

Crosstalk

THE ANGLICAN
DIOCESE OF OTTAWA
Section of the
Anglican Journal
October 2021

PHOTO DOMINO CREATIVE



Diocesan day programs expand services in response to pandemic needs

BY DAVID HUMPHREYS

If you walk into St. Albans or St Luke's church anytime on weekdays you may find people who are homeless taking a nap.

The combined community ministry day programs – Centre 454, St Luke's Table and The Well – have added sleeping cots in the churches as part of their expanded support to meet increasing need during the pandemic.

The cots are in regular daily use, executive director Rachel Robinson says, as part of a knock-on effect caused by a rise in evictions from rental housing and job losses. They were already standard equipment at The Well.

About 200 people are living on Ottawa streets now compared to 150 before the pandemic. Some cot users are reluctant to go into shelters, some trying to sleep outdoors welcome the opportunity to rest.

The impact is being seen most in the demand for food. The programs registered a 50 per cent increase in production during the summer. In September, the programs served more than 400 meals daily, 200 at St. Luke's Table, 120 at Centre 454 and 90 at The Well. Hot meal service at Centre 454, located at St Albans, is new since the pandemic. The totals include breakfast and lunch.

St Luke's Table and Centre 454 have been open seven days a week, and St Luke's Table has stayed open until 9 p.m. Monday to Friday. Since renovations at St Luke's were completed last winter, showers and laundry facilities have been in constant use.

Increased service requires more staff, now numbering 40, up from 30 last winter. "We are recruiting on an ongoing basis," Robinson says. But qualified candidates with the skills to deal with complex issues are hard to find. A staff shortage recently forced

a temporary closure of the cots at St. Luke's. The pandemic struck home during the summer, once when a staff member and again when two participants tested positive. St. Luke's Table and Centre 454 were forced to close for five days while isolation and testing protocols were carried out.

Overall, the programs have responded successfully. All staff got vaccinated as soon as possible. But "unfortunately we serve a high rate of unvaccinated people," Robinson says. Three pop-up clinics were organized in cooperation with Ottawa health services and there may be more as concern over the Delta variant — "the big unknown" — continues. The prospect of a return to physical distancing, for example, would have major repercussions for all three programs.

Expanded services and staff mean expanded costs. The programs have kept going with Social Services Relief Funding, federal support through the

Photo — Donna is featured in a new video about the diocesan community ministries created by Domino Creative, to be shown at the Building a Community of Hope fundraiser on Oct. 21. When she spoke with Domino, she said she had been coming to The Well for two weeks. "I find the meals are good, and the comfort and the staff are wonderful. I've been making new friends. It's good to get out of the house.... It's the best place to come," she said.

City of Ottawa, but private donations are critical for the programs to maintain their high level of service. The Diocese is holding an important annual fundraising event — Building a Community of Hope Virtual Tour, Fundraiser and Silent Auction — on Oct. 21. (See story p. 5 and brochure insert in this issue of *Crosstalk* and www.todayfortomorrow.ca/)

FROM OUR BISHOP

Reconciliation is not a spectator sport

In 2015, the Truth and Reconciliation Commission of Canada called upon the federal government, in collaboration with Indigenous Peoples, “to establish, as a statutory holiday, a National Day for Truth and Reconciliation to honour Survivors, their families, and communities, and ensure that public commemoration of the history and legacy of residential schools remains a vital component of the reconciliation process.”

In late 2020, the federal government responded to this call and designated Sept. 30 as National Truth and Reconciliation Day—to be marked for the first time in 2021. This is an important and worthwhile development, but we must not think that reconciliation is a one day a year project.

On June 26, 2021, at her installation as the first Indigenous Governor General of Canada, Her Excellency Mary Simon said, “My view is that reconciliation is a way of life and requires work every day. Reconciliation is getting to know one another.”



PHOTO: BRIGITTE GAGNE

Bishop Shane and Albert Dumont walking together in Chelsea, Que.

Soon after, in an interview in *Maclean's*, Murray Sinclair (former chair of the TRC) said, “My colleague Marie Wilson, one of the TRC commissioners, was always fond of saying that reconciliation is not a spectator sport. You have to do something. So, many people took that to heart and are doing something. Whatever it is, whether it’s wearing a shirt or talking to their kids or sending money to a good Indigenous cause. They’re doing something and those things are good. But those

who have more power have more responsibility. So that means that everybody has to convince them to use their power wisely, to use their privilege wisely, to be more open to recognizing the impact that they can have.”

The Anglican Church of Canada has been doing something and has been walking the way of reconciliation for many decades—a journey that saw us repent and apologize in 1993 for our complicity in the Residential School system;

and in 2019 offer a second apology for the spiritual harm we inflicted upon the Indigenous Peoples of Canada. In the September 2021 issue of *Crosstalk*, David Humphreys wrote an article that chronicles our Church’s extensive commitment to reconciliation.

Reconciliation is about working to create or restore relationships between people and God. It is also about creating or restoring constructive, peaceful, life-giving, and just relationships between people. In many ways, reconciliation is at the heart of the Gospel of Jesus.

Stanley Hauerwas, a theologian and ethicist, says “reconciliation is when my enemy tells me my story and I am able to say, yes that is my story.” When we hold one another’s stories, when we hear our story told by those we are estranged from—and when we can tell the story of those who are estranged from us—the relationship will change. Reconciliation is transformative.

Reconciliation between Indigenous Peoples and non-indigenous people is very much about getting to know one another and learning how to walk together in a new way, based on justice, truth, peace, and mutual respect. Reconciliation is definitely not a spectator sport.

If you are a non-indigenous person, take time to get to know about the Indigenous Peoples of Canada, the Indian Act, and the Truth and Reconciliation Commission. Listen to podcasts, read novels by Indigenous authors, attend educational or cultural events, and learn more about contemporary Indigenous culture. Make friends. Walk on a new path and see where it leads.

PHOTO: ART BABYCH



The Rt. Rev. Shane Parker, Bishop of Ottawa

Ottawa Pastoral Counselling Centre



Individual and Couples,
Marriage and Family
Personal Crisis
Grief and Bereavement
Stress and Depression

(613) 235 2516
209 – 211 Bronson Ave
Ottawa, Ontario K1R 6H5

Some fees are covered by insurance.
Call for information on fees and services.

www.ottawapastoralcounsellingcentre.ca

The Anglican Church caring for the Community



PHOTO: ARCHDEACON CHRIS DUNN

Make a Smart Investment, choose Pollard

Pollard offers great windows and doors of exceptional value. With over 70 years of Canadian manufacturing, you can trust Pollard for expert advice and professional installation.



