Huntley Hall, at St. James Anglican Church, 3774 Carp Road, in the village.

There was such a sense of celebration when the panels were first hung by Roger Richardson on Nov. 28, before the first Sunday of Advent. The

Rev. Baxter Park and his wife his wife Nancy, and all the ladies were there, and everyone was moved by the beautiful images now hanging on the previously bare, austere walls of the parish hall. The beauty and meaning of each panel is breathtaking, and Rev. Baxter said, "The photographs do not do them justice. They have to be seen to appreciate them fully."

Gillian Mattock, the project coordinator of Sharing Wisdom, Lives & Hearts Across the Ages, said this was one of the last of six activities in the programme. Because she knew nothing about quilt-making or sewing beforehand, she didn't know how it would evolve. "Actually, this whole activity has been such a success, and it's fulfilled all of the criteria specified by the terms of the grant. In fact, it has gone beyond all expectations."

The ladies have become good friends over this past year. Although the Sharing Wisdom project is over, they intend to continue to inspire each other & work

together to design and create more beautiful creations. — Gillian Mattock

You can reach Gillian at artym6083@gmail.com to find out more.

It's not just what your legacy will be. It's where.

Contact us today, for your no-obligation appointment.

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STEWARDSHIP

Today 4 Tomorrow gives hope!

Today 4 Tomorrow (T4T) partners with four day programs, five shelters for women, counselling support services, refugee services, and outreach ministries such as the Youth Internship Program and All My Relations to build a community of hope. Each year, T4T raises between \$250,000 and \$300,000 to support these programs and ministries in the work they do to serve our community's most vulnerable people, to provide encouragement for youth between the ages of 17 and 21, and to further healing and reconciliation initiatives in the Diocese of Ottawa.

During 2020, many generous people supported Today 4 Tomorrow both financially and through volunteer efforts. All of the Community Ministries and the people they serve as well as the participants in the Youth Internship Program, the Refugee Program and All My Relations are grateful to our generous and loyal donors. Thank you for making a difference in people's lives!



Jane Scanlon
Director of
Communications
and Stewardship

Plans for T4T 2021 are underway, and more information will be published in *Crosstalk* when the appeal is launched during Lent and Easter. In the spring, our annual fundraising event and silent auction will be advertised to take place early in the fall. If you would like to support the T4T partners now, please visit www.today4tomorrow.ca to make a donation, and if you would like to volunteer, please call Jane Scanlon, Director of Communications and Stewardship Development at 613-232-7124, ext. 225.

Thank you, in advance, for contributing to building a community of hope!



Workshop offers seniors financial planning information

By Leigh Anne Williams

Financial planning can be a daunting or overwhelming task at any age. On Nov. 27, the Diocese partnered with a Lutheran charitable foundation and the Canadian Foundation for Economic Education (CFEE) to offer a helpful online workshop "Managing Your Money in Canada: A Financial Literacy Workshop for Seniors."

Kevin Maynard, VP and COO of CFEE, guided those who attended through a broad range of topics that offered many useful starting points and resources for people at different stages of life and financial planning. While the presentation included lots of facts and figures, such as the average amount the Canada Pension Plan provides retirees and a chart showing the differences in the amount paid by CPP depending on the age of the person when they begin to draw on it, Maynard made the discussion a personal and relatable one. He shared insights from his own experience losing a partner at a young age and helping his parents with financial planning and end-of-life issues.

A quick survey showed that almost two-thirds of those who signed on to attend the workshop were 70 years old or older, but others were in their

50s and 60s. Another survey question revealed that participants' concerns included worries about not having enough retirement income or outliving their savings, increasing expenses, and not having a legacy to leave to loved ones or valued groups such as churches.

The workshop included information on sources of retirement income, budgeting, planning for changing financial and health conditions, making wills, designating executors and power of attorney, and estate planning. Throughout, Maynard reminded participants to focus on what was important to them as individuals, looking for ways to match their goals and values to their spending and planning.