Get a quote, call Dan Gladstone: 613-979-9327
POLLARDWINDOWS.COM



CLERGY NEWS



The Right Reverend John Chapman, retired Bishop of Ottawa, has been appointed by Saint Paul University as the Interim Director of Anglican Studies and Associate Professor of Theology.

Centre 105 helps people living in tents

PHOTO FRANCIS RACINE, CORNWALL STANDARD-FREEHOLDER

By David Humphreys

The staff at Centre 105 in Cornwall have played a major role in sustaining a group of people who were homeless through the summer and raising public awareness of their plight.

A group of about 12 people began living in tents on the bank of the St Lawrence River, visiting Centre 105 and other food agencies and fishing for food.

A young couple told Centre 105 program coordinator Taylor Seguin they had been evicted, they had exhausted all other options and were going to sleep outdoors. “The landlord told us we were a month behind on our rent, so here we are.”

Soon the “camp” on the river was a story in the Cornwall Standard-Freeholder and the rise in homelessness gained traction in the City of Cornwall as well as at neighbouring Akwesasne reserve. The homelessness problem applies to both communities.

Centre 105 staff contacted the paper and used social media to ask for help, Seguin says. “We asked for camping supplies, blankets, tents, pillows, clothing, food items...

Because keeping a phone charged was a challenge, we bought portable chargers for everyone at the camp.”

Seguin says that appeals for help have always been successful. This one resulted in a surplus so Centre 105 had extra supplies on hand.



Tina Lazore was among those living in tents on the St. Lawrence River at Cornwall this summer. Centre 105 helped out, but there is a need for a shelter in the community.

Because the summer was rainy, sleeping bags and blankets were continuously wet, and Centre 105’s laundry facilities came to the rescue.

The demand for Centre 105’s meals has doubled since the pandemic – from 50 a day to about 100. “The need is there – you can really see it,” Seguin says. Increased costs have been met through Social Services Relief Funding from the City of Cornwall.

One of the main problems, he says,

is the lack of a homeless shelter or any formal plan to follow when dealing with an individual with no place to sleep.

Seguin knows that some of men coming to the centre sleep four or five to a motel room. “It’s not right but unfortunately it’s the way it’s been.”

A solution is in sight with news that the Mohawk Council of Akwesasne (MCA) is working on a homeless shelter in space rented from the former Cornwall General Hospital.

MCA Grand Chief Abram Benedict told Cornwall city council: “We are hoping in the very near future we will have a service provided to all homeless people, regardless of where they are from, Akwesasne or not, because that is what we do as elected leadership, we try to find solutions that we have in both of our communities.”

Centre 105 is a Community Ministry of the Anglican Diocese of Ottawa.

Diocesan Synod 2021 to gather online

By Diocese of Ottawa Staff

Diocesan Synod 2021 will take place on Oct. 30, but due to health and safety precautions during the pandemic, it will be held as an online gathering. And like the 2020 Synod, it will be a much shorter business only session, except that there will be a keynote speaker this year.

Instead of the usual Great Chapter meetings, there will be two pre-Synod information sessions hosted on Zoom. The first, on Oct. 12 from 7 p.m. to 8:30 p.m. will focus on proposed amendments to the Canons and Bylaws relating to the appointment of associate incumbents in parishes and to episcopal elections. The second session will be on Oct. 18 from 7 p.m. to 8:30 p.m. There will be time to continue discussions of the Canon and Bylaw changes if needed and followed by a presentation of the diocesan financial reports. All Synod Members will receive the Zoom links by email before these meetings.

The Synod circular will be pub-



The keynote speaker will be the Rev. Canon Dr. John Gibaut, president of Thorneloe University.

lished in October. It includes reports on all aspects of Diocesan life, the draft Synod agenda, practical information on how Synod “works,” notices of motion and material on issues to be addressed at the meeting. The circular and financial statements will only be made available online,

and organizers ask Synod Members to read all the material in the circular carefully because it will not be repeated during plenary time.

The keynote speaker will be the Rev. Canon Dr. John Gibaut, president of Thorneloe University. Gibaut, a priest in the Diocese of Ottawa, held senior executive leadership positions within the World Council of Churches in Geneva, Switzerland and the Anglican Communion Office in London, England before returning to Canada to head Thorneloe University. He is well known in ecumenical circles, having been a member of the Anglican-Roman Catholic Dialogue of Canada, the Faith and Witness Commission of the Canadian Council of Churches, the International Commission for Anglican-Orthodox Theological Dialogue, and the Inter-Anglican Standing Commission on Ecumenical Relations.

Synod members can check for updates and information at: <https://www.ottawa.anglican.ca/Synod>



**Online or on-site,
ministry
continues**

Church of the Ascension
continues to worship God,
work for justice,
grow in understanding,
and be community.

Be with us on Zoom,
Sundays at 10am.

Learn more at
churchoftheascension.ca
or [facebook.com/
ascensionottawa](https://facebook.com/ascensionottawa)

ASCENSION



Crosstalk

A publication of the Anglican Diocese of Ottawa

www.ottawa.anglican.ca

**The Rt. Rev. Shane Parker,
Bishop of Ottawa
Publisher**

**Leigh Anne Williams
Editor**

**Jane Waterston
Production**

Crosstalk is published 10 times a year (September to June) and mailed as a section of the *Anglican Journal*. It is printed and mailed by Webnews Printing Inc., North York.

Crosstalk is a member of the Canadian Church Press and the Anglican Editors Association.

Subscriptions

For new or changed subscriptions, please contact your parish administrator or visit: www.anglicanjournal.com

Suggested annual donation: \$25

Advertising

Crosstalk welcomes advertising from parishes, agencies and enterprises wanting to support our mission and reach our readers. Publication does not imply endorsement by the Diocese of Ottawa or any of its principals, and Crosstalk reserves the right to decline advertisements.

Advertising enquiries should be directed to: crosstalk.ads@gmail.com

Submit a story or letter

Editorial enquiries and letters to the editor should be directed to:

crosstalk@ottawa.anglican.ca

Leigh Anne Williams

Crosstalk

71 Bronson Ave.

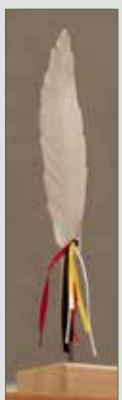
Ottawa, Ontario K1R 6G6

613 232-7124

Next deadline: October 1, 2021 for the November 2021 edition

Crosstalk acknowledges that we publish on the unceded traditional territory of the Algonquin Anishnaabe Nation.

May we dwell on this land with peace and respect.



Praying, and singing, in the shade of a beloved oak tree

Parishioners at Julian of Norwich have always cherished the heritage oak tree on the church property. The Rev. Monique Stone told *Crosstalk* that they estimate the tree is about 150 years old.

In August, the parish held outdoor services under the green canopy of its branches, and Rev. Stone told *Crosstalk* that they planned to

continue worshipping under the tree until the first week of October and might even do some winter services there as well.

She sent this photo of a new stole set the church recently commissioned. It is based on the theology of Julian of Norwich and it includes an image of the oak tree.

—with notes from *The Rev. Monique Stone*

Right — Julian of Norwich church's new stole set, designed by Karen Brodie



YIP intern receives Lutheran service award from Eastern Synod

By Jennifer Omoike
YIP intern for *Crosstalk*

Emily Walker, the PWRDF intern in the 2020-2021 diocesan Youth Internship Program, recently received the Eastern Synod Leadership Award for Exemplary Service to the Wider Community from Bishop Michael Pryse of the Evangelical Lutheran Church in Canada (ELCIC).

Emily is an enthusiastic person who believes one must love their neighbour as themselves. That belief motivates her to be very involved in the community, and it was that devotion to service that the ELCIC recognized with the award in June.

When not going to university, working as a lifeguard or participat-

PHOTO CONTRIBUTED



Emily Walker and her award for service to the wider community.

ing as an intern with the Anglican Youth Internship Program, Emily is a volunteer coordinator at St Philips Lutheran Church in Etobicoke, Ont.

St. Philips is focused on addressing food insecurity in its community. The church has been delivering fresh produce to 100 families during the pandemic. Emily has a vision of a community built through justice, stories, connections and joy. She would love to create a space in the community for people to laugh, share their life stories and advice. She would love a world where people are treated equally as God treats all of us equally with his love. Her award from the ELCIC came with a \$500 gift, which Emily contributed back to the neighbourhood table at St. Philips.

Cornerstone's virtual Purple Tie Gala returns October 2

PHOTO ASHLEY FRASER, POST MEDIA

On Oct. 2, Cornerstone Housing for Women will host its third annual Purple Tie Gala fundraiser, which will be broadcast virtually again this year.

The gala is Cornerstone's most important fundraiser of the year. Tickets for last year's event, which was the first virtual gala, sold out and the event raised \$73,000 to help Cornerstone cope with increasing expenses related to the pandemic, housing and program supports.

"It was incredible to see the community come together to raise money for vulnerable women in Ottawa, amid the most challenging year," says Sarah Davis, Cornerstone's executive director. "This past year has been like no other. Women needing shelter more than doubled, we had to move our shelter twice throughout this pandemic, and there was increased feelings of isolation and mental health challenges for women. We know hope, healing and more

Cornerstone's executive director Sarah Davis shows her flair for purple style.



housing options are possible with your support."

Organizers encourage people to gather their friends and family together to watch the one-hour show on Rogers TV (Channel 22, 7 p.m.) or streamed on Cornerstone's Facebook page, and to glam it up.

"Purple dresses, purple ties, purple hair, anything goes, says gala co-host Joseph Cull.

Missing the Punchline? **Hearing Loss is no joke.**

GREAT WATERWAY HEARING
We Deliver Great Hearing

Mobile Service Available
Call for a FREE assessment and trial
613 704 2532

51 King St. E Suite 201 Brockville

Raising funds for all community ministries in the diocese

PHOTOS DOMINO CREATIVE

By Leigh Anne Williams

On Oct. 21, Anglicans and caring people in the broader community will have an opportunity to help support and change the lives of many vulnerable people throughout the diocese by participating in the second annual Building a Community of Hope virtual fundraiser.

What began officially in 2017 as a Breakfast of Hope event, supporting five community ministries in the diocese, evolved in response to the pandemic into an online event supporting seven agencies in 2020. It will continue as an online event and silent auction this year.

Switching to an online event did not harm the fundraising effort and may have helped it. The 2020 event raised \$79,000, significantly more than previous in-person breakfast and silent auction events held at Christ Church Cathedral in Ottawa, which were limited to 150 attendees. Last year's success was boosted by very strong and creative social media communications, which reached 1,000 people who were not part of the Anglican church but were interested in the community ministries' work.

Online or in-person, Jane Scanlon, diocesan director of communications and stewardship, says the event offers an important chance to raise awareness about the work of these ministries.

Cornerstone Housing for Women, which provides emergency and long-term housing for women [now an independent non-profit that began as an Anglican ministry and still receives funding from the Anglican Diocese of Ottawa.]

Ottawa Pastoral Counselling Centre, which provides counselling on a fee basis but also has a Counselling Support Fund for those in need who lack financial resources to access mental health care.

The Day Programs — St. Luke's Table, The Well and Centre 454



Some participants at *The Well*, a day program located in the lower hall at St. John the Evangelist church in Centretown Ottawa. Counselling support is available at all diocesan day programs.



a week and helps provide for other basic needs (see story p. 3)

"Taken all together, this is not a small thing," Scanlon told *Crosstalk*. "This is a serious piece of work that is being done in our community to serve vulnerable people. Building a Community of Hope is about raising the profile of these ministries, both within our church throughout our diocese and beyond."

She added, "I am really thrilled that we have so many voices endorsing what we are doing." Ottawa Mayor Jim Watson; Councillor Catherine McKenney; author, coach and broadcaster

Kathie Donovan, and Bruce Nichol, president of Tartan Homes, will all be part of the event.

Attendees will see a video that highlights the work of all of the ministries created by Ottawa-based Domino Creative, which Scanlon noted had very generously produced the video for a fee far below its normal rates.

Although the video focuses on people who are vulnerable in various

ways, Scanlon said it is infused with hope. "You can see it in people's faces," she said. "You can see throughout the video how uplifted they are because of being able to connect with all of these agencies who do so much to assist people, give them a helping hand, get them connected with housing, get them connected with social services that they need or medical support or making sure they have nutritious meals or a place to go for things that we take for granted like taking a shower or getting their laundry done or even access to hygiene supplies like soap and toothpaste. These ministries deserve so much credit for the ways that they adjusted and changed and grew throughout the pandemic." Scanlon noted that there is a forward-looking focus on the changes that need to be continued into the future, post-pandemic.

The video also highlights that 2021 is the 125th anniversary of the founding of the Anglican Diocese of Ottawa "It's special for our 125th year because part of it is also going to address the work that has been done to reach our goal of 125 affordable housing units," Scanlon said.