Steve Gobel, a certified financial planner with IG Wealth Management, was also available to answer more specific financial questions from participants. Kathryn Smith, a giving advisor with the Lutheran foundation ELFEC and Jane Scanlon, director of communications and stewardship development with the Anglican Diocese of Ottawa, were also online to answer questions about planned giving and legacy gifts.

More workshops are planned for 2021.

BISHOP'S GALA

38th Annual and 1st Virtual

Save the Date!
THURSDAY, MAY 27, 2021

Check your February *Crosstalk* to find out who the three outreach causes are that will benefit from this event and to learn how to purchase your ticket.

Journeying as Allies

Now meeting online

October 25, 2020
Those Who Run in the Sky
by Aviaq Johnston

January 10, 2021
The Reason You Walk
by Wab Kinew

March 7, 2021
Crow Winter
by Karen McBride

May 30, 2021
From the Ashes
by Jesse Thistle



Join us to read and discuss books by Indigenous authors. All welcome!

Meeting times are 2pm-4pm. Join our mailing list to receive connection information in advance of the book discussions.

Contact All My Relations: allmyrelations@ottawa.anglican.ca

LETTERS

PHOTO CONTRIBUTED



Bishop John and Catherine Chapman enjoying his retirement.

I've given up waiting!

Like many of you, I keep hoping that next month may be different and finally I might have the opportunity to see the “face of the diocese” and thank you, personally for so much. However, COVID-19 is so persistent and relentless! So now, the best I can do is make use of our award-winning and beautifully edited *Crosstalk* as the medium to speak with the people of the diocese. An efficient method for sure, but sadly, less intimate.

May I begin by wishing you all a very Merry Christmas. At time of reading, I expect that we are in the middle of the Christmas and Epiphany season marking in our spiritual journey the presence of the living God in our lives. Advent, Christmas and Epiphany were and are, without doubt, my most favourite times to preach; seasons of deep challenge, comfort, hopefulness and promise. The seasons in which we hear The Story of God. From the caustic, challenging, confrontational and yet hopeful call of the Baptist; to the gentle intimacy of the Christ-Child coming to us, then and now, in the midst of violence, instability and fear; yet who by His very presence, as prophesied by the prophets, offers us peace and purity of Spirit. In Epiphany, this Word is shared with the world. We are all called to the river – the river of justice, compassion, love and forbearance.

May I thank you for the time you listened to my preaching and teaching. For sharing with me some of my dreams for the Church. For being patient with me as I tried my very best to hear and respond to your dreams for our Church and our Diocese. For our struggle to be faithful to the ministry God called us to exercise together.

May I thank you for your prayers for me and for Catherine, in sickness and in health. Sunday after Sunday, I would hear from the person leading

the prayers of the people, “... and for our bishop, John.” It always moved me and humbled me. I often thought that that was more attention than what any person deserved so, thank you.

May I thank you for your warm welcome that you extended to Catherine and to me after a lengthy 30-plus-year absence from the diocese. Catherine and I are so grateful for your welcome and your warm hospitality throughout my thirteen-year episcopacy.

While I did my very best, and I pray that I made you proud, we are all human and I know very well my mistakes and blunders. Thank you for your patience and your understanding and forgiveness.

Finally, may I thank you for your most generous farewell gift – more than anyone deserves.

Catherine and I cannot wait for the day when community life resumes in a more intimate way, so that we may see you all again. But in the meantime, please know that the people of the diocese, clergy, diocesan staff and Bishop Shane and Katherine remain in our prayers daily!

God speed, Merry Christmas and may God bless you.

Yours in Christ
† John

I just loved this morning's devotional reading from “Purposeful Faith”, by Kelly Dalarie. It reminded me of what exactly I get from reading *The Anglican Journal* and *Crosstalk*: Awareness, encouragement and motivation to pursue and share my Faith, according to His will.