This issue of *Crosstalk* includes a brochure insert with more details about Building a Community of Hope. <https://www.today4tomorrow.ca/DONATE/Donate-T4T.html>

provide for basic needs but also offer support to people who need to access health care and social services as well as a place to enjoy fellowship and connection.

Two more agencies have been added to the fold — **the Refugee Ministry**, which has helped settle hundreds of refugees in Canada, and **Centre 105** in Cornwall, Ont., which provides breakfast three days



Given how busy our lives can be, it is important to record and organize the relevant information, share memories and make your final wishes known to your loved ones.

The **Beechwood Personal Memory Book** can help you have the conversations that are needed and ensure that everyone can be aware of what your wishes are ahead of time.

We encourage you to fill out the **Beechwood Personal Memory Book** with your loved ones, your family and your friends.

280 Beechwood avenue - 613-741-9530 - www.beechwoodottawa.ca
Owned by the Beechwood Cemetery Foundation
and operated by the Beechwood Cemetery Company



BEECHWOOD
Funeral, Cemetery and Cremation Services
Services funéraires, cimetière et crémation

PWRDF OTTAWA

PWRDF Refugee Network moves heaven and earth

By Suzanne Rumsey
PWRDF Public Engagement
Program Coordinator

Where and what is your heaven *on* earth? Likely, it would involve a place, a place you call home, a place of family and community, work and leisure, a place made up of the things that define *who* you are. Imagine for a moment that you have become a refugee, defined by loss of place, of home, community and possibly even family. You have been forced to flee and are now faced with the daunting task of moving heaven *and* earth to find safety, shelter, a new place to call home.

In its 2020 report, The United Nations High Commission for Refugees (UNHCR) indicated that “Despite COVID-related movement restrictions and pleas from the international community for a [global] ceasefire that would facilitate the COVID-19 response, displacement continued to occur – and to grow. As a result, above one per cent of the world’s population – or 1 in 95 people – is now forcibly displaced. This compares with 1 in 159 in 2010.”

Despite the growing numbers of those seeking asylum, the UNCHR also reported that “only 34,400 refugees were resettled to third countries in 2020... This compares to 107,800



PHOTO ARINDAM BANERJEE, SHUTTERSTOCK

refugee (noun) ... a person who has been forced to leave their country in order to escape war, persecution, or natural disaster {Oxford English Dictionary} ... someone who is unable or unwilling to return to their country of origin owing to a well-founded fear of being persecuted for reasons of race, religion, nationality, membership of a particular social group, or political opinion (1951 UN Refugee Convention)

Afghanistan Evacuation Air Traffic Control, August 16, 2021:
“Okay, how many people do you think are on your jet?... 800 people on your jet? Holy f---, holy cow.”

the year before and marks a dramatic 60 per cent decline – at a time when 1.4 million refugees are estimated to be in need of resettlement.”

In mid-August, 640 Afghans crowded onto a U.S. Air Force CF-18

in a desperate attempt to find safety in another country. It was five times the plane’s passenger capacity. The image flooding news broadcasts and social media feeds was a searing definition of moving heaven and earth.

Here in Canada, there is a small group of Anglicans who, in less dramatic but no less committed ways, go about the work of moving heaven and earth to bring to Canada those who have lost their heaven on earth. They are the Refugee Coordinators for the 15 dioceses that hold Private Sponsorship Agreements with the federal government’s Immigration, Refugees and Citizenship Canada ministry. Some of them are lay people, others ordained, some are paid, others are volunteers. PWRDF provides modest networking and advocacy support to this group known as the PWRDF Refugee Network. Since COVID-19 hit, the group has gathered regularly on Zoom to check-in, offer mutual support and mentoring and to strategize.

In the Diocese of Ottawa, Ishita Ghose and Safiyah Rochelle are the Refugee Coordinators. Since 2015, parishes and families have welcomed 697 refugees to the diocese, none in 2021.

When representatives of the Refugee Network gathered in July to discuss what key messages they would like to share with Anglicans in Canada, they talked about the enormous global need for refugee sponsorship;

a need they are confronted with on a daily basis in the form of appeals for asylum. As Jane Townshend of the Diocese of Huron noted, “During COVID, three or four parishes in my diocese have come forward to say they would like to consider sponsoring a refugee family. I have a waiting list of 300 refugee cases looking for a sponsor.”

The refugee coordinators also spoke about the complexity of the needs of those seeking asylum. No two cases are alike. This is compounded by a labyrinthine and painfully slow sponsorship process. “What is discouraging is the three-year wait that can be soul-destroying for family members and individuals overseas,” said Tony Davis, Diocese of B.C. Refugee Coordinator.

Yet this moving heaven and earth, of welcoming the stranger, can be transformative for refugees and sponsors alike. “It is an opportunity to encounter ‘the other,’” explained the Rev. Scott McLeod, who coordinates refugee sponsorship in the Diocese of Niagara. The professional, cultural and other gifts that refugees bring to Canada, the group noted, are beyond measure. “Resilience,” said Townshend, “is a key word when it comes to refugees.”

At the same time, they are keenly aware that some refugees arrive in Canada deeply traumatized and in need of large measures of compassion and practical support. This can make for some very challenging sponsorships, said McLeod. “But that does not negate the legitimacy of the refugee sponsorship program which is legitimate in and of itself.”

Indeed, long before the United Nations defined who is a refugee, Jesus’ Judgement of the Nations spelled out clearly what our response needs to be to those who have moved heaven and earth to begin anew in Canada:

“Come, you that are blessed by my Father, inherit the kingdom prepared for you from the foundation of the world; for I was hungry and you gave me food, I was thirsty and you gave me something to drink, I was a stranger and you welcomed me, I was naked and you gave me clothing, I was sick and you took care of me, I was in prison and you visited me... Truly I tell you, just as you did it to one of the least of these who are members of my family, you did it to me.” (Matthew 25: 34b-36, 40)

To learn more about refugee sponsorship in your diocese, please contact Ishita at ishita-ghose@ottawa.anglican.ca and Safiya at safiya-rochelle@ottawa.anglican.ca.



COORDINATOR OF CHILDREN AND YOUTH MINISTRIES

Reporting to the Rector, the Children and Youth Ministries Coordinator oversees and builds the Sunday School, nurturing relationships with families and connecting with youth; working 7 hours per week to direct and lead the Sunday School in person and online.

The full position description is available on the home page of St. Matthew’s website: stmatthewsottawa.ca and under “What’s New” / “Positions Available” on the website.

Please apply to The Reverend Geoffrey Chapman at revgeoffchapman@stmatthewsottawa.ca or at 217 First Ave., Ottawa, ON K1S 2G5 not later than Friday, October 15, 2021.

ST. MATTHEW’S The Anglican Church in the Glebe

Inspire Hope in Your Community



Today 4 Tomorrow @ delivering hope in our communities!

JOIN OUR VIRTUAL TOUR OF THE COMMUNITY MINISTRIES

Help deliver hope in our communities by participating in **"Building a Community of Hope"** our 2nd virtual fundraiser and silent auction. Together, in 2020, we raised \$79,000 to help five social service agencies serve people struggling with poverty and mental health issues. This year we are expanding our reach to support seven agencies: Centre 105, Centre 454, Cornerstone Housing for Women, Ottawa Pastoral Counselling Centre, Refugee Ministry, St Luke's Table and The Well.

You are invited to join The Right Reverend Shane Parker, Community Ministries staff and participants, community leaders, and volunteers for a virtual tour of the seven social service agencies.

- Experience the positive changes they have made throughout the pandemic to serve the most at-risk people in our communities.
- Connect with them to hear about how they will deliver services as they transition into a post-pandemic world.

Can you imagine having to wash your clothes by hand because you can't afford to go to a laundromat? Recently, new laundry facilities were installed at one of our locations. Now, thanks to the support of the community, our program participants are enjoying the clean, machine-washed clothing they are wearing. A small change can provide hope and make a big difference in people's lives!

All of our agencies will continue to deliver hope and meaningful practical support. The demand has continued to increase, and there are more people to serve. Building a community of hope, together, during this time of transition is more important than ever before!

WWW.TODAYFORTOMORROW.CA

Charitable Registration Number: 108084658 RR0030

Hold the date for the Building a Community of Hope Virtual Tour, Fundraiser, and Silent Auction for the Community Ministries.

**October 21st, 2021
12:30 pm – 1:15 pm**

Here's how you can support our Community Ministries to make the post-pandemic transition with the people they serve.

- Register for the Building a Community of Hope Tour, Fundraiser, and Silent auction
- Make a monthly or one-time donation at www.todayfortomorrow.ca/make-a-gift.
- Look for the brochure inserted in October *Crosstalk*

Please register at this link, www.todayfortomorrow.ca/ to receive more information about the event, silent auction and how you can help.



Roper House restored and re-opened

By Leigh Anne Williams

After two years of working in office space in the basement and upper floor of Christ Church Cathedral, staff were able to move back into the Diocesan Synod offices in the newly renovated J.C. Roper House during the summer.

The former mansion at 71 Bronson Ave., named after the second bishop of Ottawa John Charles Roper, has been home to the diocesan offices since the 1950s, but the late Victorian heritage building built in 1893 was in need of major repair and restoration. The roof began to develop leaks. Sloping floors suggested structural problems. In the winter, Jane Scanlon, director of Stewardship and Communications, said her third-floor office was so cold she had to sit almost directly over a small space heater.

Conventional wisdom predicted that it would be too expensive to restore the building, adding essentials such as an elevator to make all four floors accessible; the Diocese would do better to cut its losses and move to a modern building.

An article by archivist Glenn J Lockwood in the May 2021 Friends of the Anglican Diocese of Ottawa Archives newsletter captures some of the history of Roper House and tells the story of how it came to be saved and restored to its place and function serving the people of the Diocese:

“One factor that led to the restoration of 71 Bronson was the accessibility compromise and the funding surprise uncovered by the Real Estate Working Group of the Diocese as it pondered what to do. The funding surprise was that it actually would be less expensive to restore 71 Bronson Avenue than to find alternate quarters for the Diocese, provided that the main floor of the building where most meetings would take place could be made fully accessible. Accessibility for the main floor without disrupting the heritage look of the exterior could be accomplished by placing an access ramp under cover of a restored, rebuilt wrap-around verandah leading to the front door.

“This led to the contract for refurbishing, restoring and rebuilding 71 Bronson being given to Barry Padolsky Associates Inc., a firm with distinguished credentials in the field of heritage restoration...”

The work required was extensive — a new roof, windows, ventilation system, electrical system and plumbing. The basement was sealed to create useable stor-

The Tilton Room, named after Roberta Tilton, founder of the ACW in Canada, will be an attractive space for meetings.

Above— A sigh of relief was heard around the diocese when the Heidis (Heidi Pizzuto, left, and Heidi Fawcett, right) set up shop again after two years in temporary and home offices.



The main floor of J.C. Roper House is now accessible thanks to a ramp on the verandah.



Essential structural repairs provided the Diocese with functional, comfortable work and meeting space and saved an architectural and historical gem.



age space. New accessible washrooms and a small utility kitchen were added. Wood floors were refinished. A meeting room was created on the main floor from what was previously a mail room and washroom. The meeting room has been named the *Akikodjivan* Room (phonetically A-kee-ko-gee-wan) which means ‘fast moving waters’, referring to the rapids known as Chaudiere Falls.

On the exterior of the building, the fire escape was fixed, the access ramp was added under the verandah, and the stone and brick were repointed.

Barry Padolsky Associates was hired to make the building safe, energy

efficient and to restore its beauty in keeping with its history.

Sanjay Grover, director of financial ministry for the Diocese, described the work as “a major renovation for the purpose of good stewardship of this building, making it safe, energy efficient, and bringing it up to code, ensuring it will last for generations.”

The cost of these substantial repairs and renovation will be covered by revenues from the successful development of Cathedral Hill and will not affect Parish Fair Share costs.

With special thanks to the Friends of the Anglican Diocese of Ottawa Newsletter and Executive Archdeacon Linda Hill

Construction begins on second phase of Cathedral Hill development

By Leigh Anne Williams

Approaching Christ Church Cathedral over the summer and this fall, it is impossible not to notice that big changes are afoot. The second phase of the Cathedral Hill development has begun with a huge excavation on the east side of the Cathedral where a multi-million dollar 18-storey seniors' residence will be constructed.

Gwen Lévesque took over as chair of the Cathedral Hill Foundation (CHF) in June 2020 following the retirement of long-time chair Barbara Gagné. In an interview with *Crosstalk*, Lévesque said the developer, Reichmann Senior Housing, had hoped to begin construction sooner, but like so many other things, it was delayed by the pandemic. "On the city side you have the requirement to get many permits and various other legal things completed, it dragged on, so ultimately once we got into 2021, a conditional permit was issued, but at least the work got started," she said.

The anticipated completion date is sometime during the year 2024. "But of course, no matter what the construction project is, that all depends on the availability of materials and contractors," Lévesque cautioned. "As you probably know, because of COVID, things have been backed up and...materials can be in shorter supply than usual because distribution has been disrupted significantly. So, 2024 is the time frame they are expecting but that could change."