Sandra Schappert
Member of St. James
Anglican Church,
Parish of Mississippi

REFLECTION

Remember that we do not walk alone

By the Rev. Canon Stewart Murray

In the ending of the old year and the beginning of the New Year we are bombarded with endless lists of the top 10 movies, music, fashion trends etc. and the prognostications of the latest experts on what to expect in the coming year. For many the coming of the New Year is a light-hearted event with little thought given to the year that is past or what the future might bring.

The beginning of a New Year for me, is a time of mixed feelings. As a New Year begins, it is both a time of reflection on the old year that has drawn to a close, with all its joys and sorrows and looking to the days that have yet to unfold. In reflecting on the events of the past year in the world in which we live, it is all too easy to see only the troubles and sorrows, the rise of senseless destruction and disregard for human life. To see only the injustice and poverty of the human spirit and imagination.

In our own personal life we can be tempted to remember only our short comings and feeling of our inadequacies when we encounter the trouble and injustice of our world. I wonder if all the top 10 lists make us feel that some how we should have done more, and we ask ourselves what mark, what difference did I make in the past year?

Looking forward can also be a very uncomfortable experience. Fears about the future of our family, our health and the environment, employment and a myriad of other worries can quickly fill our thoughts. I often think about what kind of world are we leaving to our precious children and grandchildren? Will they have the same quality of life that I so often take for granted?

But we cannot let the loud voices of our fears and worries drown out the joyous songs of the angels and the celebration of Christmas and the Epiphany that we have just celebrated. In the midst of the seeming chaos of our world and at times own personal lives, we remember and affirm the message of Christmas – God with us. The Incarnation, where in the living God took flesh and was born in a stable to share the joys, sorrows, doubts and questions



Canon Stewart Murray is Incumbent at St. Barnabas, Ottawa

of being alive in the 21st century. For me the truth of the Incarnation becomes the focus of my way of seeing and understanding the world. When I stop and remember that my life has been redeemed and that I am a son of the living God by Christ's death and resurrection a member of the Body of Christ, a sense of peace comes into my life. I realize that the temporary chaos around and within me will not overwhelm me, but that Jesus Christ has me and all who I love in His hands.

Being a Christian does not mean that the brokenness of the world will not touch my life, or the lives of those I love, but rather in the midst of the world I walk with and in Christ. In a sense the turmoil in the world does not define me or you, but it is our membership in the Body of Christ that is the ultimate truth and reality. Just as the parable from the Gospel of Matthew 7:24-27 about building our house on the sand or the rock, our faith in Jesus is a sure rock on which to build our lives and that faith will withstand all the chaos and turmoil that we will surely meet. That is why sharing week by week in our Parish Eucharist is so important, it is a constant reminder that we walk not alone but in the great company of disciples on earth and in heaven and that we are nourished and sustained by the grace, mercy and love of God which will never fail. This new year, bring your fears, your hopes and worries to Him and allow the living God in our midst bring the gift of the peace of God which passeth all understanding.