Although people in the Cathedral parish and diocese may miss the parking lot and perhaps also the way the property used to be, the land leases and development provide compensations and benefits for Christ Church Cathedral and the Diocese, as equal partners in the Cathedral Hill Foundation. The development provides a guaranteed revenue

stream.

The first phase of the development, the condominium tower on the west side of the Cathedral completed in 2015, included for the Cathedral the replacement of the Hall, the retrofit of the crypt, and for the Diocese the replacement of the Archives and repairs to JC Roper House. Payment for the first phase was taken as lump sum (with replacement and retrofits/repairs paid from the lump sum). The balance of the lump sum was invested in the Consolidated Trust Fund (CTF) and dividend income received annually (50/50 to Christ Church Cathedral and Diocese).

Lévesque explained that the second phase development is again a land lease with the Cathedral Hill Foundation...but rather than a lump sum payment, it is for an annual rent. The Foundation will allocate money from the rent to the Cathedral and Diocese as the two equal partners.

She noted that the annual rent won't be paid until the construction is finished and the City of Ottawa provides an occupancy permit. Prior to that, however, there is an annual amount of \$30,000 being paid during the construction to replace lost parking revenues, which is allocated to the Cathedral.

Once the seniors' residence is complete, some underground parking will be designated for the Cathedral:

- 10 spaces on an exclusive use basis 24/7 plus 15 spaces on an exclusive use basis on weekday evenings (6 p.m. – 6 a.m.) weekdays and 24 hours a day on weekends and holidays. Five (5) additional spaces for special events with notice
- There was also a lump sum payment as compensation for additional parking spaces sought, negotiated; under the terms of the lease payment anticipated in 2022.

PHOTO LEIGH ANNE WILLIAMS



Leading roles

Introducing Gwen Lévesque

Gwen Lévesque, chair of the Cathedral Hill Foundation since June 2020, is a chartered professional accountant who was regional director with the Canada Revenue Agency (Northern Ontario region). Her work with CRA helped prepare her for her role with the Cathedral Hill Foundation as she had "responsibility for lot of property and dealt with a lot of property matters," she told *Crosstalk*. And then there's her many volunteer roles serving the church. "I am retired but



I am the treasurer at St. Thomas the Apostle parish on Alta Vista, and I have quite a lot of experience on Diocese committees such as the Property and Finance Committee, the Budget Committee, and I am currently the chair of the Fair Share Review sub-committee. And then I got talked into being chair of CHF by Bishop John [Chapman]. It's a busy retirement," she acknowledged."

What keeps her going?

"A project of this nature, which provides positive income to both members – the Cathedral and the Diocese – is a gratifying thing to work on," she said. "There are always issues that arise when you are doing anything of this type, but we have a good board in place, and we work through them."

Thanking Barbara Gagné

Before she retired last year, Barbara Gagné chaired the Cathedral Hill Foundation for almost 15 years. She negotiated the land leases for both phases of the development. Her hard work and dedication helped make this project a reality.



Gagné negotiated the land leases for both phases of the development.

Elizabeth Taylor, the secretary of the foundation board, said, "What comes to my mind is her expertise in negotiations that came from her work with NavCan that she was then able apply to negotiations that she did on behalf of the foundation.... I know that Gagné worked very, very hard, and we certainly benefitted from her experience, particularly around legal issues and labour negotiations issues. She was able to stand her ground and negotiate fulsomely on our behalf."

In his remarks at the final board meeting that Barbara chaired, the bishop expressed thanks and noted her "intelligence, leadership, tenacity, humour, strength and spirit of solidarity."

Also at that meeting, Gagné said: "The vision to be good stewards of these lands and to strategize how we could contribute toward the long-term financial stability of the Cathedral and Diocese drew me to the project. The sense of team and partnership with all the talented people who served on CHF, as well as our two developers, nourished me for my nearly 15 year association. It is never work when you do something you passionately believe in."

REFLECTION

Silver linings

BY THE REV. LAURETTE GLASGOW

Later, you will say to yourself, “I will always remember where I was when...” There are some moments in your life that are absolutely pivotal, where nothing is ever the same again. Some are like lightning bolts – sudden and shocking. Others simmer, gathering momentum and then boil over. Either way, your life is changed.

We had boarded the Queen Mary II a few days earlier. A 42-day journey would take us from Sydney, Australia to Southampton, UK, traversing vast oceans and seas while taking in the flora, fauna, and fine wines of southern Australia, the exotic lands of Mauritius and La Reunion, and the wilds of the African deserts and savannahs. It was, as the saying goes, a “trip of a lifetime.” Until that moment...

An urgent plea via email from our daughter in Ottawa implored us to come home. Five days into our epic journey, we heeded her call – and that of the Canadian government. Was it a coincidence that it was Friday the 13th of March 2020? COVID had arrived.

In that moment, everything changed. We isolated, we masked, we distanced. Lunchtime featured broadcasts with updates on caseloads,

deaths, and where we were on a curve that never seemed to flatten. Reminiscent of those optimists who thought that the First World War would be “over by Christmas,” we too held onto that hope. But we had not counted on second and third waves, not to mention variants. But there was light at the end of the tunnel: vaccination trials were promising and soon, our anxiety shifted to “when will I get my job?”

For many, this long and seemingly interminable pandemic has taken its toll – physically, emotionally, spiritually, economically, and socially. Social scientists will have much to say for years to come about the impacts of what we are experiencing. And we can only begin to imagine their longer-term impacts for our children and our grandchildren.

As we approach Thanksgiving 2021, a year and a half into this “new normal,” what are the silver linings from this pandemic for which we can give thanks? Recalling my Spiritual Director’s wise words from years past, the silver linings of such events lie in what we are meant to learn from them.

So, what have we learned?

This pandemic has shed new light on the social and economic disparities not only within our societies, but throughout the world. While non-discriminatory in who it assails, the COVID virus nevertheless

has affected the marginalized and the more vulnerable amongst us disproportionately. As for vaccine availability, we in the “western” world were more fortunate than those in poorer developing countries. Surely, this should give us pause. What does this say about our commitment to the Christian principles of justice and righteousness? Are we not called to share our abundance with others?

We have also learned just how interdependent we are, especially in a globalized world. Isn’t it ironic that at a time when we are called to isolate socially, our need for each other is greater than ever? Surely, this highlights the importance of those who are critical to our very survival – those in the service sectors, many of whom earn minimum wage and who place themselves at risk in order to ensure that we have food, health care, and doorstep deliveries of whatever we have ordered on-line! Are we not all thankful for their service and increasingly mindful of their value to our well-being? Will we remember their value when “things go back to normal”?

Necessity proved yet again to be the mother of invention. Faced with lockdowns, how were we to work, play, connect at a human level, and worship? Over the last 18 months, a proliferation of communications technology has responded through ZOOM meetings, YouTube

broadcasts, and Facetime visits. What a gift for which to be thankful! And yet, there are downsides.

Perhaps one of the greatest “losses” we have experienced is the loss of human contact and a sense of community. Being aware of this is something which we need to incorporate in our way forward as we emerge from this time of social isolation. Do we not yearn to be in community? Do we not yearn for the table of hospitality where we celebrate our communion?

At the same time, we have also been given the precious gift of time, time that has afforded us an opportunity for self-discovery and to be still and welcome God’s presence in our daily lives. Our balcony became a sacred place of quiet reflection for me each day.

There are so many other “learnings,” these silver linings for which we give thanks in what we hope may be the “end of COVID times.” The challenge that lies before us, however, is to remember them and to incorporate them in the “new normal” to which we aspire. Life has changed and so must we!

A former Canadian diplomat, Canon Glasgow, who served for several years as the Anglican Church’s Government Relations Advisor, continues her ministry as Honorary Assistant at St. Bartholomew’s Church.

STEWARDSHIP

Online silent auction tips for your parish

By Jane Scanlon

Typically the time for parish fundraisers is in the fall and winter: bake sales, harvest suppers, Christmas dinners, and so on. However, the pandemic has sidelined in-person fundraisers and events. Your parish could consider running a virtual silent auction as an alternative. Virtual silent auctions are very effective and will be even more attractive at this time of the year when people begin to think about Christmas. Auctions are a great way to bring in revenue and build community.

Here’s how to run a successful virtual auction.

A virtual auction is different because it operates on a software platform. I recommend 32 auctions because it is easy to use and cost effective. More information about this platform is available at <https://www.32auctions.com/>. As with any silent auction, you will need to dedicate time to soliciting silent auction items. It is a good idea to work with a group of volunteers to



Jane Scanlon
Director of Communications
and Stewardship
Development

do this so that you are tapping into as many networks for items as possible. Provide each volunteer with a sheet describing your event to send to the people and businesses they will be soliciting. Instead of a live display of the items, you will enter photos along with text descriptions, including the dollar value of the items and the starting bids, into 32 auctions.

Virtual auction pros and cons

Initially, setting up your virtual auction is time consuming; however, many of the tedious parts of running an auction are easy because they are covered by the software: tracking bids, enforcing minimum increases, and managing bidder activity. The software also manages winning bidder payments. There are advantages to going virtual, even when you have the option to do an in-person event:

Less hassle: You don’t have to haul auction items to a venue, make a display, keep track of bids on paper, or handle check out for prizes.

Larger audience: People can bid from anywhere, at any time, which gives you the opportunity to reach a wider audience.

More options: Usually a silent auction at an in-person event is limited to the beginning and end of the event. With an online auction, it is possible to extend the bidding over a longer period and continue to highlight specific items through social media. You can also add new items or stagger bidding to keep people engaged and bidding.

The main con for virtual silent auctions is that it is challenging to match the excitement that is built into a live event.

Promotion

In order to generate interest, it is very important have a clear plan and timeline for promotion of the silent auction. Your communications strategy could include posters around town, social media posts, eblasts, and advertisements in your parish’s newsletter and in any local publications. Here are more ideas to consider:

- A segmented email campaign to appeal to different groups of supporters
- A press release to local media
- An auction-specific landing page on your parish’s website

With planning, timeline, communications strategy, items, and platform in place, a virtual silent auction is well worth doing and often raises much more than an auction at a live event. If you have questions about online silent auctions, please contact Jane Scanlon at jane-scanlon@ottawa.anglican.ca, or Heidi Fawcett at heidi-fawcett@ottawa.anglican.ca.

DIOCESAN ARCHIVES

By Glenn J Lockwood
An Anomaly

Here we see Saint Patrick's Church, Stafford, as photographed by the writer on a fine spring day in 1987. Both inside and out, Saint Patrick's looks large and impressive, when in fact, it is a small house of worship. That is not the only reason why it stands out. It is a rare Anglican essay in the Romanesque Revival in a sea of Gothic Revival buildings.

The first services in Stafford were held in houses and barns by the Rev. Edward Hammond Massey Baker of Pembroke between 1854 and 1859. In the latter year the Rev. Thomas S. Campbell came from Ireland under some ecclesiastical discipline. He obtained permission from the Bishop of Toronto to do missionary work, establishing himself in Stafford. In 1866 his parishioners signed a petition for his reinstatement, but instead he was removed.

Still, under Campbell in 1863 a missionary meeting was held, and by 1866 the Mission of Stafford & Douglas emerged. From 1869 to 1876, Stafford No. 2—the future Saint Patrick's Church—was an outstation of Pembroke until it was transferred to the Mission of Beachburg. In 1881, Beachburg was dissolved and the Mission of Stafford created, with regular services held at Saint Patrick's, Stafford, Micksburg



DIOCESAN ARCHIVES, 51 S6 2

and a schoolhouse at Rankin. In 1889, a Methodist church at Rankin was purchased for services there.

Even so, there were signs of progress. In 1893, Stafford was removed from the Mission Fund, which meant it was considered self-supporting. A year later local Anglicans were reported raising money to build a new stone church. So good were finances that on 4 December 1895,

Saint Patrick's Church, Stafford was consecrated by Bishop John Travers Lewis.

Stafford had many settlers who were sons and daughters of Anglicans who first touched down in Canada in a military settlement at Beckwith. The choice of round-headed windows in their new house of worship is not surprising, given similar windows overlooking their parents' worship

at Saint James's Church, Franktown. Perhaps there were other factors. The rock-faced stone in the new church's walls and the semi-circular apse, however, suggest that either the rector or a prominent member of the building committee was familiar with Henry Hobson Richardson's Trinity Church in Boston, and wanted that design reflected in the new church in Stafford.

The choice of Saint Patrick as patron saint also is an anomaly, it being the only church in the Diocese of Ottawa to be so named, despite the majority of Anglicans in the region before 1860 hailing from Ireland. It may well be that the choice of saint's name was made by the clergyman or the bishop in the same way that he chose to have graves in the churchyard oriented facing Jerusalem (anticipating the Parousia) whereas members of the congregation had insisted that the church itself be situated foursquare with the concession road on which it fronted.