DIOCESAN ARCHIVES

By Glenn J Lockwood

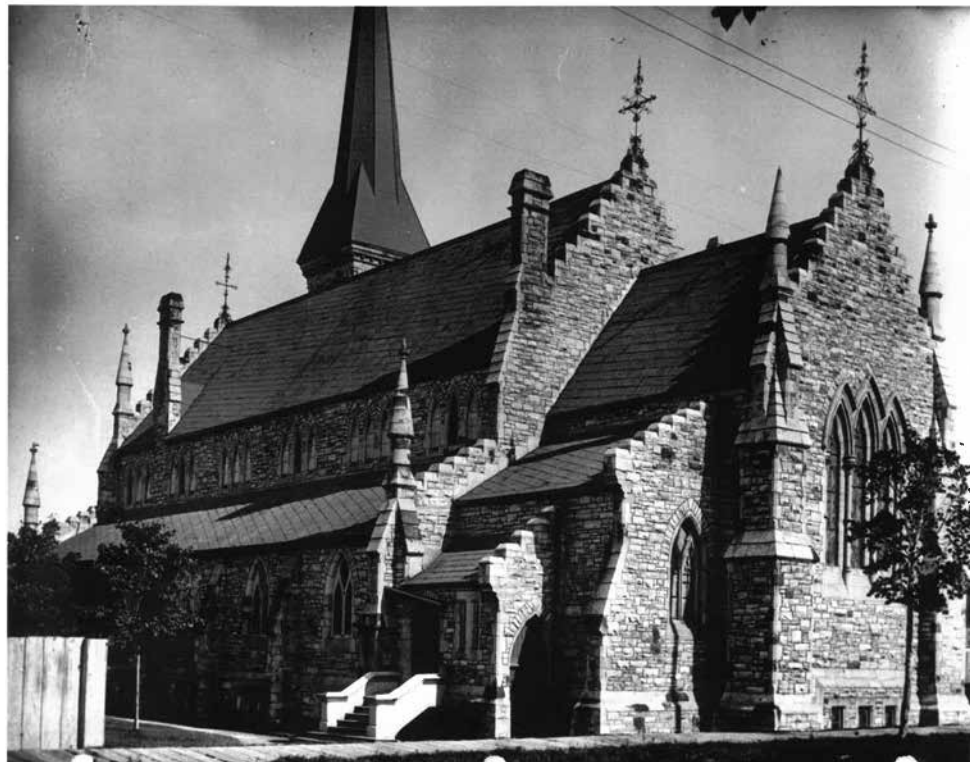
Steps Up the Gables

We see here Christ Church Cathedral, Ottawa, as photographed from the southwest by William James Topley in 1899. So inferior was the design reputation of Anglican churches in Ottawa in the Confederation generation that the oldest parish in the city commissioned King Arnoldi in 1872 to design this much larger, robust High Victorian Gothic Revival church to replace the Regency Gothic structure originally put up 40 years earlier.

The embarrassment of Christ Church parishioners with their small outmoded house of worship was evident in their instructions to Arnoldi to design a structure “harmonizing with the improvements taking place in the architecture of the city”—an obvious allusion to the high Victorian Gothic Revival design of the parliament buildings.

It was no secret that Bishop Lewis from 1871 sought to create a new diocese based at Ottawa out of the eastern and northern half of the Diocese of Ontario. What Christ Church parishioners were about in building a large new church was to ensure their church would be made a cathedral. The city’s oldest parish was determined not to allow that honour to go either to Saint Alban’s in Sandy Hill or to encourage through its own inaction Lewis’s original plan of building

Cathedral Deanery



DIOCESAN ARCHIVES 51 013 52

a national cathedral at the corner of Sussex and George Streets in Lower Town.

The new enlarged Christ Church featured a soaring tower and spire, with the eaves on the tower roof imitating fourteenth century English Gothic architecture so faithfully as to reproduce the three-petal ballflowers in the cornice as an allusion to the Trinity.

The ballflowers were matched inside by the flowers and ferns carved into the capitals of the slender marble columns holding up the stone clerestory walls we see here. Those columns in themselves were an engineering marvel copied from those in the House of Commons on Parliament Hill, with the emphasis on the capitals making punning allusion to the ambition of parishioners to

make Christ Church into a cathedral worthy of the capital. The stone clerestory walls contrasted with comparable walls constructed less durably of metal and tile on Notre Dame Basilica, Saint Patrick’s Roman Catholic and Saint Andrew’s Presbyterian churches.

The rock-faced stone, the large buttresses, the stone finials, iron crosses atop gables, and the use of step-gables gave Christ Church a definite presence in the late Victorian capital, helping to ensure it became a cathedral when the Diocese of Ottawa was created in 1896.

Lauder Hall had not yet been envisioned. When Lauder Hall was put up in 1902, it served both as a Sunday School for the cathedral, as well as for hosting meetings of the annual synod. The steps shown in the foreground led up into the original sacristy of the 1872 church, with a comparable size space across the width of the chancel serving as a choir vestry.

The only failure in realizing Arnoldi’s plan was to build the chancel one quarter the size he proposed—a failure leading to a much larger chancel needing to be constructed in 1932.