The substantial buttresses, the flange to the lower roof, the octagonal spire and the rounded capstones at the corners of the tower add to the distinction of this house of worship.

The Archives collects documents for parishes including parish registers, vestry reports, service registers, minutes of groups and committees, financial documents, property records (including cemeteries and architectural plans), insurance records, letters, pew bulletins, photographs and paintings, scrapbooks and unusual documents

PRAYER MATTERS

Being still

BY PAUL DUMBRILLE

The progression of the Pandemic over the past many months has had many effects on our daily lives, including our opportunities for worship and prayer. Despite my best efforts to get out of the house and be active, I have had to adapt to being inside much more than previously. I have watched more TV programs than normal, participated in many online sessions, streamed more movies than I ever imagined, and read books that I would not normally pick up. I have also found myself with more time to connect with God in prayer.

Many of us are much more comfortable praying in worship services, praying while moving, singing, and listening to sacred music, than heeding the words of Psalm 46: "Be still and know that I am God." Being "Still" is not something I have been particularly good at, but the Pandemic has led me to reflect on these



Paul Dumbrille is diocesan representative to the Anglican Fellowship of Prayer.

words and practise "Stillness" more intentionally.

I recently learned from the writings of Fr. Richard Rohr of a simple way of being Still and intentionally connecting with the Divine Presence. It goes like this:

1. Find a quiet place, gently close your eyes and take a few deep breaths, slowly breathing in and breathing out. Prepare to pray

the Psalm verse in five consecutively diminishing sentences.

2. Either aloud or quietly to yourself, say the words, "Be still and know that I am God."
3. Pause, and after taking several breaths, pray the words, "Be still and know that I am."
4. Pause, and after taking several breaths, pray "Be still and know."
5. Pause, and after taking several breaths, pray, "Be still."
6. Pause, and after taking several breaths pray, "Be."
7. Be quiet as long as you wish and when ready, pray, "Amen."

This way of prayer is not only useful for individual prayer but can also be used when praying with a group either in person or virtually online. The facilitator leads with each phrase and the group repeats aloud after each consecutively diminishing phrase. The pause between each phrase can be lengthened depending on your need or the needs of the group.

Prayer resources at no cost

In addition to making **I**lits many pamphlets on different aspects of prayer free for download at www.anglicanprayer.org, the Canadian Anglican Fellowship of Prayer (AFP) is offering to provide paper copies of many of its pamphlets at no cost, with no shipping costs, to anyone who asks. These can be ordered either directly through the Resources section of the AFP website, or by contacting me at afp@ottawa.anglican.ca.

CALENDAR

PHOTO JULIAN OF NORWICH PARISH



Oct. 2

PWRDF's Ride for Refuge

Parish representatives and supporters are encouraged to drive/walk/bike and meet up "halfway" with another parish representative from a nearby parish. Symbolically "Share the Light" in support of PWRDF's campaign to provide solar suitcases to midwives. Remember to register as a participant in our PWRDF Ottawa Team and seek donations from your parish and community.

<https://bit.ly/2WHCw9O>

<https://pwrdf.org/solarsuitcases2021/>

Oct. 3

Journeying as Allies

Discussing *St. Michael's Residential School: Lament & Legacy* by Nancy Dyson and Dan Rubenstein. 2 p.m. to 4 p.m.

Journeying as Allies is a book group created in the spirit of reconciliation. All are welcome to participate. Please contact amr.workinggroup@gmail.com to be added to the mailing list to receive Zoom connection details prior to the meetings.

Oct. 16

Hybrid Village Fair

All Saints' Westboro hosts a small in-person event, protocols permitting, on Oct. 16 from 9:30 a.m. – 2 p.m. at in the Courtyard and Chapel,

featuring books, baking, knitting and preserves. There will also be a virtual sale from Nov. 13 to 16 featuring frozen meals, preserves, timeless treasures and more. Call (613) 725-9487 or visit allsaintswestboro.com for details.

Nov. 28

Journeying as Allies

Discussing *Tilly: A Story of Hope and Resilience* by Monique Gray Smith / *Tilly and the Crazy Eights* by Monique Gray Smith. Readers can choose one or both. 2 p.m. to 4 p.m.

Journeying as Allies is a book group created in the spirit of reconciliation. All are welcome to participate. Please contact amr.workinggroup@gmail.com to be added to the mailing list to receive Zoom connection details prior to the meetings.

Tips for ordering Anglican Church Calendars for 2022

Prices are the same as last year but dearer than when we ordered in huge numbers for the diocese.

1-24 calendars

\$5 each, plus 13% tax and mailing costs if you order less than 10.

25 and up

\$3.75 each, plus 13% tax. Mailing is free.

Tip 1. If you order 10 calendars you pay \$50 plus tax but there is free mailing.

Tip 2. If you order 20 calendars, you pay \$100 plus tax, but if you order 25 calendars you only pay \$93.75 because of bulk price. There is a \$3.50 cost per order, so try to order all you need at once.

Tip 3. If your order is less than 25 calendars, try to find another church that you can share the order with.

The best feature of all is that you can choose what address you wish the calendars to be delivered to, including your own mailbox.

There are several online links to find information.

1. <https://anglican.gilmoreglobal.com/>
2. anglican.ca/store
3. acc@gilmore.ca
4. <http://www.anglican.ca/calendars>

I prefer to order by phone (1-800-795-6661). You speak with a real person, not a recording or computer. You will need a credit card to pay in advance.

Cynthia Greer

Sweatergang Companions

"Providing Lifestyle Assistance to Seniors"




Services We Offer:

Respite, Companionship, Personal Care,
Services for our Veterans, Daily Phone Calls,
Light Housekeeping, Grocery Shopping,
Transportation to appointments and
much more!

Contact Us Today:

1-800-927-0985

www.sweatergangcompanions.ca



I'm really glad that my family can talk openly about it.

Tough times call for smart plans.

That's why so many local families are taking steps to protect loved ones with practical, affordable, end-of-life planning.


Act now to save money and spare your family from facing sudden expenses.

Get your Free Estate Planner today.

Appointments are available by phone, online or in-person with safety measures in place.

Kelly Funeral Homes:

Carling 2313 Carling Ave. 613-828-2313	Barrhaven 3000 Woodroffe Ave. 613-823-4747
Kanata 580 Eagleson Rd. 613-591-6580	Somerset 585 Somerset St. W. 613-235-6712
Orléans 2370 St. Joseph Blvd. 613-837-2370	Walkley 1255 Walkley Rd. 613-731-1255



Arbor Memorial

Ask about Affordable Payment Plans

Arbor Memorial Inc.