If you would like to help the Archives preserve the records of the Diocese and its parishes, why not become a Friend of the Archives? Your \$20 membership brings you three issues of the lively, informative Newsletter, and you will receive a tax receipt for further donations above that amount.

Hospital ministries carry on

By The Rev. Deacon Steve Zytveld

The provincial lockdown which began in March has curtailed in-person visits with patients at the Ottawa Hospital (TOH), which means that both campuses are off-limits for our team of Spiritual Care volunteers for health and safety reasons.

Much of our needful work, such as in-chapel worship and bedside Eucharist, has been suspended at both the Civic and General campuses, but one ministry is alive and active—that of our On-Call Clergy.

While our Diocese’s team of nine clergy cannot visit in person, they can and do visit by Skype, Zoom, or whatever the nursing staff have on their smart phones. When a patient is very ill and/or dying, the nursing staff is willing to set up a phone call or an online meeting for clergy and the patient. A phone call request from patient or family to the Spiritual Care Department at either the Civic or General campus is all that is needed to arrange this ministry of presence and prayer.

Please let your family and friends know that there are clergy available



Steve Zytveld

at TOH to help you or a loved one connect to God.

Life goes on at TOH as patients receive life-saving treatment from the hospital’s skilled team of doctors, nurses, surgeons, and other caregivers. And our Anglican Diocese of Ottawa is there for all of them.

While it shall still be some time before TOH is open for the rest of our ministries, we are already seeking new volunteers to bring prayer and caring presence to all who need us.

The Rev. Deacon Steve Zytveld is the Coordinator of Anglican Ministries at the Ottawa Hospital. Contact him at eszytveld@yahoo.ca

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ANGLICAN CHURCH WOMEN

Dear friends,

These long months of dealing with COVID-19 have been a brand-new experience for all of us. Easter, summer holidays, Thanksgiving and now Christmas have come and gone and each time, we were hoping we would be back to normal. The isolation, distancing, wearing of masks and washing of hands, have forced all of us to adapt. These things have become part of the “new normal” we are incorporating into our lives!

The “new normal” for all of us in the parishes we have yet to experience! I know that many groups still have bale materials ready for packing from last April and May. We are praying that perhaps by this coming spring we will be able to pack our bales for our friends in the North. So, with the January sales upon us, feel free to check out the bargains and keep up with the news from Leslie and me!!! (We will surely know by January if we can go ahead.)

At the executive level, our financial arrangements have also changed. As you will remember, the Diocesan Executive was formally disbanded at the annual meeting in 2017. Consequently, Anglican Church Women of the Diocese of Ottawa is no longer considered a registered charity. In order for people in your group to receive tax receipts for donations, they would have to go through your parish treasurer. As a result, our bank account has been closed and the monies transferred to the Consoli-

dated Trust Fund of the Diocese. It is still ACW money, and our designated officers, currently Marni and Leslie, can deposit it and access it through the Synod office, so we can continue to send bales to the North.

Many of you will remember that our long-time bales co-ordinator, Evelyn Presley, sadly died in the spring of 2018. Evelyn loved this work, being in touch with the clergy and the people in the North, preparing the list of needed goods and planning for our bale packing days. In her will, Evelyn had left the Diocesan ACW a wonderful gift of almost \$15,000. We have decided to honour Evelyn’s legacy by using it for the people and ministries in the Diocese of the Arctic. In discussions with the three bishops of the Arctic, it was decided that these monies would be sent directly to their Discretionary Fund, to be used as needed. Perhaps as a bursary for the ATTS training school, perhaps as funding northern travel, perhaps as emergency food and lodging for overcrowded families during this pandemic, we know God will honour Evelyn’s gift of love.

As we close this note, Leslie and I want you all to know that we are committed to supporting each group, and we will keep you up to date with any news. Don’t forget to send the contact name and email for your group to acw@ottawa.anglican.ca

Marni Crossley - crossley_72@sympatico.ca ; 613-234-5833

Leslie Worden - lesworden.on@gmail.com ; 613-747-2197

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